

Vandalia Senior Center

February, 2024 Volume 12 Issue 2



**We would LOVE it if you
remember to renew by
January 31!**

**You can write a check to the City
of Vandalia and mail it to the Vandalia
Senior Center at 21 Tionda Drive**



South, Vandalia, 45377. For Vandalia residents, it is \$15 or \$25 for couples. Outside Vandalia, the cost is \$20 or \$35 for couples. If your address or phone number has changed, please send in the new information. You can also come in to renew, using cash, check, or a credit card.

Born in 1934: You are turning 90 in 2024. Your membership is free! Contact the office to continue to get your newsletter.

90+ and Lifetime Members: Contact the office to continue to receive your newsletter.

Vandalia Senior Center Travel Program

A trip needs to have a minimum of 30 paid deposit checks for the trip to go. Money is returned if the trip is canceled. Turn to page 12 for travel information.

June 13 Travel to Cincinnati to see the Sign Museum then have a guided tour of the Union Terminal Museum. You will have lunch on your own at the Findlay Market. End the day with dinner on a BB Riverboat Cruise. \$198

July 25 At the last minute they found a bus company with a cheaper price. On this trip you eat lunch on your own at the Der Dutchman. Then travel to Castle Noel in Medina, Ohio, for a guided tour through all the props from Christmas movies. Next shop on your own at Grandpa's Cheesebarn and Sweeties Chocolates in Ashland. Then enjoy shopping and eating on your own at Dublin's Bridge Park. \$180

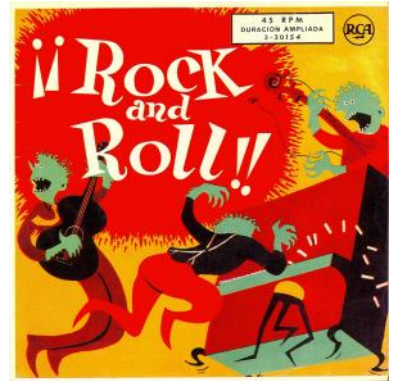
You need to contact Travel Insured International directly at www.travelconfident.com or call them at 1-855-376-2037. You pay for this insurance by credit card. To cover pre-existing conditions, you need to pay for insurance within two weeks of writing your deposit check. If the trip is canceled you will get a refund from the insurance company.



Lunch & Learn

Shelby Skilled Nursing Lunch & Learn on Tues., February 6, at Noon

Kristi Xavier from Shelby Skilled Nursing and Rehabilitation will bring your lunch. In honor of Valentine's Day, we are going to think back to the 1950's and listen to the dance music you would have enjoyed with the important person in your life. Toni Williams will play 22 of the popular songs from that era that will make you want to tap your toes. You will rate each song on how much it makes you want to dance! Limit: 80



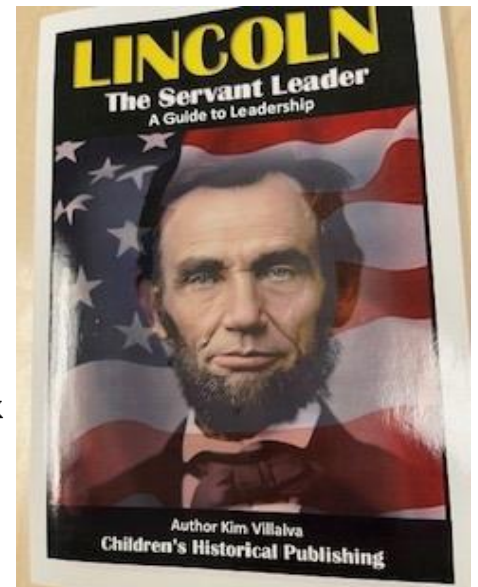
Stonespring Lunch & Learn on **Thursday**, Feb. 8, at **11:00 A.M.**

Sarah Mather will order your food. Kevin Risner from the Washington Centerville Library will come to you by Zoom. He will present "Cradle of Presidents". We hear many things about President Lincoln and President Washington because of President's Day. We also need to celebrate Ohio. Our State can lay claim to eight U.S. Presidents. Kevin will tell you about their lives and years in the White House. Limit: 75



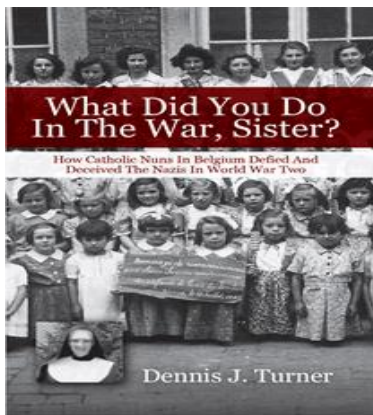
Cypress Pointe Lunch & Learn on Friday, February 9, at Noon

Jessica Ward from Cypress Pointe will bring your food from their kitchen. Kim Villalva is the author of the book, *Lincoln: The Servant*



Leader, A Guide to Leadership. Kim will do a presentation about this book. Joyce Reid Kasprzak from Children's Historical Publishing will tell you about this company that published the booklet and how they are trying to get this book and others into the hands of students. Limit: 70

Springmeade Lunch & Learn on Tues., Feb. 13, at Noon



Robin Shafer will order your lunch. Dennis Turner was a law professor and Acting Dean at the University of Dayton. Dennis will present his book, "What Did You Do In the War, Sister? How Belgian Nuns Defied and Deceived the Nazis in World War Two". This book is based on a true story that was inspired by the activities of the Sisters of Notre Dame de Namur which is a well known order in Ohio. They are founders of Julienne High School among others. Limit: 75

Lunch & Learn

Laurels Lunch & Learn on Tues., February 20, at Noon

Jacquie Dalton from Laurels of Huber Heights will bring your food. Rich Sommers from the Vandalia Police Department will be presenting. We hope that you haven't had a reason to become familiar with the inside of a police cruiser. Rich will share with you a virtual look at the vehicle he uses when he is on road patrol. He will also bring the uniform and equipment used by officers Limit: 75



Hearth & Home Lunch & Learn on Friday, February 23, at Noon



Rose Siddle from Hearth & Home will bring your lunch from their kitchen. Scott Blackburn, PT, DPT, from Xcel Sports Medicine is a physical therapist who is also certified by the Titleist Performance Institute for golfers. He is going to get you prepared for the golf season. If you are not a golfer, he is going to talk to you about ways to get your body ready to be active outdoors when the weather is warmer. Limit: 100

Grace Bethren and Mill Ridge Village Lunch & Learn on Tuesday, February 27, at Noon

Mark Spirk from Grace Bethren and Mill Ridge Village will bring food from the kitchen at Grace Bethren. Larry Cleek, the Emergency Preparedness Coordinator for Public Health of Montgomery County will provide training on "Personal Preparedness". He will cover how to be prepared for many types of disasters. How much food, water, and other supplies should you have on hand? He will also talk about the full eclipse that will be on April 8. Limit: 75



Let's Eat Out on the Second Tuesday!

Sign up to eat out on Tuesday, February 13. Meet at Texas Roadhouse at 5:00 p.m. It is located at 5611 Merily Way in Huber Heights. From the Vandalia Senior Center turn right onto Dixie then right on National/Rt. 40. Go over 75 and turn right onto Brown School Rd.



Follow Rt. 40 as it turns left and goes past Taylorsville Park. Just over the bridge, turn right onto Bridgewater. When it dead ends, turn left onto Taylorsville. At the light, turn left onto Old Troy Pike. At the next light, turn right onto Merily Way. The restaurant is way in the back on the left sitting next to 70.



Activities and Information

In February, there will be three movies. All three have some romance and comedy.

Extra Movie on Monday, February 12, at 1:00 p.m.

In the movie, *Love at First Sight*, Hadley and Oliver fall in love with each other on their flight from New York to London. However, they lose each other at customs and the possibility of ever meeting each other again seems improbable, but destiny may have a way of changing the odds.

PG-13 Romance/Comedy/ Drama 1 hr. 31 min.



Spring / Easter Bingo on Monday, February 19, at 1:00 p.m.



Yes, this is President's Day and we are open! Toni Williams will be calling this bingo. The bingo will have many Easter and spring items as well as purses, bags, and things that smell nice and more. Limit: 48

Please, Please, Please, Please!

1. Please write down what you sign up for.
2. Please write it on your calendar at home.
3. Please show up for the events you signed up for (unless you are sick).
4. Please remember to call in if you need to cancel.



Our sponsors have a budget and need to spend their money carefully. When members don't show up, it is money they have wasted.



Collecting for the Homeless: Ending on January 31

The items are going to a soup kitchen that serves over 300 homeless adults and children. We are collecting winter hats, gloves, mittens, scarves, coats, socks, blankets, afghans, and sleeping bags. Please make sure the items are clean and usable. They can not take clothes. Put your items in the boxes in the dining room.

Come Join the Super Sewers

Do you like to sew? Do you know how to use a sewing machine? Come join the Super Sewers. They meet every Tuesday from 9:00 a.m. to 11:45 a.m. Come in and talk to Darby Harris who runs the group. You don't need to bring anything. Everything is here including the sewing machines. The group makes machine sewn quilts and other items.



Art & More



Diamond Art Projects on Friday, February 2, at 1:30 p.m.

In January, Mindy Shockey introduced Diamond Art. This month she is bringing a variety of key chains and bookmarks for you to choose from. She will have everything that you need to complete a project. Cost: \$5 Limit: 15

FREE Iris Folded Valentine's Day Card Class on Wednesday, February 7, at 1:00 p.m.

Toni Williams will take you through the steps to make this iris folded card for Valentine's Day. All the materials will be provided. Limit: 12



FREE Spring or Easter Collage Class on Wed., Feb. 21, at 1:00 p.m.

Many of you asked Candy Jones to have more classes on designing collages. In this class, you can make a spring or Easter collage with a variety of papers

and embellishments. Punches, cutters, and scissors will be available to use. A frame is not included. Limit: 12



Ceramic Class on Fri., February 23, at 1:30 p.m.

Mindy Shockey, a ceramics vendor and a member, is bringing two choices to paint for St. Patrick's Day. You will be using her paint and her brushes and materials. Cost: \$15 each Limit: 20



Three Art Groups

1. Art Appreciation on the 2nd and 4th Tuesdays at 1:40 p.m.

This group is led by Charlene Gratz who was a docent at the Dayton Art Institute. Often the group watches part of a DVD about an artist or a certain type of art then they discuss what they saw.

2. Art Group on Thursdays from Noon to 3:00 p. m.

Bring your own project and supplies to work on while you socialize.

3. Colored Pencils Group on Fridays from 9:30 a. m. to Noon

This group creates original art with colored pencils. Several in the group can give you suggestions on your art if requested.



Movies

Remember to sign up for each movie so we have the correct amount of snacks and treats.

Movie on the First Friday, February 2, at 1:00 p.m.

Snacks by Taylor Ries from Troy Rehabilitation

In the movie, *My Big Fat Greek Wedding 3*, the members of the Portokalos family go to Greece for a reunion in the town where their father grew up. His dying wish was for his friends to have his journal. They have a hilarious and heartwarming trip full of love, twists and turns. PG-13 Romance / Comedy 1 hr. 31 min.

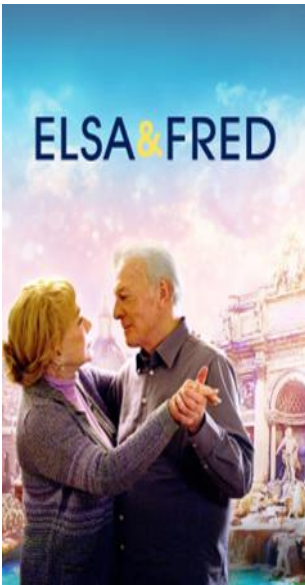


Movie on the Third Friday, Feb. 16, at 1:00 p.m.

Snacks by Heather Fogle of Momentus Health

In the movie, *Elsa and Fred*, a feisty retiree (Shirley MacLaine) tries to become friends with her new neighbor, an uptight widower (Christopher Plummer). He resists her many attempts while he deals with his overly doting daughter (Marcia Gay Harden) and her very needy husband (Christopher North). He also does not understand his neighbor's obsession with an old movie that has a scene at a beautiful fountain in Italy. He finally decides to change his mind on many decisions.

PG-13 Romance/Comedy 1 hr. 37 min.



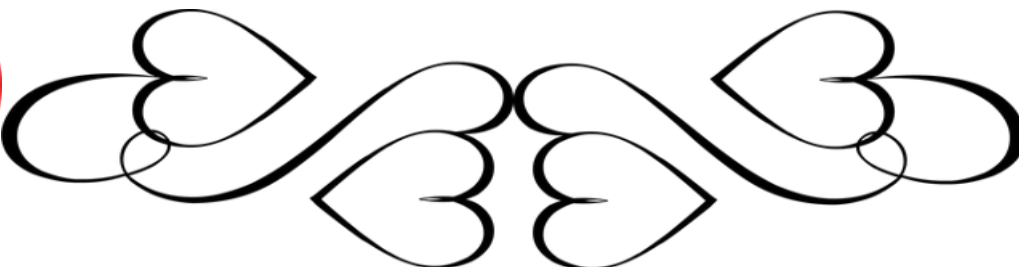
Blood Pressure and Sugar Checks on Tuesday, February 6, at 11:00 a.m.

Elizabeth Warren from Montgomery County Public Health is returning in 2024 to check your blood pressure and sugar numbers on the first Tuesday of every month from 11:00 a.m. to noon. She will be at the tables by the drinking fountain in the dining room just like last year.



Check your Answers to the Candy Quiz from page 11

- | | | | | | |
|-------|-------|-------|-------|-------|-------|
| 1. S | 2. U | 3. Q | 4. O | 5. C | 6. H |
| 7. A | 8. T | 9. G | 10. F | 11. P | 12. D |
| 13. E | 14. V | 15. W | 16. J | 17. L | 18. I |
| 19. K | 20. M | 21. N | 22. R | 23. B | |



MON	TUES	WED	THUR	FRI
			1 Travel 9:00-12:00 Duplicate Bridge 11:45 Art Group 12:00 Pinochle 1:00 Bingo 1:00 Rummikub 1:00	2 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00 Diamond Art 1:30
5 Hand & Foot 12:30	6 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 BP & Sugar Check 11 Lunch & Learn 12:00 Hand & Foot 1:40 Bingo 1:45	7 Hula Hooping 9:30 Exercise 11:00 Bridge 12:15 Up & Down the River 12:30 Card Making 1:00	8 Travel 9:00-12:00 Lunch & Learn 11:00 Duplicate Bridge 11:45 Art Group 12:00 Pinochle 1:00 Rummikub 1:00	9 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Lunch & Learn 12:00 Poker 1:00 Bingo 1:45
12 Hand & Foot 12:30 Movie 1:00	13 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Bingo 1:45 Art Appreciation 1:40 Let's Eat Out 5:00	14 Hula Hooping 9:30 Exercise 11:00 Bridge 12:15 Up & Down the River 12:30 	15 Travel 9:00-12:00 Tech Talk 11:00 Duplicate Bridge 11:45 Art Group 12:00 Pinochle 1:00 Rummikub 1:00 Bingo 1:00	16 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00
19 President's Day Hand & Foot 12:30 Spring/Easter Bingo 1:00  We are open!	20 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Bingo 1:45	21 Hula Hooping 9:30 Exercise 11:00 Bridge 12:15 Up & Down the River 12:30 Collage 1:00	22 Travel 9:00-12:00 Duplicate Bridge 11:45 Art Group 12:00 Pinochle 1:00 Rummikub 1:00	23 Mah Jong 9:00 Colored Pencils 9:30 Lunch & Learn 12:00 Exercise 10:00 Poker 1:00 Ceramics 1:30
26 Hand & Foot 12:30	27 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Art Appreciation 1:40	28 Hula Hooping 9:30 Exercise 11:00 Bridge 12:15 Up & Down the River 12:30 Birthdays 1:00 Bingo 1:30	29 Travel 9:00-12:00 Duplicate Bridge 11:45 Art Group 12:00 Pinochle 1:00 Rummikub 1:00	

Exercise & Information

NEW BOOKS at the Vandalia Library

Lone Oaks Crossing by Janet Dailey

Canadian Boyfriend by Jenny Holiday

Welcome Home, Stranger by Kate Christensen

The Happy Life of Isadora Bentley by Courtney Walsh

Summer in the Spotlight by Liz Johnson

NEW MOVIES at the Vandalia Library

Reckoning Part 1

The American Buffalo

Jules

Sound of Freedom

The Equalizer 3

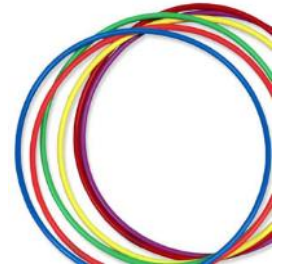


FREE Golden Qi Class on Tuesdays at 10:00 to 10:45 a.m.

Vevia Enix will teach Golden Qi which is a seated form of Tai Chi. This exercise improves balance, reduces joint pain, increases calmness, improves reasoning abilities, helps your memory, and improves the quality of your life. This class can be taken by anyone.

FREE Hula Hoop Class on Wednesdays at 9:30 to 10:30 a.m.

Come and see how hula hooping can improve your health, your spine, your balance, and cardiovascular system. It can lower blood pressure, reduce stress, and cholesterol levels. These hoops are what the pros use in the gyms and rehab centers. If you want to try out hula hooping, call before coming so the group can bring in extra hula hoops.



FREE Exercise Class on Wednesdays from 11:00 to 11:45 a.m.

Robin Kent with Brookhaven will be leading a seated exercise class on two Wednesdays right after the hula hoop class. Robin holds a 5th degree black belt in Tae Kwon Do and takes kickboxing. She has taught aerobics, and dance. On the other two Wednesdays, the class will be led by a member.

FREE Exercise Class on Fridays from 10:00 to 10:45 a.m.

This chair exercise class is being led by Bill Kistner, a member. They might use the weights and exercise bands that are here at the center. Bill will use some of the exercises he has learned from previous instructors to help guide the Friday class.



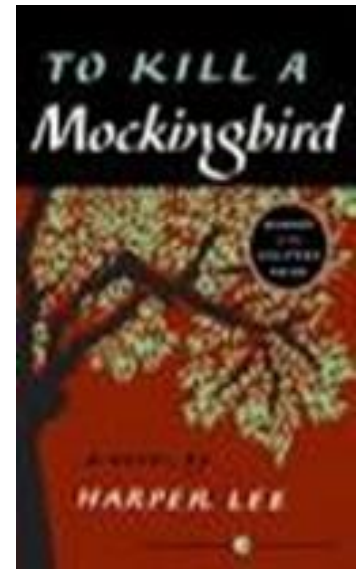
Tech Talk on the Third Thursday, February 15, at 11:00 a.m. to Noon

Tom Underwood from the Vandalia Public Library will answer questions about your phone, tablet, and other devices. Come to Tech Thursday and they will do their best to find the answers for you. It'll be first come, first served but feel free to stay - you may learn something new!

Travel Information

Vandalia Senior Center Book Club

The Book Club will meet on February 6 to discuss the book, *To Kill a Mockingbird* by Harper Lee. This book captures the essence of a sleepy Southern town during the depression, offering a profound exploration of human behavior and the moral crisis that shook its foundations. It follows a girl from the ages from six to nine years old. She is raised with her brother, by their widowed father. He is a prominent lawyer who encourages his children to be empathetic and just. He notably tells them that it is "a sin to kill a mockingbird", alluding to the fact that the birds are innocent and harmless.



Winter Closings Policy Reminder

If the Vandalia Schools are closed for weather, the Senior Center will be closed. The Hotline is only updated when cancellations have been made. [937-552-2200](tel:937-552-2200).

AARP Tax Locations

The locations listed below are the ones that offered tax services in the past. It has not been verified that they are doing taxes this year. When you go to a tax appointment, you must take last year's tax return, a photo ID, your social security card, and proof of medical insurance. Make sure you have all your documents, especially any documents showing your sources of income.



- | | |
|--|-------------------|
| 1. Huber Heights Senior Center: 6428 Chambersburg Rd. | 937-233-9999 |
| 2. Earl Heck Community Center: 201 N Main St., Englewood | 937-836-5929 |
| 3. Tipp Senior Center: 528 N. Hyatt St., Tipp City | 937-667-8865 |
| 4. West Milton Library: 560 S. Main St., West Milton | 937-698-5515 |
| 5. Lathrem-Kettering Senior Center: 2900 Glengarry Drive | 937-296-2480 |
| 6. New Carlisle Public Library: 111 E. Lake Ave. | 937-845-3601 |
| 7. Fairborn Senior Center: 325 N. Third, Fairborn | 937-878-4141 |
| 8. Beavercreek Senior Center: 3868 Dayton-Xenia Rd. | 937-426-6166 |
| 9. Partners in Hope: 180 E. Race St., Troy | 937-335-0448 |
| 10. Troy Library: 419 W Main St., Troy | 937-339-0502 x112 |

Information

Bridge Hosts

Tuesday bridge at 9:45 a.m. is hosted by Melva Jenkins.

937-832-8992

Wednesday bridge at 12:15 p.m. is hosted by Sandi Baylor.

937-694-2643

Thursday bridge at 12:00 p.m. is hosted by Jim Danks.

937-667-3780



Bingo and Other Games

1. Tambi Spirk and Nikki Waldron from Brookdale will bring food and call bingo on Thursday, Feb. 1, at 1:00 p.m. Limit: 48
2. Taylor Ries from Troy Rehab will call bingo on Tuesday, February 6, at 1:45 p.m. Limit: 48
3. Mark Maudlin from Maudlin Senior Care Solutions will call bingo on Friday, February 9, at 1:45 p.m. Limit: 48
4. Jessica Ward from Cypress Pointe will call bingo on Thursday, February 15, at 1:00 p.m. Limit: 48
5. Toni Williams will call bingo for an spring/Easter bingo on Monday, February 19, at 1:45 p.m.
6. Brandie Lovato from Stillwater Skilled Nursing will call bingo on Tuesday, February 20, at 1:45 p.m. Limit: 48
7. Sam Stidham from Patient's Choice will call bingo on Wednesday, February 28, at 1:30 p.m. Limit: 48



Celebrate February Birthdays on Wed., February 28, at 1:00 p.m.

Momentus Health will provide the birthday cakes. Please sign up if you have a birthday. We will take a group photo then everyone will sing to the birthday people. Everyone at the center may have a piece of cake but the birthday people get their cake first!



Donations Needed

*****Please give ALL donations to Toni.** Some items can be used by the center.

Leave in the Office: unopened jigsaw puzzles, cold drink cups (8 to 16 oz.), seasonal napkins, non-refrigerated individual creamers, individually labeled flavored teas, art supplies, greenery, new greeting cards, and items for the free tables.

Boxes in the hallway under the coat rack and by the white board: used batteries (not in containers or bags), pop tabs, used greeting cards, cell phones, glasses, cancelled stamps (be sure to leave a 1/4" border around the stamps), food for the Vandalia Food Pantry barrel and for Cares4Kids box.



Match the candy to its slogan used in commercials. Check your answers on page 6.

- | | |
|---|-----------------------|
| 1. Gimme A Break. or Have a break. ____ | A. Doublemint Gum |
| 2. Taste the Rainbow. ____ | B. Certs |
| 3. Melts in your mouth, not in your hand. ____ | C. Snickers |
| 4. How many licks does it take to get to the center? ____ | D. 3 Musketeers |
| 5. Hungry? Why wait? or You aren't you when you are hungry. ____ | E. Reese's Cup |
| 6. Crispety, Crunchety, Peanut Buttery or Nobody better lay a hand on my ____ or Break out of the ordinary. ____ | F. Twizzlers |
| 7. Double your pleasure, double your fun! ____ | G. Starburst |
| 8. The Great American Chocolate Bar ____ | H. Butterfinger |
| 9. Isn't life juicy? ____ | I. Mounds |
| 10. Makes mouths happy. ____ | J. Smarties |
| 11. Two for me, none for you. ____ | K. Yorks Patties |
| 12. A lighter way to enjoy chocolate. ____ | L. Almond Joy |
| 13. There's no wrong way to eat a ____ or You got your chocolate in my peanut butter. ____ | M. Watchamacallit |
| 14. Taste the explosion. ____ | N. Reese's Pieces |
| 15. Say it with a ____ | O. Tootsie Pop |
| 16. Only ____ have the answer. ____ | P. Twix |
| 17. Sometimes you feel like a nut. ____ | Q. M & Ms |
| 18. Sometimes you don't. ____ | R. Milky Way |
| 19. Get the sensation. ____ | S. Kit Kat |
| 20. It's more than a mouthful. ____ | T. Hersheys Chocolate |
| 21. If he kissed you once, will he kiss you again? ____ | U. Skittles |
| 22. You can trust that things won't fall to pieces if you pick me up. ____ | V. Pop Rocks |
| 23. Life's Better the ____ way. or Comfort in every bar! or At work, rest, or play, you get 3 great tastes in one. ____ | W. Hershey's Kiss |



The Spittin' Image group came to perform in 2008 for an event. Notice that the top half of the walls were green during those years. There were quilts on the walls for sale even then.



Travel

Prime Tours: Be sure to write your check to Prime Tours.

May 5 to 7 Tulip Festival in Holland, Michigan: 3 days, 2 nights \$889 pp \$1079 single \$100 dep. The deadline was moved back; you can still sign up. Please let Bob know soon as possible.

October 16 to 19 West Virginia: 4 days, 3 nights \$1049 pp \$100 deposit

December 15 to 18 New York City: 4 days, 3 nights \$1544 pp \$1884 single \$100 deposit

Diamond Tours: Be sure to write your check to Diamond Tours.

April 15 to 20 Branson Show Extravaganza: 6 days, 5 night \$824 pp \$1004 single \$100 deposit The deadline was moved back; you can still sign up. Please Let Bob know as soon as possible.

June 3 to 7 Mackinac Island: 5 days, 4 nights \$833 pp \$1012 single \$100 deposit

July 8 to 12 Chicago: 5 days, 4 nights \$787 pp \$936 single \$100 deposit

August 17 to 24 Montreal, Quebec City, and Ottawa in Canada: ***You need a passport for this trip! 8 days, 7 nights \$1445 pp \$1744 single \$100 deposit

October 7 to 11 Lancaster Show Trip & Dutch Country: 5 days, 4 nights \$860 pp \$1009 single \$100 deposit



Flyers are in the holder by the card room door. Information is on the travel bulletin board and on the senior center web page at <https://vandaliaohio.org/503/Travel>.

You can mail your check to the Vandalia Senior Center or drop it in box #4 in the hallway by the kitchen or give it to Bob Reed in person. You also need to fill out the form at the bottom of this page and include it with your payment. You need to fill out the additional information form for Prime Tours that is attached to the trip sheet.

Bob Reed's Office Hours: Tuesdays and Thursdays: 9 a.m. to Noon

Or call 937-313-9692, Monday through Friday from 9 a.m. to 5 p.m. Leave a voicemail.

Name: _____ **Name of Roommate:** _____

Cell phone: _____ **Email:** _____

Trip Destination: _____

Please Support our Generous Sponsors!!

A CONSULTATION is Waiting for You!

3 Facts to Know:

1. Medicaid pays for long-term care only once your assets have been nearly depleted.
2. Medicaid Planning helps you qualify for financial aid sooner — preserving your assets for your family.
3. Planning can help you receive care in a place of your choice — *even in your home*.

Lovett & House has helped *thousands* of Ohio families with Medicaid planning in many counties. Attorney George Lovett is a “certified expert in estate planning, trusts, and probate law” by the Ohio State Bar Association.

www.lovettlawoffice.com

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Lovett & House

Tipp City Troy Dayton Kettering Fairborn Eaton Springfield Sidney



**Contact Toni Williams for
information about putting an ad
on this page. It can be a
one-fourth or one-half page.**



WHAT MAKES US DIFFERENT?

We love Vandalia ! We understand community is everything. Since 1976 we have tried to support our seniors with top notch service and sales

CONTACT US

1020 West National Rd 
(937) 898-5841 

 **Blue
Advantage
Gold Certified**
 BTFFORD.com

- ✓ 7-Year, 100,000-Mile Limited Powertrain Warranty
- ✓ 1-Year, 12,000-Mile Limited Comprehensive Warranty
- ✓ Financing as low as 1.9% APR
- ✓ 172-Point Inspection Vehicle History Report

Parks & Recreation

Parks & Recreation - Years of Service Awards

A big shout out to our dedicated part-time/seasonal staff members who received recognition for their Years of Service in our Parks & Recreation department in 2023. These dedicated individuals are always ready to provide support to visitors and serve our community! From the smiling faces at the front desk and fitness desk, to our childcare attendants that watch the kiddos, and don't forget the custodial staff that makes the VRC shine! A standing ovation for Lonnie and his 30 years of taking care of our parks! We are so grateful for each of our staff members that make our Parks & Recreation department the best in the region.

30 Years of Service

Lonnie Hathaway

25 Years of Service

Dave Posma

15 Years of Service

Cindy Himsworth

Ciara Blake

10 Years of Service

Carolyn Ellis

Connie Kriegbaum

Cindy Phillips

5 Years of Service

Lindsay Shultz

Kyliegh Roberts

Lisa Lengerich

Kylie Robinson

Taylor Haggerty

Chloe Freling

Quentin Glover

Danny Dixon

Roger Pratt Honored

Mayor Richard Herbst read a proclamation at the December 18th City Council meeting that recognized December 19, 2023, as 'Roger Pratt Day'. Roger retired in 2023 after 58 years of service in our Parks & Rec department. Roger was first hired as a part-time playground supervisor by then-Director Art Van Atta in 1965. Roger worked in many positions during his tenure and his last assignment was the men's softball league supervisor. In addition, Roger taught physical education in our Vandalia-Butler City Schools for 35 years. Thank you Roger Pratt, for everything!!



VANDALIA RECREATION CENTER
INSURANCE BASED MEMBERSHIPS

The Vandalia Recreation Center is a certified facility for: Silver Sneakers®, Forever Fit®, Prime®, Silver&Fit®, Active&Fit®, OPTUM®, PeerFit®, and GlobalFit®. These insurance based benefits offer zero fee memberships or very low cost annual fees. Most Insurance sponsored programs offer the zero fee VRC membership. Consider contacting your medical health insurance provider to see if you may have this fitness benefit, it could be the healthiest thing you've ever done! There are several health insurance companies that offer this benefit to person's 18-100 years of age. Our front desk staff can easily verify if you are eligible for Tivity-Silver Sneakers / Prime by providing your birthdate and zip code. Feel free to stop in or call 937-415-2340 to discuss this valuable benefit! If you are age 55+, your insurance based membership includes many free fitness classes as well !!



To view the Senior Group Fitness schedule just scan the QR code!

Or you can visit:

<https://vandaliaohio.org/236/Recreation-Center>



Already have a membership at the VRC with your insurance? Don't forget to renew for 2024!!

A COUPLE OF ACTIVITIES AT THE REC!

Pickleball— throughout the week, the Rec Center offers Senior Pickleball (55 and older) on its 3 indoor courts. It is free for VRC Members, \$3 to drop-in, and Senior Fitness Punch Cards are also accepted.

Monday/Wednesday/Friday from 11:30am-2:00pm

Tuesday/Thursday from 10:30am-12:30pm.

Cornhole— Come on in and toss a few bean bags with us! No partner is needed. Join a great group of fellow cornhole enthusiasts in a fun environment! Check out what it's like to toss top-of-the-line professional bean bags! Free for Rec Center Members or \$3 Drop-In fee or Senior Fitness Punch Card accepted. Day/Time: Wednesdays from 12:00-3:00pm.

If you have any questions about Pickleball or Cornhole, feel free to contact the Rec Center's front desk at 937-415-2340. Here's to a HEALTHY AND HAPPY 2024!!

VANDALIA SENIOR CENTER

21 Tionda Drive South
Vandalia, Ohio 45377

Open; Monday through Friday
9:00 a.m. to 4:00 p.m.
Coordinator: Toni Williams

twilliams@vandaliaohio.org
Phone: 937-898-1232
Fax: 937-665-0796
[https://vandaliaohio.org/341/
Senior-Center](https://vandaliaohio.org/341/Senior-Center)

Vandalia Senior Club

2024 Committee:

President	Cathy Nortman 985-201-6747
Vice President	Iris Siebert 937-454-1583
Treasure	Kay Lowe 937-409-8300
Secretary	Dottie Ganter 937-898-7286

DATED MATERIAL: DO NOT DELAY

--MEMBERSHIP--

Age 55 or older

Younger Spouses are welcome!

The 2024 fees for members are:

Vandalia Residents \$15 single - \$25 dual

Non Resident \$20 single - \$35 dual

A resident is defined as someone who pays
City of Vandalia property taxes.

Membership for anyone over 90 is free but
you must notify the office to continue to get the newsletter.
Your annual membership fees help offset some of
the costs of programming and support for the Senior Center.

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