

Vandalia Senior Center

June, 2024 Volume 12 Issue 6



The saying goes it takes a village to raise a child. Well, it takes a village of sponsors to keep a Senior Center busy. At this halfway point in the year, we would like to thank all of the sponsors that have scheduled events for this year. Be sure to thank them when you attend their events.

1. Newsletter: These advertisers help to support the cost of the newsletter.

Beau Townsend Ford
Medigold

Complete Solutions
Lovett & House

2. Lunch & Learns: There are currently 104 Lunch & Learns scheduled for 2024 thanks to all of the generous sponsors below who provide the lunches.

Cypress Pointe	Laurels of Huber Heights	Shelby Skilled Nursing
Hearth & Home of Vandalia	Stonespring	Brookhaven
Momentum Health of Vandalia	Randall Residence of West Milton	Springmeade
Edward Jones (J. Peterson)	Randall Residence of Tipp City	Complete Solutions
Troy Rehabilitation	Seniors Helping Seniors	Bedrock at Home
Grace Brethren	Mill Ridge Village	Affordable Hearing
Yana	Buckeye Home Health	One Lincoln Park
Medicare Resource Center	Affinity Hospice	Oasis Senior Advisors

3. Bingos: There are 72 bingos this year provided by the sponsors below.

Brookdale	Maudlin Senior Care Solutions	Troy Rehabilitation
Stillwater Skilled Nursing	Randall Residence of Tipp City	Patient's Choice
Oasis Senior Advisors	CareCore at Mary Scott	Golden Hearts
Englewood Health & Rehab	Cypress Pointe	Medigold

4. Other Events: Sponsors also provide craft classes, movie snacks, exercises classes, birthday cakes, special events, BP & sugar checks, Tech Talk, outside events, and more.

Momentum Health of Vandalia	Troy Rehabilitation	Medigold
Vandalia Library	Randall Residence of West Milton	Premier Health
Vandalia-Butler City Schools	Randall Residence of Tipp City	Red Lotus Essences
One Lincoln Park	Montgomery County Public Health	Cypress Pointe
Senior Club Committee	Heartland Hospice	Brookhaven
	Koester Pavilion	

Lunch & Learn

Shelby Skilled Nursing Lunch & Learn on Tues., June 4, at Noon

Kristi Xavier from Shelby Skilled Nursing and Rehabilitation will bring your lunch. Tom Hissong is a retired naturalist from Aullwood, a nature photographer, and a bird expert. In April, he took a group to one of his favorite places to enjoy and photograph the bird population. Join Tom on an exciting bird watching adventure to the beautiful country of Costa Rica. You will observe birds such as Scarlet Macaws, toucans, motmots, herons, woodpeckers, and many more. Make sure to come with a sense of adventure. Limit: 80



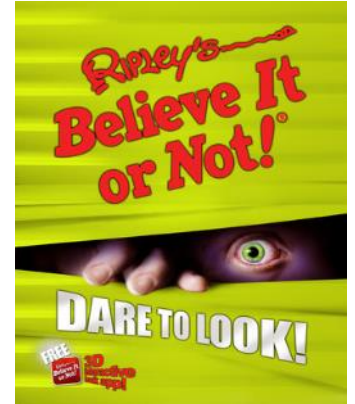
Complete Solutions Lunch & Learn on **Monday**, June 10, at Noon



Scott and Michael Leonardi will provide your lunch. Scott will present "A Gift of a Lifetime". Your family means the world to you. You want your grandchildren to be financially protected so they have the opportunity to enjoy life, live comfortably, and worry less. You also want to make sure nothing stands in the way of their dreams. So they can have access to funds to help pay for college, start a business venture, see the world — even fund an emergency (in case life doesn't go as planned). You can help make all of this possible — by giving the gift of a lifetime. Limit: 100

Troy Rehabilitation Lunch & Learn on Tuesday, June 11, at Noon

Taylor Ries from Troy Rehabilitation will bring your lunch. Scott Royal from the Washington Township Centerville Library will be coming to us by Zoom. He will present "Ripley's Believe It or Not: The Weird and Wacky Life of Robert Ripley". Learn all about the eccentric cartoonist who created Ripley's Believe It or Not and grew it into a multi-million dollar empire that exists to this day. Limit: 50



Brookhaven Lunch & Learn on **Thursday**, June 13, at **11:00 A.M.**



Robin Kent will have the chef from Brookberry prepare your lunch. The City of Vandalia is part of the Bee City, USA program. Al Tuttle, a local beekeeper, will explain what that means. He will also show a short DVD about Bee City USA. Al will talk about the health benefits you get from bees. He will discuss what you can do to help the declining population of bees. Al hopes to bring a live enclosed observation hive with him. Limit: 75

Lunch & Learn

Cypress Pointe Lunch & Learn on Friday, June 14, at Noon

Jessica Ward from Cypress Pointe will bring your food from their kitchen. Paula Shoemaker from Woodland Cemetery will present "The Daytonians: Stories of Heroes, Inventors, and Tragedies". Did you know that Jack "Johnny" Walker Jr. was a well-known Dayton television personality and businessman? That Margaret Mayo served as a nurse during the Civil War. Whose collection of photography is in the Smithsonian? Who killed Delena Allman? Come hear stories about local heroes, inventors, and lives touched by tragedy. Limit: 70



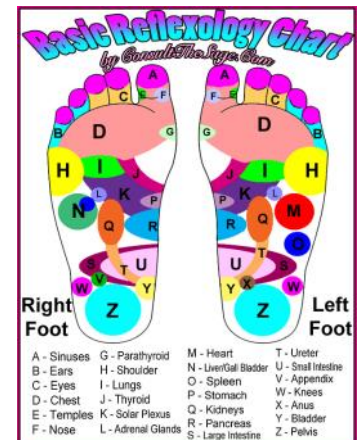
Laurels of Huber Heights Lunch & Learn on Tuesday, June 18, at Noon



Jacquie Dalton from Laurels of Huber Heights will bring your food. Join award-winning author and pop culture historian Marty Gitlin for "The Funniest Moments in Film—the Biggest Belly-Laughs in Movie History". Marty is able to be here in person from New Jersey to show you videos of the best laugh-out-loud scenes from the silent era to modern times. He will discuss why they are considered the funniest ever and the impact that they made on pop culture. The presentation will include plenty of fun trivia questions. This one is a blast so be sure to sign up! Limit: 75

Affinity Hospice Lunch & Learn on Tuesday, June 25 at Noon

Travis Bryant with Affinity Hospice will provide your lunch. Christine Jordan, a certified Reflexologist with Red Lotus Essences, will discuss and demonstrate reflexology. It is a form of body work focusing on manipulation of pressure points on your hands and feet that correspond with your body's systems and organs. Christine will talk about the benefits of regular reflexology sessions. You will learn several hand reflexology moves to incorporate into your wellness



routine. You will be given a copy of a reflexology hand chart. Limit: 75

Hearth & Home Lunch & Learn on Friday, June 28, at Noon

Rose Siddle from Hearth & Home of Vandalia will bring your lunch. Stephen Hollen is a humorist, impersonator, and storyteller who travels the country sharing his stories. Last year he came to the Senior Center as Mark Twain. This year Stephen is portraying Buffalo Bill. Don't miss this special performance. Limit: 100

Lunch & Learns and More

Let's Eat Out on the Second Tuesday of the Month



In June, 2023, Toni picked the Mel-O-Dee restaurant. The sign-up sheet had more people than any other restaurant so let's do it again! They don't take reservations but Toni will call them a day or so ahead to warn them.



Sign up to eat out at the Mel-O-Dee on Tuesday, June 11, at 5:00 p.m. It is located at 2340 S Dayton-Lakeview Rd. The mailing address is New Carlisle but it is located in Park Layne.

Directions: Using I-70: From the Senior Center, turn right onto Dixie. Turn right onto National Rd/Rt. 40. Turn right onto 75 S. Take the 70 E exit. Go past Huber Heights. Take exit 41/Ohio Rt. 4 S. Turn right off the exit onto 235 N. The restaurant is on the right.

Directions: Using Rt. 40: From the Senior Center, turn right onto Dixie. Turn right onto National Rd/Rt 40. Cross the bridge over 75. Turn right onto Brown School Rd. Turn left following Rt 40 past Taylorsville Park and over the bridge. Continue through Phoneton. Turn right onto 235 S. Drive into Park Layne. The restaurant will be on the left after McDonalds.

New Bingo Callers on Monday, June 10, at 1:45 p.m.

Tina Timmons from Oasis Senior Advisors and Michelle Teska with Golden Hearts. They have two unique companies that they will tell you about on June 10. Tina and Michelle will bring the prizes and call bingo.



It's Time for Another White Elephant Bingo on Monday, June 17, at 1:00 p.m.



If you sign up for this bingo you have homework to do. **HOMEWORK:** You need to bring two unused items to this bingo. One item needs to be packaged so you can't see it. It will go on the front table. The other item will go on the regular table. Round One of the bingo will be only the wrapped White Elephant items. Then we will pause for everyone to unwrap what they picked. Rounds Two and Three will be the second item you brought in along with items that Toni Williams puts on the table. Toni will be calling this bingo.

Let's Try It Again: Calling All Euchre Players Starting Wednesday, June 5, at 1:00 p.m.

Toni had taken euchre off the calendar because ill health took many players out of the game. Over 100 new members have joined so far this year and some have asked about having a Euchre group. Let's try to get the game going again. Meet in the card room/library on Wednesday, June 5, at 1:00 p.m.



Art

Make Coasters Class on Wednesday, June 5, at 1:00 p.m.

Courtney Peck from Randall Residence of Tipp City will bring alcohol ink for you to create some interesting designs on several coasters. Then you will seal them. Limit: 10



Insect Repellant Class on Wednesday, June 12, at 1:00 p.m.



Christine Jordan from Red Lotus Essences will talk about the oils that help you avoid outdoor pests. You will make and take an essential oil blend to repel insects.

Cost: \$5 Limit: 20

Metal Embossed Frame Class on Thursday, June 13, at 12:30 p.m.

Cass Barth is returning to again teach the techniques of metal embossing. You will be embossing a metal frame that has been attached to a wooden picture frame. Cost: \$5 Limit: 6 new students and 3 students with previous experience



Decorated Shell Class on Wednesday, June 19, at 1:00 p.m.

Debbie Millhouse picked up some beautiful shells during a vacation. You get to select one of the approximately 4" shells. Then you can browse through her inventory of napkins. Debbie will show you how to decorate the shell using the napkin and other supplies. Cost: \$2 Limit: 10



Pointillism Class on Friday, June 21, at 1:30 p.m.

Mindy Shockey will take you through the steps to make a picture using pointillism. The pictures below are just examples. You can choose whether to start your design drawing free hand or by using one of the stencils that Mindy has available. Cost: \$5 Limit: 12



Turn to page 6 for another art class.

Movies

Remember to sign up for each movie so we have the correct amount of snacks and treats.

Movie on the First Friday, June 7, at 1:00 p.m.

Snacks by Taylor Ries from Troy Rehabilitation

The movie, *The Audrey Hepburn Story*, is the biographical story of one of Hollywood's most successful actresses, Audrey Hepburn (Jennifer Love Hewitt). Her story starts during her young childhood through her struggles with the divorce of her mother (Frances Fisher). Audrey then endured five years of living in Nazi-occupied Holland. Learn how she became an actress and what movie shot her to stardom. Find out about her romances and her marriage. At the end of the movie, look at her real photographs and the postscript to the movie. PG Drama / Historical 2 hrs. 15 min.



Movie on the Third Friday, June 21, at 1:00 p.m.

Snacks by Jennifer Terriaco of Momentus Health



You have heard the statement that truth can be stranger than fiction. This true story is a good example. The movie is called *Phantom of the Open* or *Fantastic Flitcroft*. Amateur golfer Maurice Flitcroft achieves his late-in-life goal of participating in the British Open Golf Championship, much to the ire of the staid golfing community. The problem was he only started practicing shortly before he entered the event. Be sure to watch the scenes at the end to meet the real Flitcroft family. You don't need to know anything about golf to watch this movie.

PG-13

Comedy / Sports

1 hr. 46 min.

Ceramics Painting Class on Friday, June 28, at 1:30 p.m.

Mindy Shockey, a ceramics vendor and a member, is bringing this sweet turtle with flowers for you to paint. The turtle is approximately 5" l. X 3" h. You will be using her paints, brushes, and materials. Cost: \$5 Limit: 15



Two Art Groups

1. Art Group on Thursdays from Noon to 3:00 p. m.
2. Colored Pencils Group on Fridays from 9:30 a. m. to Noon



MON	TUES	WED	THUR	FRI
				
3 Hand & Foot 12:30	4 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 BP & Sugar Check 11-12 Lunch & Learn 12:00 Hand & Foot 1:40 Book Club 1:40 Bingo 1:45	5 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Coasters Class 1:00 Euchre 1:00	6 Tech Talk 11:00 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00 Bingo 1:00	7 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00
10 Lunch & Learn 12:00 Hand & Foot 12:30 Bingo 1:45	11 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Let's Eat Out 5:00	12 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Insect Repellant 1:00 Euchre 1:00	13 Lunch & Learn 11:00 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Metal Embossing 12:30 Pinochle 1:00 Bingo 1:00	14 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Lunch & Learn 12:00 Poker 1:00 Bingo 1:45
17 Hand & Foot 12:30 White Elephant Bingo 1:00	18 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 BP & Sugar Check 11-12 Lunch & Learn 12:00 Hand & Foot 1:40 Bingo 1:45	19 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Decorated Shell 1:00 Euchre 1:00	20 Travel 9:00-12:00 Tech Talk 11:00 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00	21 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00 Pointellism 1:30
24 Hand & Foot 12:30	25 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40	26 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Birthdays 1:00 Euchre 1:00 Bingo 1:30	27 Travel 9:00-12:00 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00	28 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Lunch & Learn 12:00 Poker 1:00 Ceramics 1:30

Exercise & Information

NEW BOOKS at the Vandalia Library

Not in Love by Ali Hazelwood

By Any Other Name by Jodi Picoult

Joy by Danielle Steel

The Love of My Afterlife by Kirsty Greenwood

Match Me If You Can by Swati Hedge

NEW MOVIES at the Vandalia Library

Waitress: The Musical

Aquaman and the Lost Kingdom

The Beekeeper

Lawmen: Bass Reeves tv series

Finestkind

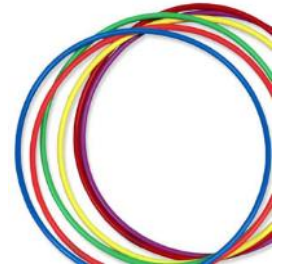


FREE Golden Qi Class on Tuesdays at 10:00 to 10:45 a.m.

Vevia Enix will teach Golden Qi which is a seated form of Tai Chi. This exercise improves balance, reduces joint pain, increases calmness, improves reasoning abilities, helps your memory, and improves the quality of your life. This class can be taken by anyone.

FREE Hula Hoop Class on Wednesdays at 9:30 to 10:30 a.m.

Come and see how hula hooping can improve your health, your spine, your balance, and cardiovascular system. It can lower blood pressure, reduce stress, and cholesterol levels. These hoops are what the pros use in the gyms and rehab centers. If you want to try out hula hooping, call before coming so the group can bring in extra hula hoops.



FREE Exercise Class on Wednesdays from 11:00 to 11:45 a.m.

Robin Kent with Brookhaven will be leading a seated exercise class on some of the Wednesdays right after the hula hoop class. Robin holds a 5th degree black belt in Tae Kwon Do and takes kickboxing. She has taught aerobics, and dance. On the other Wednesdays, the class will be led by Bill Kistner.

FREE Exercise Class on Fridays from 10:00 to 10:45 a.m.

This chair exercise class is being led by Bill Kistner, a member. They might use the weights and exercise bands that are here at the center. Bill will use some of the exercises he has learned from previous instructors to help guide the Friday class.



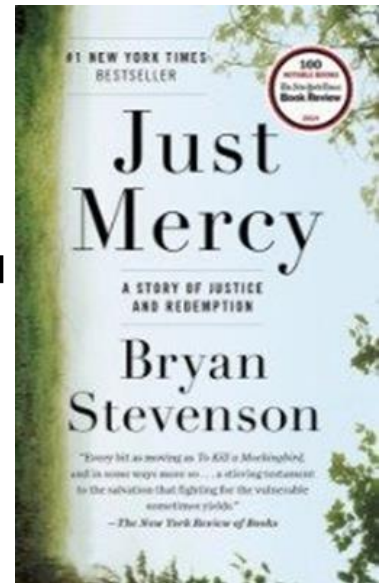
Tech Talk on the First & Third Thurs., June 6 and 20, at 11:00 a.m. to Noon

Tom Underwood from the Vandalia Public Library will answer questions about your phone, tablet, and other devices. Sign up to come to Tech Thursday and Tom will do his best to find the answers for you. It'll be first come, first served but feel free to stay - you may learn something new!

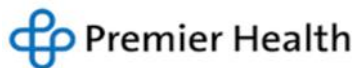
Information

Vandalia Senior Center Book Club

The Book Club will meet on Tuesday, June 4, to discuss the book, *Just Mercy* by Bryan Stevenson. Bryan Stevenson was a young lawyer when he founded the Equal Justice Initiative, a legal practice dedicated to defending those most desperate and in need: the poor, the wrongly condemned, and women and children trapped in the farthest reaches of our criminal justice system. One of his first cases was that of Walter McMillian, a young man who was sentenced to die for a notorious murder he insisted he didn't commit. The case drew Bryan into a tangle of conspiracy, political machination, and legal brinkmanship – and transformed his understanding of mercy and justice forever. *Just Mercy* is at once an unforgettable account of an idealistic, gifted young lawyer's coming of age, a moving window into the lives of those he has defended, and an inspiring argument for compassion in the pursuit of true justice.



Public Health
Prevent. Promote. Protect.
Dayton & Montgomery County



The Nurses Want to Check Out Your Numbers

Nurses will be coming in on the first and third Tuesday every month from 11:00 a.m. to 12:00 p.m. to check your blood pressure and blood sugar numbers. They will be sitting by the fountains in the dining room.

The nurses will be here every month through November. Nurses from Montgomery County Public Health will be here on June 4. Nurses from Premier Health will be here on June 18.

Answers to the Trivia Questions about the States on page 11

- | | | | | |
|------------|------------|------------|-------------|-------------|
| 1. BB | 2. L or M | 3. U or DD | 4. N | 5. H or AA |
| 6. D or Z | 7. EE | 8. F | 9. CC | 10. L or M |
| 11. HH | 12. T | 13. II | 14. G | 15. E |
| 16. V or W | 17. FF | 18. J | 19. P | 20. D or Z |
| 21. C | 22. GG | 23. A or X | 24. U or DD | 25. AA or H |
| 26. Q | 27. O | 28. K | 29. R | 30. A or X |
| 31. I | 32. V or W | 33. B | 34. S | 35. Y |



Information

Bridge Hosts

Tuesday bridge at 9:45 a.m. is hosted by Barb Weikert.

937-751-9303

Wednesday bridge at 12:15 p.m. is hosted by Sandi Baylor.

937-694-2643

Thursday bridge at 12:00 p.m. is hosted by Jim Danks.

937-667-3780



Bingo and Other Games



1. Taylor Ries from Troy Rehab will call bingo on Tuesday, June 4, at 1:45 p.m. Limit: 48

2. Tambi Spirk and Nikki Waldron from Brookdale will bring food and call bingo on Thursday, June 6, at 1:00 p.m. Limit: 48

3. Tina Timmons from Oasis Senior Advisors and Michelle Teska from Golden Hearts will call bingo on Monday, June 10, at 1:45 p.m. Limit: 48

4. Mark Maudlin from Maudlin Senior Care Solutions will call bingo on Friday, June 14, at 1:45 p.m. Limit: 48

5. Toni Williams will call a White Elephant Bingo on Monday, June 17, at 1:00 p.m.

6. Shonica Bowermeister from Stillwater Skilled Nursing will call bingo on Tuesday, June 18, at 1:45 p.m. Limit: 48

7. Amber Tate from CareCore at Mary Scott will call bingo on Wednesday, June 26, at 1:30 p.m. Limit: 48

Celebrate June Birthdays on Wednesday, June 26, at 1:00 p.m.

Momentum Health of Vandalia will provide the birthday cakes from their kitchen. Please sign up if you have a birthday. We will take a group photo then everyone will sing "Happy Birthday". Everyone gets a piece of cake but the birthday people get theirs first!



Donations Needed

*****Please give ALL donations to Toni.** Some items can be used by the center.

Leave in the Office: We are low on drinks, need liters of pop (Coke and Diet Coke, orange, Sprite or 7up, root beer, etc.) and other drinks, seasonal napkins, non-refrigerated individual creamers, individually labeled flavored teas, art supplies, greenery, new greeting cards, and items for the free tables.



Many people are traveling at this time of year. What do you know about the states?

- | | |
|--|-------------------|
| 1. Where is the deepest lake, Crater Lake, in the U.S.? ____ | A. Vermont |
| 2. This state has the lowest point, Death Valley, in the U.S.? ____ | B. Idaho |
| 3. This state has the most earthquakes. ____ | C. Montana |
| 4. Underground fires have been burning here since 1962. ____ | D. Wyoming |
| 5. Where is the country's largest underground lake? ____ | E. South Carolina |
| 6. This state is landlocked but has 30 named islands. ____ | F. Arizona |
| 7. Where is the world's longest known cave system? ____ | G. Michigan |
| 8. Which state has parts of four different deserts? ____ | H. Tennessee |
| 9. Where is Craters of Diamonds State Park? ____ | I. Ohio |
| 10. Which state has more people (over 39 million) than Canada? ____ | J. New Jersey |
| 11. The only state that doesn't have a National Park or Monument. ____ | K. Minnesota |
| 12. It has been proven that this state is "flatter than a pancake". ____ | L. California |
| 13. This state is not divided by counties but by parishes? ____ | M. California |
| 14. This is the only state that consists of 2 peninsulas. ____ | N. Pennsylvania |
| 15. This is the only state to have a large-scale tea plantation. ____ | O. Illinois |
| 16. This state has the geographical center of the U.S. ____ | P. West Virginia |
| 17. This state was an independent nation before joining the U.S. ____ | Q. New York |
| 18. Where is the world's largest elephant made of tin and wood? ____ | R. Nebraska |
| 19. This state lies entirely within a mountain range. ____ | S. Wisconsin |
| 20. This is the only state in 2020 to have less than 600,000 people. ____ | T. Kansas |
| 21. This state has the shortest river of only 200 feet. ____ | U. Alaska |
| 22. This is the only state that grows coffee. ____ | V. South Dakota |
| 23. This is the smallest state capital and it has no McDonalds there. ____ | W. South Dakota |
| 24. This state has the longest coast line. ____ | X. Vermont |
| 25. This state is bordered by 8 other states. ____ | Y. Missouri |
| 26. What state has a city with 200 zip codes for that city? ____ | Z. Wyoming |
| 27. Where is the largest catsup bottle that is also a water tower? ____ | AA. Tennessee |
| 28. Where does the Mississippi River begin? ____ | BB. Oregon |
| 29. Where is a 600# ball that is made of five million stamps? ____ | CC. Arkansas |
| 30. Where is the Ben & Jerry's Flavor Graveyard? ____ | DD. Alaska |
| 31. Where can you walk inside the world's largest known geode? ____ | EE. Kentucky |
| 32. Where is the Corn Palace? ____ | FF. Texas |
| 33. Where is the world's biggest man-made Beagle? ____ | GG. Hawaii |
| 34. Where is the largest talking man-made cow? ____ | HH. Delaware |
| 35. Where can you walk the trails in the Nuclear Waste Adventure? ____ | II. Louisiana |



Answers on page 9.



Travel

Prime Tours: Be sure to write your check to Prime Tours.

- June 13 Day trip to Cincinnati, Ohio \$198 **This trip is getting close to going.
- July 25 Day trip to Castel Noel, a Christmas Museum and more, in Medina, Ohio, area \$180 **Need many more people to go.**
- October 16-19 West Virginia: 4 days, 3 nights \$1049 pp \$100 deposit
- December 15-18 New York City: 4 days, 3 nights \$1544 pp \$1884 single \$100 deposit
- Diamond Tours:** Be sure to write your check to Diamond Tours.
- June 3-7 Mackinac Island: 5 days, 4 nights \$833 pp \$1012 single
Check in at VRC at **7:15 a.m.**
- July 8-12 Chicago: **This trip is not going.**
- August 17-24 Montreal, Quebec City, and Ottawa in Canada: ***You need a passport for this trip! 8 days, 7 nights \$1445 pp \$1744 single \$100 deposit
This trip is going! **You can be added to the waiting list.**
- October 7-11 Lancaster Show Trip & Dutch Country: 5 days, 4 nights \$860 pp \$1009 single \$100 deposit **Need many more people to go.**

2025: Grand American Tours: Call Amy at 1-800-423-0247

- January 11-20 Labadee/US Virgin Islands/Antigua: \$2,773 to \$3,277 depending on cabin Deposit \$550 per person Need passport
- Aug. 27-Sept. 6 Alaska Cruise, Land & Rail: \$4,711 to \$5,841 depending on cabin for dbl \$350 per pp deposit Need passport

Flyers are in the holder by the card room door. Information is on the travel bulletin board and on the senior center web page at <https://vandaliaohio.org/503/Travel>. You can mail your check to the Vandalia Senior Center or drop it in box #4 in the hallway by the kitchen or give it to Bob Reed in person. You also need to fill out the form at the bottom of this page and include it with your payment. You need to fill out the additional information form for Prime Tours that is attached to the trip sheet.

Bob Reed's Office Hours: Tuesdays and Thursdays: 9 a.m. to Noon



Or call Bob at 937-313-9692 and leave a voicemail.

Please only call Monday through Friday from 9 a.m. to 4 p.m.

Name: _____ Name of Roommate: _____

Cell phone: _____ Email: _____

Trip Destination: _____

Emergency contact—Name: _____ Phone number: _____

Please Support our Generous Sponsors!!

A CONSULTATION is Waiting for You!

3 Facts to Know:

1. Medicaid pays for long-term care only once your assets have been nearly depleted.
2. Medicaid Planning helps you qualify for financial aid sooner — preserving your assets for your family.
3. Planning can help you receive care in a place of your choice — *even in your home*.

Lovett & House has helped *thousands* of Ohio families with Medicaid planning in many counties. Attorney George Lovett is a “certified expert in estate planning, trusts, and probate law” by the Ohio State Bar Association.

www.lovettlawoffice.com

Call (937) 667-8805 Now!

Lovett & House

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Medicare made *easy*®

Linda Ankney
Sales & Marketing
Representative

3100 Easton Square Place
Suite 300
Columbus, Ohio 43219

PHONE: 937-602-1580
EMAIL: lankney@trinity-health.org

 [Facebook.com/MediGold](https://www.facebook.com/MediGold)
MediGold.com



WHAT MAKES US DIFFERENT?

We love Vandalia ! We understand community is everything. Since 1976 we have tried to support our seniors with top notch service and sales

CONTACT US

1020 West National Rd 
(937) 898-5841 

 **Blue
Advantage
Gold Certified**
 **Beau Townsend**
BTFFORD.com

- ✓ 7-Year, 100,000-Mile Limited Powertrain Warranty
- ✓ 1-Year, 12,000-Mile Limited Comprehensive Warranty
- ✓ Financing as low as 1.9% APR
- ✓ 172-Point Inspection Vehicle History Report

Parks & Recreation

June Spotlight: FREE Fit 2 Dance classes on Fridays @ 8:30 am with Cheryl

Come check out June's free fitness class with Cheryl. Fit2Dance is an easy to follow, energizing cardiovascular workout geared towards increasing flexibility, endurance, strength & overall fitness through dancing & intervals of light weights, which are all choreographed to upbeat music! Come sweat with us! All you need to bring is your smile & good vibes!



Free Wall Night– June 11th, from 5:00 pm-7:00 pm

Every month we offer a free climb day for everyone to come and check out the wall. Come on in for great exercise and mix it up by climbing the wall!

Schellas Hyndman Soccer Camp

This camp is led by one of the most accomplished soccer coaches in America. Coach Schellas is a Vandalia-Butler graduate and is known all over the world for his soccer excellence. Come join Coach Schellas along with the boys and girls Butler Varsity soccer teams and coaches for this outstanding soccer camp. Direct all questions to Jeff Kreill at 937-415-2339 or email at jkreill@vandaliaohio.org

Date: July 15 - 19

Time: 9:00 am - 11:30 am (rain or shine) **Grades:** 3rd -8th
(2024-25 school year)

Fees: \$80.00 (Early Bird \$65.00 April 3 - June 7) includes camp shirt

Location: Vandalia Sports Complex

Scan to register!



Parks & Recreation Information

Vandalia Air Show Backyard Bash– Thursday, June 20, from 6:00 pm-9:00 pm

Get ready to unleash your inner patriot at our Vandalia Air Show Backyard Bash! Dive into a sea of red, white, and blue as we celebrate the spirit of our nation with unbridled enthusiasm. From patriotic themed activities to a dazzling music performance from the United States Air Force Band of Flight, this event is a tapestry of American pride. Join us in a chorus of cheers, salute to unity, and revel in a land of liberty! There will be food trucks, vendors and other activities available at the event.

Fee: Free entry event

Location: Vandalia Art Park

Address: 256 E Alkaline Springs Rd, Vandalia, Ohio 45377



Food Truck Wednesdays

Stop by the Vandalia Recreation Center during the summer for Food Truck Wednesday! We will have a different food truck on specific Wednesdays for you to enjoy. Each Food Truck Wednesday runs from 11:00am-1:00pm.

Wednesday, June 12 = Thai 1 On

Wednesday, June 26 = McNasty's

Wednesday, July 10 = Yummy Gyro Food Truck

Wednesday, July 24 = Wheel Fresh Pizza & Frios Gourmet Pops

Wednesday, August 7 = KK's Grubb Hubb

Wednesday, August 14 = El Buen Taco Truck



Appetizers Academy w/ Eat Pretty Darling on June 25, at 6:00 pm

Time to enroll in "Appetizers Academy" – where small bites lead to big delights! Join us for an appetizer adventure that transforms ordinary ingredients into bite-sized masterpieces. From making street corn salsa, caprese salad skewers and burrata crostini, this class is your ticket to becoming the appetizer aficionado of your social circle. Get ready to roll, stuff, and skewer your way to snack-time success – because the best things come in small, flavorful packages!

Ages: 18 years old and older

Fee: \$25 per person

Location: Vandalia Senior Center

Registration Deadline: You must be signed up for this program by Saturday, June 22.



VANDALIA SENIOR CENTER
21 Tionda Drive South
Vandalia, Ohio 45377

Open; Monday through Friday
9:00 a.m. to 4:00 p.m.
Coordinator: Toni Williams

twilliams@vandaliaohio.org
Phone: 937-898-1232
Fax: 937-665-0796
[https://vandaliaohio.org/341/
Senior-Center](https://vandaliaohio.org/341/Senior-Center)

Vandalia Senior Club

2024 Committee:

President	Cathy Nortman 985-201-6747
Vice President	Iris Siebert 937-454-1583
Treasure	Kay Lowe 937-409-8300
Secretary	Dottie Ganter 937-898-7286

DATED MATERIAL: DO NOT DELAY

--MEMBERSHIP--

Age 55 or older

Younger Spouses are welcome!

The 2024 fees for members are:

Vandalia Residents \$15 single - \$25 dual

Non Resident \$20 single - \$35 dual

A resident is defined as someone who pays
City of Vandalia property taxes.

Membership for anyone over 90 is free but
you must notify the office to continue to get the newsletter.

Your annual membership fees help offset some of
the costs of programming and support for the Senior Center.

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