

Vandalia Senior Center

October, 2024 Volume 12 Issue 10



It's that time of year to renew your membership during the next four and a half months. Enjoy the fact that the City has not changed the membership dues since 2011!!

Renew Your Membership by January 31, 2025!

Your membership can be renewed September through January.

You can write a check to the City of Vandalia and mail it to the Vandalia Senior Center at 21 Tionda Drive South, Vandalia, 45377. For Vandalia residents, it is \$15 or \$25 for couples. Outside Vandalia, the cost is \$20 or \$35 for couples. If your address or phone number has changed, please send in the new information. You can also come in to renew, using cash, check, or a credit card.

Born in 1935: You are turning 90 in 2025. Your membership is free!

Contact the office to continue to get your newsletter.

90+ and Lifetime Members: Contact the office to continue to get your newsletter.



Volunteer Lunch on Friday, October 25, at Noon

While we truly appreciate the hundreds of people who donate items to the center all year, this volunteer lunch is just to celebrate those who volunteered their time on a regular basis at the center. It could be as a driver, teaching classes, on the Senior Club committee, cleaning tables regularly, and more. There will not be a sign-up sheet on the bulletin board. Just RSVP to Toni that you are able to attend if you have been a volunteer this year.



Preparations to Get Ready to Honor Veterans for Veteran's Day

Toni will be putting up the photos of veterans in the dining room for almost 4 weeks from October 16 until Veteran's Day, November 11. She has kept the photos from previous years to use again. If you haven't given Toni a photo of veterans and active duty members from your family, please bring in your photos or email them to her. She will make a copy and add any names, ranks, and dates that you know.

Lunch & Learn

Stillwater Skilled Nursing Lunch & Learn on Tues., October 1, at Noon

Shonica Bowermeister from Stillwater Skilled Nursing will bring your lunch. Local paranormal Ghost Hunter Dave Miller will share his photos, stories, and findings of his investigations at local Dayton locations and other sites around Ohio. Dave has investigated a few select places across the United States such as Waverly Hills Sanatorium in Louisville, Fort Jefferson in the Gulf of Mexico, and the Little Bighorn Battlefield in Montana. Come hear about his adventures. Limit: 80



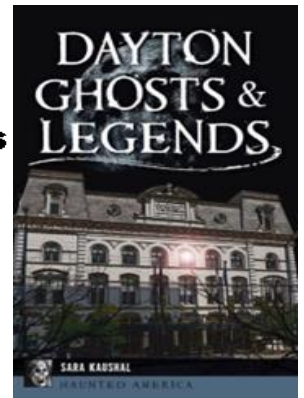
Hearth & Home of Vandalia Lunch & Learn on Tuesday, October 8, at Noon



Rose Siddle from Hearth & Home of Vandalia will bring your lunch from their kitchen. Brian Brenner is back! He will entertain you with his jokes and a wide variety of songs from many different artists. Limit: 100 Afterwards, Dennis Turner, will explain Issue 1 on the ballot about gerrymandering.

Stonespring Lunch & Learn on **Thursday**, October 10, at **11:00 A.M.**

Sarah Mather from Stonespring will order your food. Sara Kaushal, an author of several books, will present "Urban Legends". Urban Legends are scary and fun versions of folktales. How do they come about and what propels them forward? In this talk, Sara will explore common ghost stories, urban legends, monsters, and cryptids, along with some possible logical explanations for many of the stories. Limit: 75



Cypress Pointe Lunch & Learn on Friday, October 11, at Noon



Jessica Ward from Cypress Pointe will bring your food. Rich Sommers from the Vandalia Police Department will talk about the process of how complaints are handled. What happens after you call 911? What can you expect after your call is taken? What steps does the police department go through? Limit: 70

Complete Solutions Lunch & Learn on **Monday**, October 14, at Noon

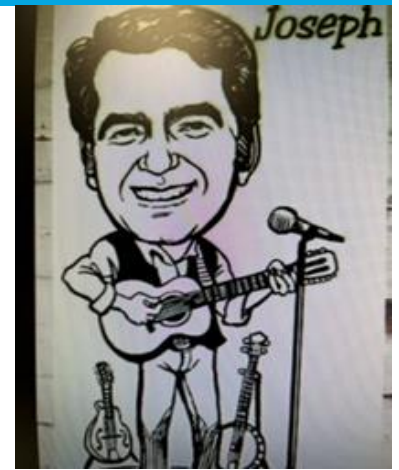
Scott and Michael Leonardi from Complete Solutions will provide your lunch. They will talk about the big changes in both Medicare and prescription drug plans in 2025. Learn the ins and outs of "The Inflation Reduction Act of 2022" that will significantly impact prescription drug coverages next year. They will give away a gas gift card at the end of the program. Limit: 100



Lunch & Learn

Laurels of Huber Heights Lunch & Learn on Tues., Oct. 15, at Noon

Jackie Dalton from Laurels of Huber Heights will bring your food. Joseph Helfrinch is returning to share many interesting tales and lots of wonderful music. Joseph plays several different instruments during his performance. Limit: 75



Troy Rehabilitation Lunch & Learn on Monday, October 21, at Noon



Taylor Ries from Troy Rehabilitation will order your lunch. Katherine Watson from the Washington Township Centerville Library will come to us by Zoom. She will present "The History of Witchcraft". Explore European witchcraft and learn about 16th and 17th century practices and assumptions about this magical part of history. Limit: 50

Edward Jones Lunch & Learn on Tuesday, October 22, at Noon

Donna Bargo and Jordan Peterson will bring your lunch. Donna will give you a booklet called a Perspective. Jordan will further discuss some of the topics in the booklet. He will also answer any financial questions that you might have. Limit: 25



Randall Residence Lunch & Learn on Monday, October 28, at Noon



Becky Devor from Randall Residence of West Milton and Courtney Peck from Randall Residence of Tipp City will bring your lunch from their kitchens. Amanda Carl from Browse Awhile Books in Tipp City will talk about the locations that are haunted in downtown Tipp City and the spirits which haunt those locations. Amanda will share some history about those locations and some of the spooky details. Limit: 75

Momentum Health Lunch & Learn on Tuesday, October 29, at Noon

Mandy Walter from Momentum Health will bring your lunch. Barbie Minnich, a nurse from Momentum Health will present "Fall Prevention". Falls are a common problem in the older population. Unfortunately, the older we get the more at risk we are of falling. Falls can have serious consequences with many people ending up in the hospital. There are ways that you can prevent a fall. First, you need to follow a healthy lifestyle and second, by changing some things around your home. Barbie will discuss a list of ways to prevent falls. Limit: 75

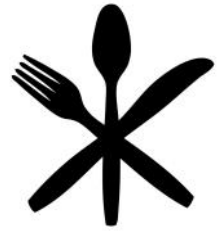


Information



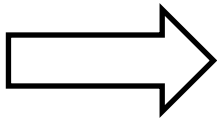
Let's Eat Out on the Second Tuesday of the Month

Sign up to eat out at Sake Japanese Steakhouse on Tuesday, October 8, at 5:00 p.m. It is located at 7260 Miller Lane in Butler Township. You get soup and salad. Then you pick which meat you want along with the vegetables and rice that are all cooked in front of you on the large grill or you can order off the menu. You get to watch the "show" while your food is cooking. Directions: From the Senior Center, turn left onto S. Dixie Dr. Cross over Little York Rd. The third road on your left is Maxton Rd., turn left. When you get to the stop sign, Sake is almost straight ahead. If construction is still going on, you can only access Sake from Maxton Rd.



Sign Up to Get your Flu Shot on Tuesday, October 15

Several members of the Hocks Pharmacy staff will be here on Tuesday, October 15, from 1:00 to 2:00 p.m. to give flu shots. They will be set up in the front of the art room. Up to 8 members can sign up in each 30 minute interval. First you fill out paperwork to bill your insurance then you will receive the flu shot.



You will find the craft classes and essential oils class on pages 4, 5, and 6.



FREE Christmas Ornament Class on Wed., October 2, at 1:00 p.m.

Toni Williams will help you create two easy to make wooden Christmas ornaments. Attach the paper then pick a wooden decoration to glue on. Then twist on the evergreen branch and either red berries, gold ornaments, or a bow at the top. You have the option of stamping or writing on the back. Limit: 14

Pumpkin Class on Friday, October 4, at 1:30 p.m.

Mindy Shockey will bring the supplies for this class. You will trace a pumpkin shape on a 8" x 10" canvas. Then fill in the shape with buttons. You can make a pumpkin with or without a face. Cost: \$5 Limit: 10



Art

FREE Paper Bag Scrapbook Class on Tuesday, October 8, at 1:45 p.m.

Antionette Adams from Siena Woods will step you through the process of making a decorative and colorful paper bag scrapbook. Limit: 15



FREE Mixed Media Class on Wed., Oct. 9, at 1:00 p.m.



Candy Jones will bring a variety of inks, stamps, craft paste, and stencils for you to create your design. You will be using a small spray bottle with ink and a heat gun to dry the project in between applications. You will be working on a 9x12 piece of watercolor paper. Once your project is completed, it can be cut down to be used for cards, journals or framing. Limit: 12



Angels Class on Wed., Oct. 16, at 1:00 p.m.

Debbie Millhouse will bring the supplies to create a decoupage angel. She will take you through the steps to make this pretty ornament. Cost: \$3 Limit: 15



Ceramics Class on Friday, October 18, at 1:30 p.m.

Mindy Shockey is bringing this stacked pumpkin for you to paint and decorate your home in October and November. It measures approximately 8" H with a 5 1/2" base. You will be using Mindy's paints, brushes, and supplies. Cost: \$15 Limit: 15



FREE Card Making Class on Tues., Oct.22, at 1:45 p.m.

Kathy Dunn will show you how to make the pumpkin card where you emboss with ink and embossing powder then use a heat gun. This will give the lines more definition, making it easier to color with markers. The colors will be your choice for this fall design. Sometimes it is hard to find designs for masculine cards. Linda Karns will teach you to make a card using one die cut and a stencil. This card would be appropriate for a man's birthday, a thinking of you card, or a winter or holiday card. Limit: 12



Movies

Remember to sign up for each movie so we have the correct amount of snacks and treats.

Movie on the First Friday, October 4, at 1:00 p.m.

Snacks by Taylor Ries from Troy Rehabilitation

In the movie, *Arthur the King*, Michael Light is desperate for one last chance to win. He convinces a sponsor to back his team of athletes for the Adventure Racing World Championship in the Dominican Republic. As the team gets pushed to the outer limits of endurance, a dog named Arthur comes along for the ride, redefining what victory, loyalty and friendship truly means. This is based on a true story. PG-13 Adventure / Family 1 hr. 47 min.

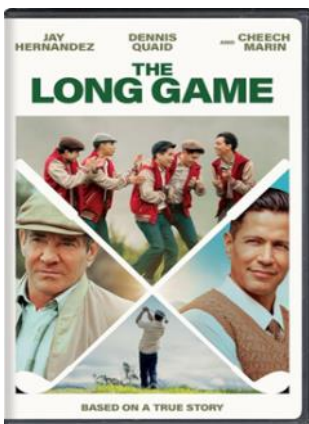


Movie on the Third Fri., Oct. 18, at 1:00 p.m.

Snacks by Mandy Walter of Momentus Health

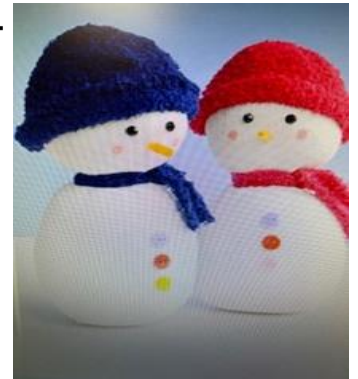
In the movie, *The Long Game*, five young Mexican-American caddies are determined to learn how to play and create their own golf course in the middle of the South Texas desert in 1955. During this era, there was prejudice against Mexican-Americans so they had difficulty achieving their goals. This is based on a true story.

PG Drama 1 hr. 52 min.



FREE Snowman Class on Wed., Oct. 23, at 1:00 p.m.

Jessica Ward from Cypress Pointe will bring socks, rice, and more to make this cute, plump snowman. She will take you through the easy process to create your own snowman. Limit: 15



Essential Oils on Tues., Oct. 29, at 1:45 p.m.

Christine Jordan with Red Lotus Essences will help you make a cold and flu essential oils blend. She will also talk about the best oils to use for cold and flu symptoms. Limit: 15 Cost: \$5



Collecting: Afghans and Blankets for Veterans

Every year we collect crocheted or knitted afghans, lap size quilts, and new twin size blankets for Veterans. An afghan can be full size or lap size. Lap size is 36" x 36" or 36" x 40". The Super Sewers will also donate many lap quilts. All the donations need to be brought in before November 1. Give your donations to Toni in the office or Darby. The Amvets will distribute them to veterans.



MON	TUES	WED	THUR	FRI
	1 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 BP & Sugar Check 11-12 Lunch & Learn 12:00 Hand & Foot 1:40 Book Club 1:40 Bingo 1:45	2 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Ornament 1:00 Euchre 1:00	3 Tech Talk 11:00 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00 Bingo 1:00	4 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00 Button Pumpkins 1:00
	7 Exercise 10:00 Hand & Foot 12:30	8 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Scrapbook Class 1:45 Let's Eat Out 5:00	10 Lunch & Learn 11:00 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00	11 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Lunch & Learn 12:00 Poker 1:00 Bingo 1:45
14 Exercise 10:00 Lunch & Learn 12:00 Hand & Foot 12:30 Bingo 1:45	15 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 BP & Sugar Check 11-12 Lunch & Learn 12:00 Flu Shots 1:00-2:00 Hand & Foot 1:40 Bingo 1:45	16 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Euchre 1:00 Angels 1:00	17 Tech Talk 11:00 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00 Bingo 1:00	18 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00 Ceramics 1:30
21 Exercise 10:00 Lunch & Learn 12:00 Hand & Foot 12:30 Bingo 1:45	22 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Card Making 1:45	23 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Euchre 1:00 Snowman Class 1:00	24 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00	25 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Volunteer Lunch 12:00 Poker 1:00
28 Exercise 10:00 Lunch & Learn 12:00 Hand & Foot 12:30 Bingo 1:45	29 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Essential Oils 1:45	30 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Birthdays 1:00 Euchre 1:00 Bingo 1:30	31 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00	

Exercise & Information

NEW BOOKS at the Vandalia Library

Katherine, the Wright Sister by Tracey Enerson Wood
Glass Houses by Madeline Ashby
Under Her Spell by K. L. Cerra
The Night We Lost Him by Laura Dave
The Banned Books Club by Brenda Novak

NEW MOVIES at the Vandalia Library

Ordinary Angels
Arthur the King
Priscilla
The Fall Guy
Wicked Little Letters

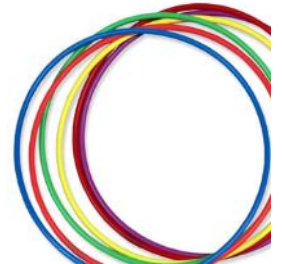


FREE Golden Qi Class on Tuesdays at 10:00 to 10:45 a.m.

Vevia Enix will teach Golden Qi which is a seated form of Tai Chi. This exercise improves balance, reduces joint pain, increases calmness, improves reasoning abilities, helps your memory, and improves the quality of your life. This class can be taken by anyone.

FREE Hula Hoop Class on Wednesdays at 9:30 to 10:30 a.m.

Come and see how hula hooping can improve your health, your spine, your balance, and cardiovascular system. It can lower blood pressure, reduce stress, and cholesterol levels. These hoops are what the pros use in the gyms and rehab centers. If you want to try out hula hooping, call before coming so the group can bring in extra hula hoops.



FREE Exercise Class on Mondays, Wednesdays, and Fridays

This is a chair exercise class that is often led by Bill Kistner or other members in the group. Robin Kent with Brookhaven will be leading the class on some of the Wednesdays right after the hula hoop class. The group might use the weights and exercise bands that are here at the center. Be prepared for a few jokes thrown out in between the exercises.

Mondays	10:00 to 10:45 a.m.	NEWLY ADDED
Wednesdays	11:00 to 11:45 a.m.	after hula hoops
Fridays	10:00 to 10:45 a.m.	

Tech Talk on the First & Third Thurs., Oct. 3 and 17, at 11:00 a.m. to Noon

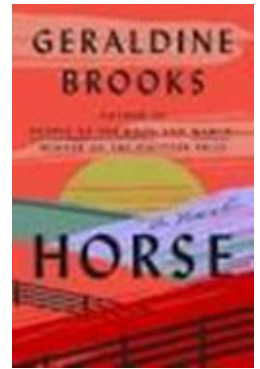
Tom Underwood from the Vandalia Public Library will answer questions about your phone, tablet, and other devices. Sign up to come to Tech Thursday and Tom will do his best to find the answers for you. It'll be first come, first served but feel free to stay - you may learn something new! Please sign up.



Information

Vandalia Senior Center Book Club

The Book Club will meet on Tuesday, October 1, to discuss the book, *Horse*, by Geraldine Brooks. In Kentucky in 1850, an enslaved groom and foal forge a bond of understanding that will carry the horse to victories across the South. A young artist who has made his name on paintings of the racehorse takes up arms for the Union but he reunites with the stallion and his groom, far from the racetrack. This book is based on the remarkable true story of the record-breaking thoroughbred Lexington. *Horse* is a novel of art and science, love and obsession, and our unfinished reckoning with racism.



Work Done on the Building the Weeks of August 5, 12, and 19

Brian Bros. power washed the building. Then they sealed windows and more. They also removed cracked mortar between the bricks and replaced it. Last they sealed the brick exterior.



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The Nurses Want to Check Out Your Numbers

Nurses will be coming on the first and third Tuesdays every month from 11:00 a.m. to 12:00 p.m. to check your blood pressure and blood sugar numbers. They will be sitting by the fountains in the dining room. Nurses from Montgomery County Public Health will be here on October 1. Nurses from Premier Health will be here on October 15.

Holiday Flower Arrangements

The Flower Group will be making arrangements for the holiday season that will be for sale in the dining room. If you want to order a special arrangement, you need to put your order in before November 1.



Answers for the Logic Problem and Scrambled Words on Page 11

1. John wore the helmet and carried a pillowcase.
2. Gail wore a pink cape and carried a purse.
3. Tom wore a cowboy hat and carried a plastic bag.
4. Jenny wore a veil and carried a basket.



- | | | | |
|-----------------|---------------|---------------|--------------|
| 1. witch | 2. sidewalk | 3. front door | 4. spooky |
| 5. vampire | 6. princess | 7. pillowcase | 8. firetruck |
| 9. basket | 10. skeleton | 11. candy | 12. parents |
| 13. dark | 14. tricks | 15. monsters | 16. friends |
| 17. action hero | 18. thank you | 19. clown | 20. ghost |

Information

Bridge Hosts

Tuesday bridge at 9:45 a.m. is hosted by Darilyn Whittemore. 937-776-4686

Wednesday bridge at 12:15 p.m. is hosted by Judy Laughter. 937-677-3267

Thursday bridge at 12:00 p.m. is hosted by Jim Danks. 937-667-3780



Bingo and Other Games

1. Taylor Ries from Troy Rehab will call bingo on Tuesday, October 1, at 1:45 p.m. Limit: 48
2. Tambi Spirk from Brookdale will bring lunch and call bingo on Thursday, October 3, at 1:00 p.m. Limit: 48
3. Mark Maudlin from Maudlin Senior Care Solutions will call bingo on Friday, October 11, at 1:45 p.m. Limit: 48
4. Abigail Huges from Englewood Health & Rehab will call bingo on Monday, October 14, at 1:45 p.m. Limit: 48
5. Shonica Bowermeister from Stillwater Skilled Nursing will call bingo on Tuesday, October 15, at 1:45 p.m. Limit: 48
6. Jessica Ward from Cypress Pointe will call bingo on Thursday, October 17, at 1:00 p.m. Limit: 48
7. Susan Bush from Pleasantwood Senior Apartments & Townhomes will call bingo on Monday, October 21, at 1:45 p.m. Limit: 48
8. Tina Timmons from Oasis Senior Advisors and Michelle Teska from Golden Hearts will call bingo on Monday, October 28.
9. Amber Tate from CareCore at Mary Scott will call bingo on Wednesday, October 30, at 1:30 p.m. Limit: 48



Celebrate October Birthdays on Wed., October 30, at 1:00 p.m.

Momentus Health of Vandalia will provide the birthday cakes. Please sign up if you have a birthday. We will take a group photo then everyone will sing "Happy Birthday". Everyone gets a piece of cake but the birthday people get theirs first!



Donations

*****Please give ALL donations to Toni. Some items can be used by the center.**

Leave in the Office: Coke and Diet Coke, seasonal napkins, non-refrigerated individual creamers, art supplies, greenery, new greeting cards, and items for the free tables.

Logic Problem: Halloween Mix-Up

Four friends want to go trick-or-treating but they got everything mixed-up. Use the hints below to figure out what each friend wore and the container that was carried.

1. Gail does not wear anything on her head.
2. John collects his candy with a pillowcase.
3. The cowboy uses a plastic bag to collect his candy.
4. Neither John nor Tom dressed as a bride.
5. The bride did not carry a purse. (Check your answers on page 9.)



	cowboy hat	helmet	pink cape	veil	plastic bag	pillow- case	basket	purse
John								
Gail								
Tom								
Jenny								
plastic bag								

Unscramble the words below that go with trick-or-treat.

- | | |
|---------------------|-----------------------|
| 1. cithw _____ | 11. nacyd _____ |
| 2. aeiklwds _____ | 12. tensapr _____ |
| 3. notrf odor _____ | 13. rakd _____ |
| 4. posyok _____ | 14. skcirt _____ |
| 5. arepimv _____ | 15. stormnes _____ |
| 6. sipcenrs _____ | 16. diresnf _____ |
| 7. willsapcoe _____ | 17. naocti ohre _____ |
| 8. kifcruetr _____ | 18. ahknt oyu _____ |
| 9. tabkes _____ | 19. wonlc _____ |
| 10.nksoteel _____ | 20. sogth _____ |



Travel

Prime Tours: Be sure to write your check to Prime Tours.

October 16-19 West Virginia: 4 days, 3 nights \$1049 pp \$100 deposit
This trip will be going.

December 15-18 New York City: 4 days, 3 nights \$1544 pp \$1884 single \$100 deposit
This trip will be going.

2025: Grand American Tours: Call Amy at 1-800-423-0247

January 11-20 Labadee/US Virgin Islands/Antigua: \$2,773 to \$3,277 depending on cabin Deposit \$550 per person Need passport

Aug. 27-Sept. 6 Alaska Cruise, Land & Rail: \$4,711 to \$5,841 depending on cabin for dbl \$350 pp deposit Need passport.

Flyers are in the holder by the card room door. Information is on the travel bulletin board and on the senior center web page at <https://vandaliaohio.org/503/Travel>. You can mail your check to the Vandalia Senior Center or drop it in box #4 in the hallway by the kitchen or give it to Bob Reed in person. You also need to fill out the form at the bottom of this page and include it with your payment. You need to fill out the additional information form for Prime Tours that is attached to the trip sheet.

Bob Reed's Office Hours: Tuesdays only 9 a.m. to Noon

Or call Bob at 937-313-9692 and leave a voicemail.



Please only call Monday through Friday from 9 a.m. to 4 p.m.

Name: _____ Name of Roommate: _____

Cell phone: _____ Email: _____

Trip Destination: _____

Emergency contact—Name: _____ Phone number: _____

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3 Facts to Know:

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2. Medicaid Planning helps you qualify for financial aid sooner — preserving your assets for your family.
3. Planning can help you receive care in a place of your choice — *even in your home*.

Lovett & House has helped *thousands* of Ohio families with Medicaid planning in many counties. Attorney George Lovett is a “certified expert in estate planning, trusts, and probate law” by the Ohio State Bar Association.

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- Healthcare Options
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(937) 898-5841

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- ✓ 172-Point Inspection Vehicle History Report



Vandalia Fall Festival

Saturday, October 12 | 12:00pm - 6:00pm

Sponsored by:



MinsterBank
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SIGNS**

metronet
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Location: Vandalia Sports Complex
Live Music | Food Trucks | Vendors
Inflatables | Arts & Crafts | Corn Pit
Pumpkin Patch | And More!

MUSIC BY:

The FIVE Band
12:30pm - 2:45pm



Adelee & Gentry
3:30pm - 5:45pm



Parks & Recreation Information



Spooky House w/ Miss Elissa– Monday, October 21 from 5:30pm–7:30pm

Get into the Halloween spirit with a “Spooky House” painting. Your instructor, Elissa, will guide you step-by-step through painting a fun and spooky scene on a 16” x 20” canvas that you’ll be able to display at Halloween for years to come! No experience necessary! Step-by-step instruction, all painting supplies - and festive snacks are included!

Ages: 18 years old and older

Fee: \$35 per person

Location: Vandalia Recreation Center– Special Events Room

Registration Deadline: You must be registered for this program by Friday, October 18th.

Walk-ins will not be accepted.

Charcuterie Board Making w/ Dayton Charcuterie Gal – Friday, October 11, from 6:30pm–8:30pm

Grab a friend and make your own charcuterie board! During this workshop, each person will learn all about charcuterie boards and build their own 2-person charcuterie board to take home and enjoy a charcuterie cup to snack on while you build.

Ages: 21 years old and older

Fee: \$60 per person

Location: Vandalia Senior Center

Registration Deadline: You must be registered in advance for this program.

Walk-ins will not be accepted. Scan the QR code to register!



New Zealand Dance Workshop – Saturday, October 19, from 4:00pm–7:00pm

Kia Ora! Come and join us for a night of fun as we take you on an adventure to experience Aotearoa. You will learn how to make poi balls and learn a poi dance followed by a teaching of the Haka. Olohana’s Polynesian Dance will perform Māori dances including LED Poi and Tititorea. Sample a taste of Polynesia from our food table. Stop by our merch table to choose from a variety of handmade items like lava rock jewelry, pa’u skirts, sarongs, ribbon leis, candy leis, and more!



Ages: 8 years old and older

Fee: Ages 8-12- \$15 Recreation Center

Registration Deadline: You must be register for this program by Thursday, October 17th.

VANDALIA SENIOR CENTER

21 Tionda Drive South
Vandalia, Ohio 45377

Open; Monday through Friday
9:00 a.m. to 4:00 p.m.
Coordinator: Toni Williams

twilliams@vandaliaohio.org
Phone: 937-898-1232
Fax: 937-665-0796
[https://vandaliaohio.org/341/
Senior-Center](https://vandaliaohio.org/341/Senior-Center)

Vandalia Senior Club

2024 Committee:

President	Cathy Nortman 985-201-6747
Vice President	Iris Siebert 937-454-1583
Treasure	Kay Lowe 937-409-8300
Secretary	Dottie Ganter 937-898-7286

DATED MATERIAL: DO NOT DELAY

--MEMBERSHIP--

Age 55 or older

Younger Spouses are welcome!

The 2024 fees for members are:

Vandalia Residents \$15 single - \$25 dual

Non Resident \$20 single - \$35 dual

A resident is defined as someone who pays
City of Vandalia property taxes.

Membership for anyone over 90 is free but
you must notify the office to continue to get the newsletter.
Your annual membership fees help offset some of
the costs of programming and support for the Senior Center.

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