

Vandalia Senior Center

November, 2024 Volume 12 Issue 11



It's time to start signing up for trips for 2025. For the three Diamond Tours trips, write a \$100 deposit check to Diamond Tours. Also fill out the slip of paper at the bottom of page 12 or get the form at the Senior Center. Drop it in box #4 in the hallway by the office or mail it to the Senior Center. Write travel on the envelope. Turn to page 12 for information about Prime Tours.

April 28 to May 3 Virginia Beach, Colonial Williamsburg, & Historic Norfolk: \$889

Walk the Virginia Beach Boardwalk. Take a guided tour of Colonial Williamsburg. Visit the Mariner's Museum and Park. Board the Nauticus & Battleship Wisconsin on the waterfront then see the Hampton Roads Naval Museum. Take a narrated cruise around Norfolk Naval Base Harbor. Enjoy the Virginia Beach Aquarium & Marine Science Center.

June 9 to 13 Niagara Falls & Toronto: \$865

****You need your passport for this one.** Go on a guided tour of the Niagara Falls area including the Welland Shipping Canal and Queen Victoria Park with the largest Floral Clocks. Take a guided tour of Toronto, Ontario, including the castle estate, Casa Loma. Take a cruise near the Horseshoe Falls then tour the historic town, Niagara-on-the-Lake.

October 5 to 11 Cape Cod, Martha's Vineyard, & Plymouth: \$989

Enjoy Cape Cod. Take a tour of Hyannis, Sandwich, and the JFK Museum. Go by ferry to Martha's Vineyard. Take a guided tour of the Outer Cape then on to Provincetown and end up in Chatham to enjoy the Atlantic Ocean. Finally visit Plymouth and "Plymouth Rock".

Come Celebrate the Holiday with Your Friends on Friday, December 6, at 6:00 p.m.

Sign up to enjoy a catered dinner by Lyons Catering at 6:00 p.m. then be entertained with holiday music performed by the bell choir from the Vandalia United Methodist Church. In the hallway by the office, go to box #3. Follow the directions to pay \$16 and sign your name to the list showing that you paid. Sponsored by The Silver Activity Committee. Deadline: November 25

MENU

Roast Turkey	Dressing
Mashed Potatoes & Gravy	Green Beans
Fruit Salad	Rolls & Butter
Pumpkin Pie or Apple Pie	



Lunch & Learn

Stonespring Sponsors the Veterans' Lunch on Monday, November 4, at Noon

Sarah Mather from Stonespring will order your food. If you are a veteran, spouse or widow of a veteran, please sign up for this lunch. If you are the parent, grandparent, or sibling of a veteran, please sign up for this lunch. If you have a family who is active duty or a veteran that is available, please sign up that person to come also. Jay Cavendish will be portraying George Hewes who was a participant in the Boston Tea Party. He will tell the story of this defiant act against England which eventually led to the citizens declaring their independence and creating the American militia to fight for their cause. Limit: 75



Stillwater Skilled Nursing Lunch & Learn on Tuesday, November 5, at Noon



Shonica Bowermeister from Stillwater Skilled Nursing will bring your food. George Lovett, an elder attorney from Lovett & House, will discuss advanced directives. His topics will include wills, power of attorney, guardianships, trusts, Medicare planning, and retirement home planning. Anyone who attends this lunch, can receive a free healthcare power of attorney and a living will. You can also schedule a free consultation at a later time. Limit: 75

Cypress Pointe Lunch & Learn on Friday, November 8, at Noon

Jessica Ward from Cypress Pointe will bring food from their kitchen. Jessica will try to help you understand those living with Alzheimer's or Dementia. She will teach you ways to have a positive approach to those living with these conditions. Certificates will be given at the end of the education. Limit: 70



SpringMeade Lunch & Learn on Tuesday, November 12, at Noon

Robin Shafer from SpringMeade will order pizza for you. Noah Back is a musician who has been performing since the age of 12. He likes to sing what you want to hear. His repertoire includes songs from the 20s to the present. Noah enjoys singing ballads, folk music, country, pop, rock 'n roll, gospel, and more. Come enjoy the wonderful singing of Noah Back. Limit: 75



Lunch & Learn

Seniors Helping Seniors Lunch & Learn on Thursday, November 14, at 11:00 A.M.

Andrew Spatt from Seniors Helping Seniors will bring your lunch. Andrew will present "End of Life Discussions: How to Talk About What Matters Most." His focus will be on practical advice for having meaningful and compassionate conversations concerning a loved one's last days. Limit: 75

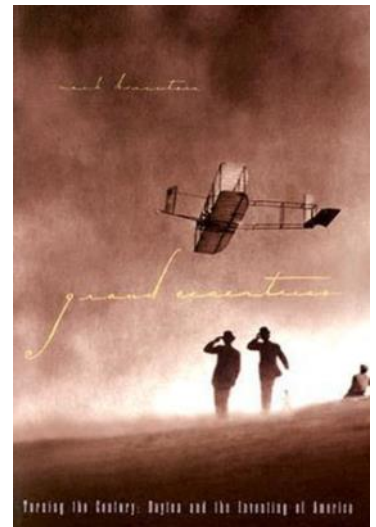


Hearth & Home Lunch & Learn on Mon., Nov. 18, at Noon

Rose Siddle from Hearth & Home of Vandalia will bring lunch from their kitchen. The King's English is returning to make the dining room shake, rattle, and roll. Get ready to clap your hands and sing along with the fun songs from the 1950s and 1960s. Limit: 100

Laurels of Huber Heights Lunch & Learn on Tuesday, November 19, at Noon

Jackie Dalton from the Laurels of Huber Heights will bring your lunch. Paula Shoemaker, a volunteer for Woodland Cemetery, will give a presentation that follows the book, *The Grand Eccentrics: Turning the Century: Dayton and the Inventing of America* by Mark Bernstein. It celebrates the drive and passions of Dayton's most unique and eccentric citizens. It highlights the lives of John H. Patterson, Charles F. Kettering, Gov. James M. Cox, and Orville and Wilbur Wright, all of whom are resting peacefully at Woodland Cemetery. Limit: 75



Oasis Senior Advisors and Golden Hearts Lunch & Learn on Friday, November 22, at Noon

Tina Timmons from Oasis Senior Advisors and Michelle Teska from Golden Hearts will provide your lunch. Preparing for our future care isn't always easy. Michelle with Golden Hearts Senior Care and Tina Timmons with Oasis Senior Advisors will be providing valuable information on planning for what lies ahead. Strategies to remain at home as long as possible and understanding the options in the community if we cannot safely stay. They are experts in their fields and want to share their resources and knowledge with you. Limit: 25



Information

Renew Your Membership by January 31, 2025!

Your membership can be renewed September through January. You can write a check to the City of Vandalia and mail it to the Vandalia Senior Center at 21 Tionda Drive South, Vandalia, 45377. For Vandalia residents, it is \$15 or \$25 for couples. Outside Vandalia, the cost is \$20 or \$35 for couples. If your address or phone number has changed, please send in the new information. You can also come in to renew, using cash, check, or a credit card.

Born in 1935: You are turning 90 in 2025. Your membership is free!

Contact the office to continue to get your newsletter.

90+ and Lifetime Members: Contact the office to continue to get your newsletter.



Let's Eat Out on the Second Tuesday of the Month

Sign up to eat out at Olive Garden on Tuesday, November 12, at 5:00 p.m. It is located at 6722 Miller Lane in Butler Township.

Directions: From the Senior Center, turn left onto Dixie. Go through the Little York intersection. At the light by McDonalds, turn left onto York Commons Blvd. Continue to the light on Miller Lane. Straight ahead is Olive Garden.



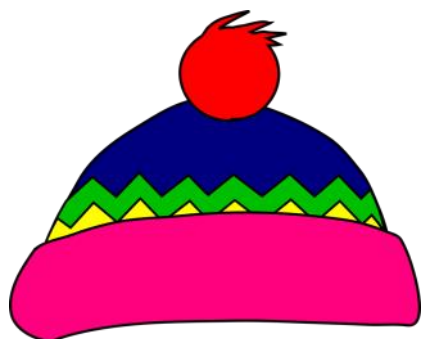
Christmas Bingo on Monday, November 11, at 1:00 p.m.

This will be bigger than the Fall Bingo. There is an entire cabinet full of donations. Toni Williams will be calling this bingo. Treats will be provided by Misty Reffitt with The Ridge at Beaver Creek.



Winter Donations Needed Again This Year

The Springfield soup kitchen has over 300 homeless people of all ages that they feed. They asked us to collect donations again. Bring in new or gently used, clean winter coats, winter jackets, winter scarves, hats, gloves, socks, outer clothing for infants, blankets, sleeping bags, and socks. Please do not bring in regular clothing. There are boxes in the back of the dining room for your donations. The collection will end on January 31.



Art

FREE Holiday Mason Jar Candle Class on Monday, November 4, at 1:45 p.m.

Courtney Peck from Randall Residence of Tipp City will bring the supplies to make this beautiful, holiday Mason Jar candle.
Limit: 12



FREE Class on Wed., Nov. 6, at 1:00 p.m.

Candy Jones will show you how to make a purse gift bag. The bag will be 5"x 6" which is perfect for holiday treats or small gift. Kits will be provided with a variety of holiday paper patterns and accessories. You will be using glue, scissors, and a piercing tool to attach the straps on the purse Limit: 12

Essential Oils Class on Tuesday, November 12, at 1:45 p.m.

Christine Jordan from Red Lotus Essential Oils will help you make a honey lavender foot bath. This makes a great gift also. Christine will discuss other Aromatherapy gift ideas. Cost: \$6 Limit: 15



FREE Card Making Class on Wednesday, November 13, at 1:00 p.m.



Toni Williams will have a large amount of blank cards, papers, stickers, and more available to use with the equipment at the center. During the two-hour time period you can use your ideas to create two Christmas cards. Limit: 12

Decoupage Christmas Balls on Thurs., November 14, at 1:00 p.m.

Debbie Millhouse will take you through the steps to decoupage a pretty and unique decoupage Christmas ornament.
Cost: \$3 Limit: 12



Ceramics Class on Friday, November 22, at 1:30 p.m.

Mindy Shockey will help you paint a very cute reindeer gnome. You are using her paints, brushes, and materials.
Cost: \$8 Limit: 15

Movies

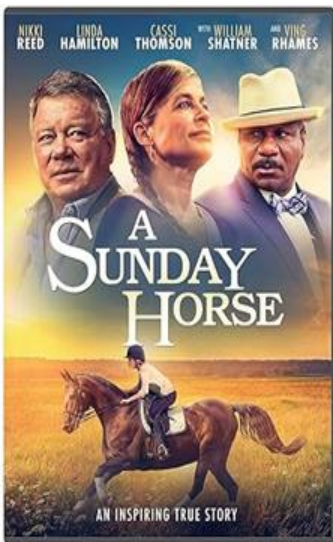
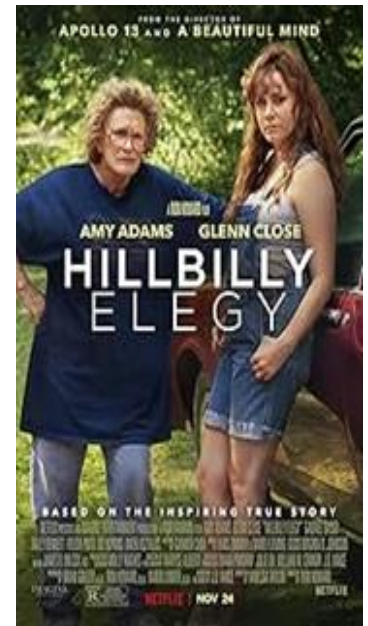
Remember to sign up for each movie so we have the correct amount of snacks and treats.

Movie on the First Friday, November 1, at 1:00 p.m.

Snacks by Antoinette Adams from Siena Woods

The movie, *Hillbilly Elogy*, is a true story directed by Ron Howard. It has many similarities to the story of my in-laws and probably people that you know. A young couple took a chance by moving to Middletown, Ohio, from Kentucky to find jobs and make a better life but the ties to the relatives still in Kentucky are strong. This story is a little rougher around the edges that I normally show but it has a good message. I had been planning to show this for a long time and I didn't know who J. D. Vance was until this year. I waited until many of you have already voted to show this so it wouldn't be political. This is the story of J. D. Vance from childhood to law school.

R drama / comedy 1 hr. 56 min



Movie on the Third Fri., November 15, at 1:00 p.m.

Snacks by Mandy Walter of Momentus Health

The movie, *A Sunday Horse*, is inspired by the true story of the talented, driven horse rider Debi Walden. She defies the odds, first, by becoming a top competitor in a field reserved for the wealthy, and then by surviving a near-fatal riding accident. Supported only by the loyalty of her sponsor, she forces herself through painful rehab. Fueled by courage, Debi triumphs on a horse once slated for slaughter.

PG Drama / Family / Sport 1 hr. 48 min.

A Message of Thanks to the Members

I am thankful that you are friendly and helpful to the 382 new members that joined in the last 2 years. It makes people want to return. I am thankful to see many new friendships created. We all need more friends. I am thankful that you are a quiet and attentive audience during presentations. I am thankful to hear so many of you thank our sponsors and presenters. It is easier to get them to come back when they know they are appreciated. I am thankful that so many of you donate items for the kitchen and more to help keep the center running. Thank-you for making the center more of a community than just a center.



MON	TUES	WED	THUR	FRI
				1 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00
4 Exercise 10:00 Veteran's Lunch 12:00 Hand & Foot 12:30 Holiday Mason Jar Candle Class 1:45	5 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 BP & Sugar Check 11-12 Lunch & Learn 12:00 Hand & Foot 1:40 Book Club 1:40 Bingo 1:45	6 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Euchre 1:00 Gift Bag Class 1:00	7 Tech Talk 11:00 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00 Bingo 1:00	8 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Lunch & Learn 12:00 Poker 1:00 Bingo 1:45
11 Exercise 10:00 Hand & Foot 12:30 Christmas Bingo 1:00	12 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Essential Oils 1:45 Let's Eat Out 5:00	13 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Euchre 1:00 Christmas Cards 1:00	14 Lunch & Learn 11:00 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00 Decoupage Balls 1:00	15 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00
18 Exercise 10:00 Lunch & Learn 12:00 Hand & Foot 12:30 Bingo 1:45	19 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 BP & Sugar Check 11-12 Lunch & Learn 12:00 Hand & Foot 1:40 Bingo 1:45	20 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Euchre 1:00 Birthdays 1:00 Bingo 1:30	21 Tech Talk 11:00 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00	22 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Lunch & Learn 12:00 Poker 1:00 Ceramics 1:30
25 Exercise 10:00 Hand & Foot 12:30	26 Super Sewers 9:00 Bridge 9:45 Hand & Foot 1:40	27 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Euchre 1:00	28 CLOSED for THANKSGIVING 	29 CLOSED for THANKSGIVING 

Exercise & Information

NEW BOOKS at the Vandalia Library

The Royals Upstairs by Karina Halle

The Love Elixir of Augusta Stern by Lynda Cohen Loigman *Ezra*

The First Date Prophecy by Kate Tamberelli

A Reason To See You Again by Jami Attenberg

Never Say Never by Danielle Steel

NEW MOVIES at the Vandalia Library

Furiosa: A Mad Max Saga

Kingdom of the Planet of the Apes

Horizon: An American Saga

Reacher Season 2

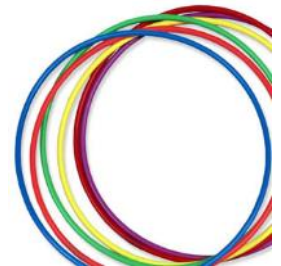


FREE Golden Qi Class on Tuesdays at 10:00 to 10:45 a.m.

Vevia Enix will teach Golden Qi which is a seated form of Tai Chi. This exercise improves balance, reduces joint pain, increases calmness, improves reasoning abilities, helps your memory, and improves the quality of your life. This class can be taken by anyone.

FREE Hula Hoop Class on Wednesdays at 9:30 to 10:30 a.m.

Come and see how hula hooping can improve your health, your spine, your balance, and cardiovascular system. It can lower blood pressure, reduce stress, and cholesterol levels. These hoops are what the pros use in the gyms and rehab centers. If you want to try out hula hooping, call before coming so the group can bring in extra hula hoops.



FREE Exercise Class on Mondays, Wednesdays, and Fridays

This is a chair exercise class that is often led by Bill Kistner or other members in the group. Robin Kent with Brookhaven will be leading the class on some of the Wednesdays right after the hula hoop class. The group might use the weights and exercise bands that are here at the center. Be prepared for a few jokes thrown out in between the exercises.

Mondays 10:00 to 10:45 a.m. **NEWLY ADDED**

Wednesdays 11:00 to 11:45 a.m. after hula hoops

Fridays 10:00 to 10:45 a.m.

Tech Talk on the First & Third Thurs., Nov. 7, at 11:00 a.m. to Noon

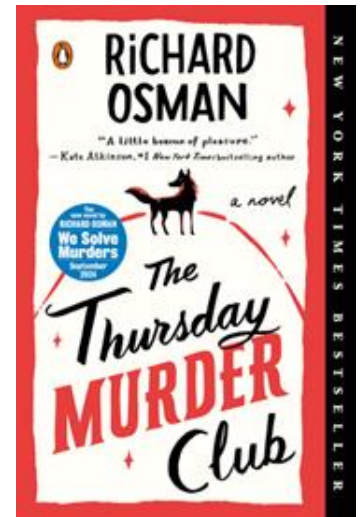
Tom Underwood from the Vandalia Public Library will answer questions about your phone, tablet, and other devices only on the first Thursday this month. Sign up to come to Tech Thursday and Tom will do his best to find the answers for you. It'll be first come, first served but feel free to stay - you may learn something new! Please sign up.



Information

Vandalia Senior Center Book Club

The Book Club will meet on Tuesday, November 5, at 1:40 p.m. to discuss the book, *The Thursday Murder Club* by Richard Osman. In a peaceful retirement village, four unlikely friends meet weekly in the Jigsaw Room to discuss unsolved crimes; together they call themselves the Thursday Murder Club. When a local developer is found dead with a mysterious photograph left next to the body, the Thursday Murder Club suddenly find themselves in the middle of their first live case. As the bodies begin to pile up, can our unorthodox but brilliant gang catch the killer, before it's too late?



Public Health
Prevent. Promote. Protect.
Dayton & Montgomery County

The Nurses Want to Check Out Your Numbers

Nurses will be here on the first and third Tuesdays every month from 11:00 a.m. to 12:00 p.m. to check your blood pressure and blood sugar numbers. They will be sitting by the fountains in the dining room. Nurses from Montgomery County Public Health will be here on November 5. Nurses from Premier Health will be here on November 19.



Premier Health

Office Closed and Building Closed

Toni Williams will be gone from November 25 to 27 so the office will be closed. The building will be closed on November 28 and 29 for the Thanksgiving Holiday. The building will reopen at noon on December 2.



Answers to page 12

- | | | | | |
|-----------------|--------------|-------------------|-------------|--------------|
| 1. bush | 2. bonnet | 3. dollar | 4. bat | 5. barrel |
| 6. bushy-tailed | 7. cucumber | 8. crop | 9. doornail | 10. dumps |
| 11. famine | 12. between | 13. forget | 14. fire | 15. goat |
| 16. ghost | 17. gold | 18. heels | 19. haw | 20. hay |
| 21. joy | 22. luxury | 23. land | 24. lump it | 25. live |
| 26. leap | 27. molehill | 28. madness | 29. merrier | 30. never |
| 31. piper | 32. pod | 33. pound foolish | 34. punch | 35. perfect |
| 36. quantity | 37. riches | 38. rain | 39. road | 40. sorry |
| 41. ship out | 42. supper | 43. surely | 44. stones | 45. spice |
| 46. tango | 47. teapot | 48. thieves | 49. thin | 50. want not |
| 51. welcome | 52. whistle | 53. a way | 54. wise | |

Information

Bridge Hosts

Tuesday bridge at 9:45 a.m. is hosted by Linda Wright.

937-898-6025

Wednesday bridge at 12:15 p.m. is hosted by Judy Laughter.

937-677-3267

Thursday bridge at 12:00 p.m. is hosted by Jim Danks.

937-667-3780



Bingo and Other Games

1. Taylor Ries from Troy Rehab will call bingo on Tuesday, November 5, at 1:45 p.m. Limit: 48
2. Tambi Spirk from Brookdale will bring lunch and call bingo on Thursday, November 7, at 1:00 p.m. Limit: 48
3. Mark Maudlin from Maudlin Senior Care Solutions will call bingo on Friday, November 8, at 1:45 p.m. Limit: 48
4. Toni Williams will call Christmas Bingo on Monday, November 11, at 1:00 p.m.
5. Abigail Hughes from Englewood Health & Rehab will call bingo on Monday, November 18, at 1:45 p.m. Limit: 48
6. Shonica Bowermeister from Stillwater Skilled Nursing will call bingo on Tuesday, November 19, at 1:45 p.m. Limit: 48
7. Courtney Peck from Randall Residence of Tipp City will call bingo on Wednesday, November 20, at 1:30 p.m. Limit: 48



Celebrate November Birthdays on Wed., Nov. 20, at 1:00 p.m.

Koester Pavilion will provide the birthday cakes. Please sign up if you have a birthday. We will take a group photo then everyone will sing "Happy Birthday". Everyone gets a piece of cake but the birthday people get theirs first!



Donations

*****Please give ALL donations to Toni.** Some items can be used by the center.

Leave in the Office: Drinks both regular and diet, 12 to 18 oz. drink cups, seasonal napkins, non-refrigerated individual creamers, art supplies, greenery, new greeting cards, and items for the free tables.

Boxes in the hallway under the coat rack and by the white board:

pop tabs, used greeting cards, cell phones, glasses, cancelled stamps, food for the Vandalia Food Pantry barrel and for Cares4Kids box.

Card Room/Library: Leave books and puzzles on the fireplace for the librarian to put away.



Alliterations

Alliterations are phrases where many of the words start with the same letter. I think you know most of these so I am not giving a word list. Check your answers on page 9.

1. beat around the _____
3. bet your bottom _____
5. bottom of the _____
7. cool as a _____
9. dead as a _____
11. feast or _____
13. forgive and _____
15. get your _____
17. all that glitters is not _____
19. hem and _____
21. jump for _____
23. law of the _____
25. live and let _____
27. make a mountain out of a _____
29. the more the _____
31. pay the _____
33. penny wise and _____
35. practice makes _____
37. rags to _____
39. where the rubber meets the _____
41. shape up or _____
43. slowly but _____
45. sugar and _____
47. tempest in a _____
49. through thick and _____
51. wear out your _____
53. where there's a will there's _____

2. a bee in your _____
4. blind as a _____
6. bright-eyed and _____
8. cream of the _____
10. down in the _____
12. few and far _____
14. from the frying pan into the _____
16. give up the _____
18. fall head over _____
20. hit the _____
22. the lap of _____
24. like it or _____
26. look before you _____
28. method to the _____
30. now or _____
32. peas in a _____
34. pleased as _____
36. quality over _____
38. right as _____
40. better safe than _____
42. sing for your _____
44. sticks and _____
46. it takes two to _____
48. thick as _____
50. waste not, _____
52. wet your _____
54. word to the _____



Thankfulness causes gratitude to overflow and everyday blessings to be known.

Travel

Prime Tours: Prime Tours is still working on their 2015 trips. Read below for the information that we have for now. As soon as the flyers come out, they will be put in the holders at the center and posted on the website at <https://vandaliaohio.org/503/Travel>. When you sign up for a trip, be sure to write your \$100 deposit check to Prime Tours and fill out the two pages of information attached to the trip page.

May 6: Mystery day trip

July 8 to 10: Frankenmuth, Michigan with other stops

September 15 to 18: Pennsylvania Dutch Country & more

December 8 to 11: Smokie Mountain Christmas including visiting the Biltmore Estate

2025: Grand American Tours: Call Amy at 1-800-423-0247

January 11-20 Labadee/US Virgin Islands/Antigua: \$2,773 to \$3,277 depending on cabin Deposit \$550 per person Need passport

Aug. 27-Sept. 6 Alaska Cruise, Land & Rail: \$4,711 to \$5,841 depending on cabin for dbl \$350 pp deposit Need passport.

Flyers are in the holder by the card room door. Information is on the travel bulletin board and on the senior center web page at <https://vandaliaohio.org/503/Travel>. You can mail your check to the Vandalia Senior Center or drop it in box #4 in the hallway by the kitchen or give it to Bob Reed in person. You also need to fill out the form at the bottom of this page and include it with your payment. You need to fill out the additional information form for Prime Tours that is attached to the trip sheet.

Bob Reed's Office Hours: Tuesdays only 9 a.m. to Noon
Or call Bob at 937-313-9692 and leave a voicemail.



Please only call Monday through Friday from 9 a.m. to 4 p.m.

Name: _____ Name of Roommate: _____

Cell phone: _____ Email: _____

Trip Destination: _____

Emergency contact—Name: _____ Phone number: _____

*****FOR DIAMOND TOURS ONLY*****

Please Support our Generous Sponsors!!

A CONSULTATION is Waiting for You!

3 Facts to Know:

1. Medicaid pays for long-term care only once your assets have been nearly depleted.
2. Medicaid Planning helps you qualify for financial aid sooner — preserving your assets for your family.
3. Planning can help you receive care in a place of your choice — *even in your home*.

Lovett & House has helped *thousands* of Ohio families with Medicaid planning in many counties. Attorney George Lovett is a “certified expert in estate planning, trusts, and probate law” by the Ohio State Bar Association.

www.lovettlawoffice.com

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WHAT MAKES US DIFFERENT?

We love Vandalia! We understand community is everything. Since 1976 we have tried to support our seniors with top notch service and sales

CONTACT US

1020 West National Rd

(937) 898-5841

Ford Blue Advantage
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- ✓ 1-Year, 12,000-Mile Limited Comprehensive Warranty
- ✓ Financing as low as 1.9% APR
- ✓ 172-Point Inspection Vehicle History Report



**Vandalia
Recreation
Center**



39th Annual Turkey Shoot

Saturday, November 9, 10:00am

Two member teams (one adult and one child from the same family) shoot free throws to earn points for a chance to win a gift certificate for their Thanksgiving feast! The event will begin promptly at 10:00am!

Activity Number: 390012-00

Age Groups: 4 & Under, 5 & 6, 7 & 8, 9 & 10, 11 & 12, 13 & Older

Fee: \$5 Resident/VRC Member Team; \$7 Non-Resident Team

Location: Vandalia Recreation Center Gymnasium

Deadline: Pre-registration encouraged, walk-ins will be accepted.

Questions? Contact Alicia McCracken at amccracken@vandaliaohio.org



Vandalia Recreation Center

Soup Season w/ Eat Pretty Darling– Tuesday, November 12– 6pm–7:30pm

Dive into the cozy flavors of fall with this class focused on preparing hearty and comforting soups. Participants will learn how to make seasonal favorites perfect for warming up chilly autumn evenings.

Ages: 18 years old and older

Fee: \$30 per person

Location: Vandalia Senior Center

Registration Deadline: You must be registered for this program by Saturday, November 9.

Walk-ins will not be accepted.



Winter Gnome Workshop w/ Crafted & Charmed– Thursday, November 14– 6pm-8pm

Welcome the winter season by crafting your own macrame gnome wall hanger and a corresponding gnome plant charm. This is a beginners macrame class, no experience needed. All supplies included - various color yarns and winter themed charms. Wall hanger is approx. 12 x 18 inches. Plant charm is approximately 12 inches tall.

Ages: 18 years old and older

Fee: \$38 per person

Location: Vandalia Recreation Center– Special Events Room

Registration Deadline: You must be registered for this program by Monday, November 11. **Walk-ins** will not be accepted.



Vandalia Pumpkin Smash – Saturday, November 9, from 11am–1:30pm

Prepare for a smashing good time at our Pumpkin Smash! Bid a gleeful farewell to your Halloween pumpkins in the most spectacular way possible. Grab your gourds and join us for a day of pumpkin-smashing mayhem. From gravity-defying drops to pumpkin bowling, it's a carnival of orange explosions and satisfying splatter. Unleash your inner pumpkin demolition expert and turn ordinary pumpkins into extraordinary memories. Let the smashing commence – it's the ultimate pumpkin farewell party! All pumpkin debris will be composted after the event. All ages welcome!

Fee: FREE to attend

Location– Vandalia Sports Complex

To register and for information about activities and classes offered above visit vandaliareccenter.com or stop into the Vandalia Rec Center Front Desk!



VANDALIA SENIOR CENTER

21 Tionda Drive South
Vandalia, Ohio 45377

Open; Monday through Friday
9:00 a.m. to 4:00 p.m.
Coordinator: Toni Williams

twilliams@vandaliaohio.org
Phone: 937-898-1232
Fax: 937-665-0796
[https://vandaliaohio.org/341/
Senior-Center](https://vandaliaohio.org/341/Senior-Center)

Vandalia Senior Club

2024 Committee:

President	Cathy Nortman 985-201-6747
Vice President	Iris Siebert 937-454-1583
Treasure	Kay Lowe 937-409-8300
Secretary	Dottie Ganter 937-898-7286

DATED MATERIAL: DO NOT DELAY

--MEMBERSHIP--

Age 55 or older

Younger Spouses are welcome!

The 2024 fees for members are:

Vandalia Residents \$15 single - \$25 dual

Non Resident \$20 single - \$35 dual

A resident is defined as someone who pays
City of Vandalia property taxes.

Membership for anyone over 90 is free but
you must notify the office to continue to get the newsletter.
Your annual membership fees help offset some of
the costs of programming and support for the Senior Center.

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