

Vandalia Senior Center

February, 2025 Volume 13 Issue 2

Vandalia^{ohio}
small city. big opportunity.



Did you remember? If not, hurry and renew!

Renew Your Membership by January 31, 2025!

Your membership can be renewed September through January. You can write a check to the City of Vandalia and mail it to the Vandalia Senior Center at 21 Tionda Drive South, Vandalia, 45377. For Vandalia residents, it is \$15 or \$25 for couples. Outside Vandalia, the cost is \$20 or \$35 for couples. If your address or phone number has changed, please send in the new information. You can also come in to renew, using cash, check, or a credit card.

Born in 1935: You are turning 90 in 2025. Your membership is free!

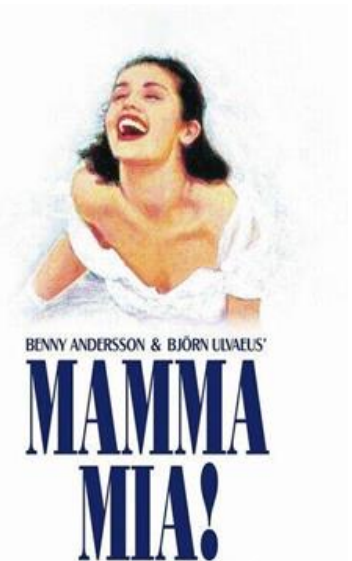
Contact the office to continue to get your newsletter.

90+ and Lifetime Members: Contact the office to continue to get your newsletter.

You Are Invited: Dinner and a Musical on Friday, March 7, at 6:00 p.m.

The Vandalia-Butler High School is again inviting you to join them for a free pasta dinner on March 7, at 6:00 p.m. followed by the Mamma Mia! musical at 7:00 p.m. It is the story of one mother and one daughter and three possible dads. Come follow the story of the trip down the aisle. You may have seen Meryl Streep in the movie. Now come see how the fantastic vocalists at the high school can impress you with this musical. Deadline: February 28

Directions: From the Senior Center, turn left onto S. Dixie Dr. Go past the library and the high school. At the next intersection, turn left onto Alkaline Springs Rd. Park in the front and go through the main entrance. You will be directed where to go for the dinner.



800

Congratulations on 800

In February, 2019, we hit 800 members. Then Covid arrived in 2020 and of course, our membership shrank. We have been coming back strong with 192 new members in 2023 and another 205 new members in 2024. Our membership went over

800 in the middle of December. So many new members have remarked about how friendly the members are and how many people stop to talk to them.

Lunch & Learn

Medicare Resource Lunch & Learn on Tuesday, February 4, at Noon

Paul Fulghum will provide your lunch. Paul will tell you different ways to save money when you have to purchase prescription drugs. Limit: 75



Hearth & Home Lunch & Learn on Tuesday, February 10, at Noon

Rose Siddle from Hearth & Home will send your lunch from their kitchen. Brian Brenner and his wife will be here to get you in the mood for Valentine's Day. They will sing a variety of songs including some romantic melodies. Limit: 100



Springmeade Lunch & Learn on Tuesday, February 11, at Noon

Robin Shafer will have pizza delivered. When most people want to give something to someone for Valentine's Day, what do they usually get? A card, some flowers, and ___? Well Donna Keaser knows! She works at the Esther Price store in Clayton. This is a very busy week for them. Donna will be giving a talk about the history of the Esther Price candy and how it is produced. There will a short DVD to watch. You will also receive a few pieces of candy to enjoy. Limit: 75

Stonespring Lunch & Learn on **Thursday**, February 13, at **11:00 A.M.**

Sarah Mather from Stonespring usually has Chick-Fil-A delivered for your lunch. Angie Hoschouer Bergius who previously worked for Woodland has been doing talks here for more than a decade. In honor of President's Day, Angie will present "President's Club Citizen Legion of Honor Award". Since 1951, the President's Club has recognized individuals who have given themselves fully to the betterment of the Dayton region through the Citizen Legion of Honor Award. This program takes a contemporary look at the men and women leaders in the 20th century including, Stanley C. Allyn, Edward L. Kohnle, Carl A. Copp, Louis F. Wozar, Herman F. Lehman, and Virginia W. Kettering. Limit: 75



Lunch & Learn

**Ohio's Hospice Lunch & Learn on Friday,
February 14, at Noon**

Denise Moore and Jamie Brown from Ohio's Hospice will bring your lunch. Bobby D. and the Quartet are returning to help you celebrate Valentine's Day with music. The band has a guitar player, bass guitar, saxophone, drums, and sometimes a harmonica. There are several vocalists in the band. Come enjoy a lively time with this impressive band. We will collect tips at the end to help them with their expenses. Limit: 75



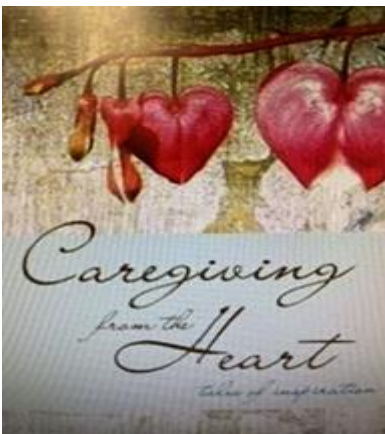
Laurels of Huber Heights Lunch & Learn on Tuesday, February 18, at Noon



Jackie Dalton from the Laurels of Huber Heights will bring your lunch. You are at the grocery or in a park and suddenly, you hear pow, pow, pow. You can't believe it. You don't have time to think, you need to react. Rich Sommer from the Vandalia Police Department will present "Run, Hide, Fight" so that you know what to do if you are in a situation with an active shooter. He will give you a plan to follow. Limit: 75

Affinity Hospice Lunch & Learn on Tuesday, February 25, at Noon

Tyler Vassar from Affinity Hospice will provide your lunch. Bart Kincaid is the I.T. Director for the Montgomery County Sheriff's Office. He will present "Cyber Security". You will learn the current trends as it relates to identity theft, computer security, credit safety, and protection. He will talk about overall safety and awareness as it relates to technology. This presentation is to make you aware of the advancement of the use of technology in our day to day lives. Limit: 75



Senior Helping Seniors Lunch & Learn on Thursday, February 27,
at 11:00 A.M.

Andrew Spatt from Seniors Helping Seniors will bring your lunch. Andrew will present "Caregiving: What You Need to Know to be Successful." You will learn more about what help is available for you and other resources which can contribute to a successful caregiving journey. Limit: 75

Information



RIO Lunch & Learn on Thursday, February 20, at 11:00 A. M.

Jerry Shields from RIO (The Rehabilitation Institute of Ohio) will provide your lunch. Jerry Shields, COTA/L and is the Rehab Liaison from RIO. At the Rehabilitation Institute of Ohio, a joint venture between Premier Health and Encompass Health, they know that falls are the leading cause of fatal and nonfatal injuries to those 65 and older. This presentation will help you review your habits, your environment, and find tools to prevent falls from happening. Limit: 75



Memory Café on Monday, February 10, at 1:45 p.m.

Brittany Mikolajewski from the Vandalia Public Library is returning with another fun activity to promote socialization and to help you reminisce about your memories. Everyone is invited to attend the cafe but especially those experiencing some memory loss are welcome. It will last about an hour.



Let's Eat Out on the Second Tuesday of the Month

Sign up to eat out at Little York Tavern on Tuesday, February 11, at 5:00 p.m. It is located at 4120 Little York Rd. Directions: From the Senior Center, turn left onto S. Dixie Dr. Go over I-70. At the next light, turn left onto Little York Rd. At the second light, turn right onto Poe Ave. and turn right into the first parking lot.



Vandalia Senior Club

The Vandalia Senior Club had a brief business meeting just before the catered dinner on December 6. The current officers of the Senior Club agreed to continue in their positions. The members present at the meeting voted to have those officers continue. The officers are listed on the back of the newsletter.



February Movies

In honor of Valentine's Day, there are four movies in February that all have some relationships with some romance. Two are on Mondays, February 3 and February 24. The other two are on the first and third Friday, February 7 and 21. Turn to page 6 for the details about the movies. Be sure to sign up so there will be enough snacks.

Art

FREE: Flower Arrangement Class on Wed., February 5, at 1:00 p.m.

Jessica Ward from Cypress Pointe will bring fresh flowers and vases for you to create an arrangement for yourself or to give away. The flowers in the photo are not representative of the flowers you will have. Limit: 15



A Diamond Art Class on Friday, February 7, at 1:30 p.m.

Mindy Shockey will bring bookmarks, frames, and keychains to create with diamond art. It will be your choice which project to do. Mindy will take you through the simple process of decorating with "diamonds". Cost: \$5 Limit: 15

FREE: Flower Vase Class on Tues., Feb. 11, at 1:45 p.m.

Courtney Peck from Randall Residence of Tipp City will bring the supplies to decorate Mason jars. Then you will fill them with flowers. Limit: 12



An Essential Oils Class on Tues., February 18, at 1:45 p.m.

Christine Jordan with Red Lotus Essential Oils will help you make rose water and an essential oil body mist. Cost: \$6 Limit: 15



Ceramic Class on Friday, February 21, at 1:30 p.m.

Mindy Shockey, a member and a vendor, is bringing you three unique fairy houses to choose from. The tallest house is 12" H x 6 1/2" W. The teapot is 6 1/2" H x 8" W. The cottage is 8" H x 8 1/2" W. You will get a light with your house. This will be a two-day process. You will paint on February 21. Take your house home and return on March 21 to complete the painting. In April and May, there will be fairies, gnomes, and mushrooms to paint that can go with your house if you want. Cost: \$15 Limit: 15



Movies

Movie on Monday, February 3, at 1:00 p.m.

In the movie, *The Last Letter from your Lover*, an ambitious journalist finds a trove of secret love letters from 1965. She is determined to solve the mystery of the forbidden love affair. A pair of interwoven stories set in the past and in the present tell the story of two women who are both searching for something.

PG Romance / Drama 1 hr. 50 min.



Movie on Monday, February 24, at 1:00 p.m.

Snacks by Misty Reffitt from The Ridge of Beaver Creek

In the movie, *Letters from Juliet*, while visiting Italy, with her fiancé, Sophie visits a wall where the heartbroken leave notes to Shakespeare's tragic Juliet. Finding one such letter from 1957, Sophie decides to write to its now elderly author, Claire. Inspired by Sophie's actions, Claire sets out to find her long-lost lover.

PG Romance / Comedy 1 hr. 45 min.



Movie on the First Fri., Feb. 7, at 1:00 p.m.

Snacks by Taylor Ries from Troy Rehabilitation

In the movie, *It Ends With Us*, Lily Bloom dreams of owning a flower shop. She meets Ryan, a neurosurgeon, and they fall in love. As time goes on, she sees sides of Ryan that were also a problem in her parents' marriage. Lily has a chance meeting with her first love and it causes problems. She now has an impossible choice to make. PG Drama/Romance 2 hrs. 11 min.

Movie on the Third Friday, February 21, at 1:00 p.m.

Snacks by Cory Routson from Momentus Health

In the movie, *Begin Again*, Gretta and her partner head for New York when he lands a record deal. Gretta is left on her own when Dave gives in to the temptations from his newfound success. Things take a turn for the better for her when a disgraced record executive discovers Gretta performing in a club. A mutually life-changing bond forms between the pair as they work together on Gretta's first album.

R Comedy / Romance 1 hr. 44 min.



MON	TUES	WED	THUR	FRI
				
3 Exercise 10:00 Hand & Foot 12:30 Movie 1:00	4 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 BP & Sugar Check 11-12 Lunch & Learn 12:00 Hand & Foot 1:40 Book Club 1:40 Bingo 1:45	5 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Euchre 1:00 Flower Arrangement 1:00	6 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00 Bingo 1:00	7 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00 Diamond Art 1:30
10 Exercise 10:00 Lunch & Learn 12:00 Hand & Foot 12:30 Memory Café 1:45	11 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Flower Vase 1:45 Let's Eat Out 5:00	12 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Euchre 1:00	13 Lunch & Learn 11:00 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00	14 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Lunch & Learn 12:00 Poker 1:00 Bingo 1:45
17 Exercise 10:00 Hand & Foot 12:30	18 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 BP & Sugar Check 11-12 Lunch & Learn 12:00 Hand & Foot 1:40 Essential Oils 1:45	19 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Euchre 1:00	20 Lunch & Learn 11:00 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00	21 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00 Ceramics 1:30
24 Exercise 10:00 Hand & Foot 12:30 Movie 1:00	25 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40	26 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Euchre 1:00 Birthdays 1:00 Bingo 1:30	27 Lunch & Learn 11:00 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00	28 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00

Exercise & Information

NEW BOOKS at the Vandalia Library

State of Alert by Marie Force

The Gardener's Plot: A Mystery by Deborah Benoit

A Mind of Her Own by Danielle Steel

An Overdue Match by Sarah Monzon

Eddie Winston Is Looking For Love by Marianne Cronin *Piece by Piece*

NEW MOVIES at the Vandalia Library

Deadpool & Wolverine

Twisters

The Forge

Treasure

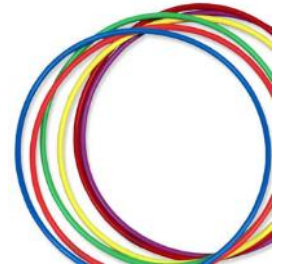


FREE Golden Qi Class on Tuesdays at 10:00 to 10:45 a.m.

Vevia Enix will teach Golden Qi which is a seated form of Tai Chi. This exercise improves balance, reduces joint pain, increases calmness, improves reasoning abilities, helps your memory, and improves the quality of your life. This class can be taken by anyone.

FREE Hula Hoop Class on Wednesdays at 9:30 to 10:30 a.m.

Come and see how hula hooping can improve your health, your spine, your balance, and cardiovascular system. It can lower blood pressure, reduce stress, and cholesterol levels. These hoops are what the pros use in the gyms and rehab centers. If you want to try out hula hooping, call before coming so the group can bring in extra hula hoops.



FREE Exercise Class on Mondays, Wednesdays, and Fridays

This is a chair exercise class that is often led by either Bill Kistner or Kathy Reedy or Roddy Keish. Robin Kent with Brookhaven will be leading the class on some of the Wednesdays right after the hula hoop class. The group might use the weights and exercise bands that are here at the center. Be prepared for a few jokes thrown out in between the exercises.

Mondays 10:00 to 10:45 a.m.

Wednesdays 11:00 to 11:45 a.m. after hula hoops

Fridays 10:00 to 10:45 a.m.

An Anniversary: TEN YEARS

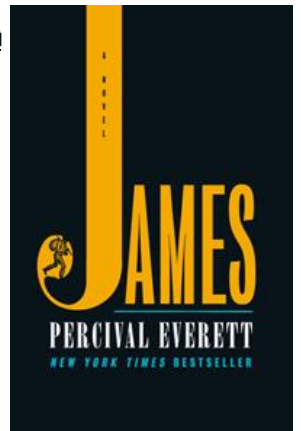
On Friday, January 23, 2015, Toni Williams walked into the Vandalia Senior Center for the first time as the coordinator. Angie Houschouer had just finished a history presentation. No, Toni doesn't know the answer to your next question. She only decides one year at a time if she will be here. She will be here for the year 2025.



Information

Vandalia Senior Center Book Club Meets on the First Tuesday Each Month

The book club will meet on Tuesday, February 4, at 1:45 p.m. to discuss the book, *James* by Percival Everett. The novel is a re-imagining of *The Adventures of Huckleberry Finn* by Mark Twain but told from the perspective of Huckleberry's friend on his travels, Jim, who is an escaped slave. Jim's escape parallels and overlap's Huck's journey.



The Nurses Want to Check Out Your Numbers

Nurses will be here on the first and third Tuesdays most months from 11:00 a.m. to 12:00 p.m. to check your blood pressure and blood sugar numbers. They will be sitting by the fountains in the dining room. Nurses from Montgomery County Public Health will be here on February 4. Rich Morrett from the Vandalia Fire Department will be here on February 18 to check your blood pressure.



Winter Closings Policy Reminder

If the Vandalia Schools are closed for weather, the Senior Center will be closed. If the schools are on a delay, the center is open. If the schools are on a delay in the evening, be sure to recheck the news in the morning because sometimes the schools change to being closed if the weather becomes worse. When schools are not in session and the weather becomes questionable, the City will determine whether or not the Senior Center will open and will put closing information on the Weather Hotline: **937-552-2200**. The Weather Hotline is only updated when cancellations have been made. We encourage you not to drive to the Senior Center when the weather conditions are not favorable.



Answers to the Valentine's Trivia on Page 11

1. L	2. R	3. S	4. FF	5. Z	6. AA	7. X	8. DD
9. E	10.T	11. W	12.I	13.EE	14.O	15.BB	16.V
17.U	18.CC	19.Q	20.P	21.D	22.N	23.C	24.M
25.B	26.H	27.G	28.F	29.A	30.J	31.K	

Information

Bridge Hosts

Tuesday bridge at 9:45 a.m. is hosted by Darilyn Whittemore. 937-776-4686

Wednesday bridge at 12:15 p.m. is hosted by Judy Laughter. 937-677-3267

Thursday bridge at 12:00 p.m. is hosted by John Whitley. 937-241-8456



Bingo and Other Games



1. Taylor Ries from Troy Rehab will call bingo on Tuesday, February 4, at 1:45 p.m. Limit: 48
2. Tambi Spirk from Brookdale will bring lunch and call bingo on Thursday, February 6, at 1:00 p.m. Limit: 48
3. Mark Maudlin from Maudlin Senior Care Solutions will call bingo on Friday, February 14, at 1:45 p.m. Limit: 48
4. Robin Eck from Englewood Health & Rehab will call bingo on Wednesday, February 26, at 1:30 p.m. Limit: 48

Celebrate February Birthdays on Wed., February 26, at 1:00 p.m.

Momentus Health will provide the birthday cakes. Please sign up if you have a birthday. We will take a group photo then everyone will sing "Happy Birthday". Everyone gets a piece of cake but the birthday people get theirs first!



Donations

*****Please give ALL donations to Toni.** Some items can be used by the center.

Leave in the Office: **Especially need:** *Diet Coke, *Coke, and *other drinks, *chips, *birthday napkins, and seasonal napkins, non-refrigerated individual creamers, art supplies, greenery, new greeting cards, and items for the free tables.

Boxes in the hallway under the coat rack and by the white board:

pop tabs, used greeting cards, cell phones, glasses, cancelled stamps, food for the Vandalia Food Pantry barrel and for Cares4Kids box.

On the Fireplace in the Card Room/Library: Leave books and puzzles on the fireplace for the librarian to put away.





Match the answer to the question. Check your answers on page 9.

- | | |
|---|------------------------|
| 1. What state produces the most roses? ____ | A. Hamlet |
| 2. What is the most popular way to say "Be Mine"? ____ | B. 1330 |
| 3. What fruit is also known as a "love apple"? ____ | C. 15% |
| 4. Who was the first TV couple to sleep in a bed together on TV? ____ | D. Females |
| 5. What card company is the top seller of Valentine's cards? ____ | E. Necco |
| 6. What percent of flowers are bought by men for Valentine's Day? ____ | F. 36 Million |
| 7. Who gets the most cards: girlfriends, wives, mothers, or teachers? ____ | G. Venus |
| 8. What state has a town named Valentine? ____ | H. 100 Million |
| 9. Conversation hearts were first made by what company? ____ | I. Cupid |
| 10. What color M & M is thought to be an aphrodisiac? ____ | J. Minnie |
| 11. True or False: Valentine's Day is the largest giving holiday. ____ | K. Telephone |
| 12. What is the winged child shooting love arrows called? ____ | L. California |
| 13. The name Valentine originated in what language? ____ | M. 3% |
| 14. An ancient Celtic tradition was to give a carved heart on what? ____ | N. 1 Billion |
| 15. In what year was Valentine's Day declared an official holiday? ____ | O. Wooden Spoon |
| 16. What country began the tradition of giving Valentines? ____ | P. \$75 |
| 17. What does the word Valentine stand for? ____ | Q. Romans |
| 18. Love messages were first sent on cards in what century? ____ | R. Candy |
| 19. Who first introduced Valentine's Day as a pagan ceremony? ____ | S. Tomato |
| 20. How much does the average American spend on Valentine's Day? ____ | T. Green |
| 21. Who buys 85% of all cards? Males or Females? ____ | U. Valor |
| 22. How many Valentine cards are bought each year? ____ | V. England |
| 23. What percent of women send themselves flowers for Valentine's? ____ | W. False |
| 24. What percent of pet owners give their pets a Valentine gift? ____ | X. Teachers |
| 25. How many different kinds of Valentine cards does Hallmark make? ____ | Z. Hallmark |
| 26. How many roses are sold on February 12, 13, and 14? ____ | AA. 65% |
| 27. Cupid was the son of what Roman God? ____ | BB. 1537 |
| 28. How many boxes of chocolate were sold in 2003 for Valentine's? ____ | CC. 17th Century |
| 29. In what Shakespeare play is St. Valentine's Day mentioned? ____ | DD. Nebraska |
| 30. Who is Mickey Mouse's Valentine? ____ | EE. Latin |
| 31. On February 14, 1876, Alexander Graham Bell applied for what patent? ____ | FF. Mike & Carol Brady |

Travel

We appreciate all the work that Bob and Kathy Reed do year round for the travel program. They are both just volunteers. Bob and Kathy are not compensated for their time and efforts.

For the Diamond Tours trips, write a \$100 deposit check to Diamond Tours. Also fill out the slip of paper at the bottom of the page or get the form at the Senior Center or on the website. Drop them in box #4 in the hallway by the office or mail it to the Senior Center.

April 28 to May 3: Virginia Beach, Colonial Williamsburg, & Historic Norfolk \$889 pp
\$1129 single

June 9 to 13: Niagara Falls & Toronto \$865 pp \$1035 single You need a passport.

October 5 to 11: Cape Cod, Martha's Vineyard, & Plymouth \$989 pp \$1218

For the Prime Tours trips, write a \$100 deposit check to Prime Tours. Also fill out the paper that comes with the flyer. You can pick it up at the center or go online. You can also register and pay by credit card online at GoPrimeTours.com.

May 6: Mystery day trip \$169; You need to pay in full for this trip.

July 8 to 10: Frankenmuth, Michigan with other stops \$689 pp \$809 for single

September 15 to 18: Pennsylvania Dutch Country & more TBA

December 8 to 11: Smokie Mountain Christmas including visiting the Biltmore Estate
\$1499 pp \$1689 single You can also do a hotel upgrade. See flyer.

Flyers are in the holder by the card room door. Information is on the travel bulletin board and on the senior center web page at <https://vandaliaohio.org/503/Travel>. You can mail your check to the Vandalia Senior Center or drop it in box #4 in the hallway by the kitchen or give it to Bob Reed in person. You also need to fill out the form for that company to include with your payment.



Bob Reed's Office Hours: Tuesdays only 9 a.m. to Noon
Or call Bob at 937-313-9692 and leave a voicemail.

Please only call Monday through Friday from 9 a.m. to 4 p.m.

Name: _____ Name of Roommate: _____

Cell phone: _____ Email: _____

Trip Destination: _____

Emergency contact—Name: _____ Phone number: _____

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- ✓ 172-Point Inspection Vehicle History Report



Vandalia
Recreation
Center

February Family Fun Night

Friday, February 23 | 5:30pm - 8:30pm

Take a break from the winter cold and come to the Vandalia Recreation Center for a night of family fun! Enjoy the Aquatic Center, Climbing Wall, inflatables, gym games, Luther's Jungle, Ricky's Tiny Tikes, arts & crafts and food.

Age: All ages welcome

Fees:

Vandalia Recreation Center Member Families: Free

Vandalia Resident Families & Vandalia-Butler School District

Families: \$20 per family (up to 5 people), \$3 per person after 5.

Notes: This event is for VRC members, Vandalia residents and Vandalia-Butler school district families only. Proof of residency required upon entry if you are not a VRC member. First come, first serve. This is a drop-in event so there is no need to pre-register.

Parks & Recreation

We would like to announce that Maecie Burkhardt is our new Recreation Coordinator-Athletics for the VPRD!

Maecie is excited to begin her career for Vandalia's Parks and Recreation Department after gaining valuable experience working at Ohio University's Recreation Center and with the club sports office while earning her undergraduate degree. Maecie is eager to apply her passion for recreation and her commitment to community engagement to Vandalia's Parks and Recreation Department. Outside of work, Maecie is an avid sports fan, coaches high school girls' soccer and softball, and is a frequent concert goer! Join us in welcoming Maecie to our department!



We would like to announce that Sara Moyer is our new Recreation Coordinator– Programs/Special Events for the VPRD!

Sara previously worked for the Washington Township Parks & Recreation Department and oversaw the summer camp program and other youth programs. She has worked in the field for over half a decade and is excited to continue her career for Vandalia's Parks and Recreation Department. Outside of work, she is a big Dayton Flyers fan, coaches competitive youth soccer, and is an avid pickleball player! Join us in welcoming Sara to our department!



The Division of Fire is pleased to announce the launching of a Hands-Only CPR Kiosk at our Rec Center. This community training device has been made possible by a partnership with the American Heart Association and Kettering Health. We are very excited to offer this resource to residents to be trained in quick, effective skills that could provide a greater chance of survival in a cardiac emergency.

Come check it out in the VRC lobby, the kiosk will be here through the end of February!



Scan the QR code to check out the current VPRD Program Guide full of wonderful recreation programs and events!



VANDALIA SENIOR CENTER

21 Tionda Drive South
Vandalia, Ohio 45377

Open; Monday through Friday
9:00 a.m. to 4:00 p.m.
Coordinator: Toni Williams

twilliams@vandaliaohio.org
Phone: 937-898-1232
Fax: 937-665-0796
[https://vandaliaohio.org/341/
Senior-Center](https://vandaliaohio.org/341/Senior-Center)

Vandalia Senior Club

2024 Committee:

President	Cathy Nortman 985-201-6747
Vice President	Iris Siebert 937-454-1583
Treasure	Kay Lowe 937-409-8300
Secretary	Dottie Ganter 937-898-7286

DATED MATERIAL: DO NOT DELAY

--MEMBERSHIP--

Age 55 or older

Younger Spouses are welcome!

The 2025 fees for members are:

Vandalia Residents \$15 single - \$25 dual

Non Resident \$20 single - \$35 dual

A resident is defined as someone who pays
City of Vandalia property taxes.

Membership for anyone over 90 is free but
you must notify the office to continue to get the newsletter.

Your annual membership fees help offset some of
the costs of programming and support for the Senior Center.

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