

Vandalia Senior Center

March, 2025 Volume 13 Issue 3

Vandalia^{ohio}
small city. big opportunity.

Spring Bingo on Monday, March 3, at 1:00 p.m.

Let's welcome the coming of spring with the annual spring bingo. There will be Easter and spring items along with purses, bags, jewelry, decorative items, and much more. Toni Williams will be calling this bingo.



Prime Tours Meet & Greet on Wednesday, March 5, at 2:00 p.m.

Come in, pick up a donut then meet some of the staff from Prime Tours in Columbus. They will show a short Powerpoint with photos and details about the trips they are offering this year to Frankenmuth, Michigan, Pennsylvania Dutch Country including Gettysburg, and a Smokie Mountain Christmas including the Biltmore. They can answer any questions you have. If you are interested in signing up for a trip, you can or wait until a later date. Please sign up so they have an idea of how many donuts to buy.



Come for a FREE Spring Fling Brunch on Saturday, March 22, at 10:00 a.m.



Sign up to come in and welcome spring with some delicious sweet treats, juice, tea, hot chocolate, and coffee. This is a meet and greet event to enjoy socializing with members you know and members you have yet to meet. Thanks to a donation by Sam's Club this will be a free event. The Silver Activity Committee (ie. Senior Club Committee) will talk about future events in 2025 and 2026. There needs to be a minimum of 25 members signed up to have the event. Deadline: March 15

Let's Try Something New: Scattergories on Thursday Afternoons

Sandi Pfennig likes to play Scattergories and she would like you to join her. It is a game where a dice is rolled to find a starting letter. Then you write a word with that letter for each category. Come learn how to play on Thursday, March 13, at 1:00 p.m. Meet in the dining room. The game will continue to be played every Thursday afternoon after this first gathering. A sign-up sheet will be on the bulletin board.



Lunch & Learn

Stillwater Lunch & Learn on Tuesday, March 4, at Noon

Shonica Bowermeister from Stillwater Skilled Nursing will order your lunch. Allen Nelson from Next Step Senior Transitions will present "Downsizing for Seniors". He will talk about how to handle your feelings about downsizing. Allen will give you tips and tricks for downsizing, packing, and relocating. Then he will talk about what to do with your stuff, including consignment shops, estate sales, trash removal, and donations. Allen will also share their home check service. Limit: 75



Hearth & Home Lunch & Learn on Tuesday, March 11, at Noon

Rose Siddle from Hearth & Home will send your lunch from their kitchen. You can wear your green for St. Patrick's Day a little early. Joseph Helffrich will be here to present his St. Patrick's Day show. Joseph plays multiple instruments, sings folk songs, and tells stories. A tip jar will be provided. Limit: 100

Brookhaven Lunch & Learn on **Thursday**, March 13, at **11:00 A.M.**

Christy Smith from Brookhaven will have Chef Brad prepare your meal. Mark Risley is a retired airline flight operations coordinator who has aviation weather certifications. He will present "The Thunderstorm" just before our spring season arrives. On Planet Earth at any one time, an average of 2,000 thunderstorm cells are active producing a total rate of lightning flashes of about 100 per second. One of the most powerful forces in nature, the thunderstorm is an atmospheric giant that seems to rise up on its hind legs and walk across the Earth. These storms water our lawns and gardens, prune our trees, clean our streets, and can kill indiscriminately. Limit: 75



Cypress Pointe Lunch & Learn on Friday, March 14, at Noon

Jessica Ward will bring food from the Cypress Pointe kitchen. Ed Searls is a volunteer with 4 Paws for Ability in Xenia. He will tell you about the mission of 4 Paws and how the dogs are trained to work with someone with a disability. Ed will also share all the different volunteer jobs that need to be filled for 4 Paws. He plans to bring several of the service dogs with him. Limit: 70

Lunch & Learn

Complete Solutions Lunch & Learn on Monday, March 17, at Noon

Scott and Michael Leonardi will bring your box lunches.

Scott will talk about the costs of long term care and some ways to protect yourself from these costs. What is your biggest financial threat? Find out what a long term care policy should and should not do. For long term care, when should you use Medicaid or an Annuity Based Long Term Care Plan, and/or the Pension Protection Act? How can you use Veteran's Benefits for long term care? A gas card will be given away at the end. Limit: 75



Laurels Lunch & Learn on Tuesday, March 18, at Noon

Jaidyn Tout from the Laurels of Huber Heights will bring your lunch. Young Noah Back is back! Noah brings multiple guitars and a keyboard to accompany his vocals. He has quite a vocal range. He can sing songs by Johnny Cash, Elvis, John Denver, even Roy Rogers, and many more. Noah says his favorite music to sing is what you want to hear. He will take requests. A tip jar will be provided. Limit: 75



Siena Woods Lunch & Learn on Monday, March 24, at Noon

Antoinette Adams from Siena Woods will bring your food. Jeff John is a Professor Emeritus of Communication for Wright State University. He wrote a book about Gov. Cox and in the process he researched the reconstruction of the National Road during World War I. African American prison labor was used for much of this work. Come learn about the road that is right out our back door that many of us travel every week. Limit: 75



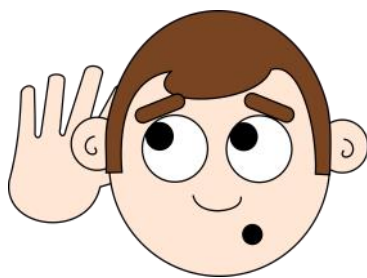
Troy Rehabilitation Lunch & Learn on Tues., March 25, at Noon

Taylor Ries from Troy Rehabilitation will bring your lunch. Hiroko Schierman from AmeriCorps Seniors will explain their RSVP Program. RSVP stands for Retired and Senior Volunteer Program. She will explain how their free service works. Hiroko will also share a list of volunteer opportunities during this short program. Limit: 50



**AmeriCorps
Seniors**

Information

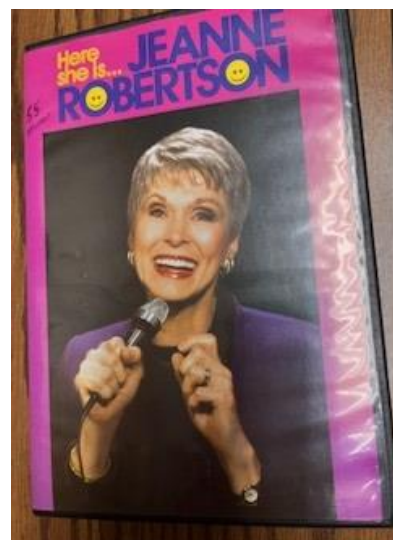


Hearing Life Lunch & Learn on Friday, March 28, at Noon

Regina Fromholt from Hearing Life will bring your lunch. Do you have difficulty following group conversations or when background noise is present? Do you often ask people to repeat themselves or people sound like they are mumbling? Do your friends or family say that you turn the television up too loud? If you answered YES to any of these questions, you might have a hearing loss. Please sign up to learn about hearing loss and how Hearing Life can help you! Limit: 75

Affinity Hospice Lunch & Learn on Monday, March 31, at Noon

Tyler Vassar from Affinity Hospice will provide your lunch. We had a snow day on January 7 and missed getting to laugh in the New Year. Since spring has officially begun, let's laugh away the end of winter. Come enjoy award winning humorist Jeanne Robertson. You will be watching the DVD, "Here She Is... Jeanne Robertson". Jeanne has 18 funny stories to tell you. This DVD is about an hour long. Limit: 75



Memory Café on Monday, March 10, at 1:45 p.m.

Brittany Mikolajewski from the Vandalia Public Library is returning with another fun activity to promote socialization and to help you reminisce about your memories. Everyone is invited to attend the cafe but especially those experiencing some memory loss are welcome. Sign up to enjoy this fun event. It will last about an hour. A snack will be provided.

Let's Eat Out on the Second Tuesday of the Month

Sign up to eat out at Dos Lunas on Tuesday, March 11, at 5:00 p.m. It is located at 12 S. Tippecanoe, Tipp City. Directions: From the Senior Center, turn right onto S. Dixie. Turn right onto National. Turn left onto 75 North. Take the Tipp City exit and turn right.

Go past the large shopping center. Turn right onto S. Tippecanoe. Turn left into a small shopping area behind Hinders restaurant. You can also go up 25A or Dixie instead of 75 and turn right onto W. Main St.



Art

Pointillism Class on Friday, March 7, at 1:30 p.m.



Mindy Shockey will take you through the steps to make a picture using all dots which is called pointillism. The pictures are just examples. You can choose whether to start your design drawing free hand or by using one of the stencils that Mindy has available. There needs to be a minimum of four members to hold the class. Cost: \$5 Limit: 12



FREE: Paper Doll Class on Tuesday, March 11, at 1:45 p.m.

For those who remember how fun it was playing with Paper Dolls, come and join us as we go back to our childhood memories and create custom Paper Dolls using Nana's Locker Room Paper Doll cut outs. Here are a few ways to use your completed paper dolls; refrigerator magnet, place on a blank greeting card, tree ornament, and scrapbooking. Candy Jones will have a smorgasbord of cutouts for you to choose from to put together five custom made paper dolls. Limit: 12



FREE: Card Making on Wed., March 12, at 1:00 p.m.

Join Toni Williams from 1:00 to 3:00 p.m. to make two Easter or spring cards. She will have the room filled with paper, stickers, rubber stamps, cards, and much more for you to create your own cards. Limit: 12

Decoupage Easter Egg Class on Wed., March 19, at 1:00 p.m.

Debbie Millhouse will take you through the process of creating a very cute decoupaged Easter egg. Cost: \$2 Limit: 15



An Essential Oils

Class on Tuesday, March 25, at 1:45 p.m.

Christine Jordan with Red Lotus Essential Oils will help you make an essential oils sugar body scrub. Cost: \$5 Limit: 15

Turn to page 6 for one more craft class.



Movies

Movie on the First Friday, March 7, at 1:00 p.m.

In the movie, *Thelma*, Thelma Post is a 93-year-old grandmother who loses \$10,000 to a con artist on the phone. With help from a friend (Morgan Freeman) and his motorized scooter, she soon embarks on a treacherous journey across Los Angeles to reclaim what was taken from her.

PG-13 Comedy/Action 1 hr. 39 min.



Movie on the Third Friday, March 21, at 1:00 p.m.

Snacks by Cory Routson from Momentus Health

The movie, *The Wish Man*, is the true life story of Frank Shankwitz. He had a rough childhood. He was taken from his father and then abandoned by his mother at age 11. Frank grows up to be a hardened Arizona motorcycle cop. After he survives a near fatal accident, his life begins to change. Then an ill boy had a special request that Frank decided to fulfill which also brought an incredible change to Frank's life. He created something that all of us have heard about. Come see this impressive story and find out about how he has helped 360,000 people so far. PG Drama 1 hr. 47 min. (Kleenex)



Ceramic Class on Friday, March 21, at 1:30 p.m.

Mindy Shockey, a member and a vendor, is bringing you three unique fairy houses to choose from. The tallest house is 12" H x 6 1/2" W. The teapot is 6 1/2" H x 8" W. The cottage is 8" H x 8 1/2" W. You will get a light with your house. Those of you who started painting your fairy house on February 21, return with it, and finish painting it. You can also come on March 21 and start a fairy house that you finish on April 18. In April and May, there will be fairies, gnomes, and mushrooms to paint that can go with your house if you want. Cost: \$15 Limit: 15



MON	TUES	WED	THUR	FRI
3 Exercise 10:00 Hand & Foot 12:30 Spring Bingo 1:00	4 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 BP & Sugar Check 11-12 Lunch & Learn 12:00 Hand & Foot 1:40 Book Club 1:40 Bingo 1:45	5 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Euchre 1:00 Prime Travel Meet & Greet 2:00	6 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00 Bingo 1:00	7 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00 Pointellism 1:30
10 Exercise 10:00 Hand & Foot 12:30 Memory Café 1:45	11 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Paper Dolls 1:45 Let's Eat Out 5:00	12 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Euchre 1:00 Card Making 1:00	13 Lunch & Learn 11:00 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00 Scattergories 1:00	14 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Lunch & Learn 12:00 Poker 1:00 Bingo 1:45
17 Exercise 10:00 Lunch & Learn 12:00 Hand & Foot 12:30 	18 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 BP & Sugar Check 11-12 Lunch & Learn 12:00 Hand & Foot 1:40 Bingo 1:45	19 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Euchre 1:00 Decoupage Egg 1:00	20 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00 Scattergories 1:00	21 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00 Ceramics 1:30
24 Exercise 10:00 Lunch & Learn 12:00 Hand & Foot 12:30	25 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Essential Oils 1:45	26 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:30 Euchre 1:00 Birthdays 1:00 Bingo 1:30	27 Duplicate Bridge 11:45 Art Group 12:00 Rummikub 12:00 Pinochle 1:00 Scattergories 1:00	28 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Lunch & Learn 12:00 Poker 1:00
31 Exercise 10:00 Lunch & Learn 12:00 Hand & Foot 12:30				

Exercise & Information

NEW BOOKS at the Vandalia Library

A Forty-Year Kiss by Nickolas Butler

First-Time Caller by B. K. Borison

A Five-Letter Word for Love by Amy James

Conclave by Robert Harris

Accidentally Amy by Lynn Painter

NEW MOVIES at the Vandalia Library

God's Not Dead: In God We Trust

Between the Temples

It Ends with Us

The Outrun

Saturday Night

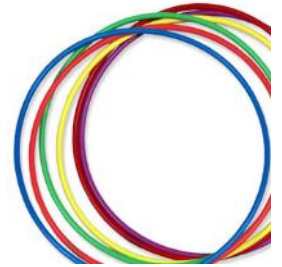


FREE Golden Qi Class on Tuesdays at 10:00 to 10:45 a.m.

Vevia Enix will teach Golden Qi which is a seated form of Tai Chi. This exercise improves balance, reduces joint pain, increases calmness, improves reasoning abilities, helps your memory, and improves the quality of your life. This class can be taken by anyone.

FREE Hula Hoop Class on Wednesdays at 9:30 to 10:30 a.m.

Come and see how hula hooping can improve your health, your spine, your balance, and cardiovascular system. It can lower blood pressure, reduce stress, and cholesterol levels. These hoops are what the pros use in the gyms and rehab centers. If you want to try out hula hooping, call before coming so the group can bring in extra hula hoops.



FREE Exercise Class on Mondays, Wednesdays, and Fridays

This is a chair exercise class that is often led by either Bill Kistner or Kathy Reedy or Roddy Keish. On some Wednesdays, Christy Smith from Brookhaven will lead the class. The group might use the weights and exercise bands that are here at the center. Be prepared for a few jokes thrown out in between the exercises.

Mondays 10:00 to 10:45 a.m.

Wednesdays 11:00 to 11:45 a.m. after hula hoops

Fridays 10:00 to 10:45 a.m.

Lunch & Learns

There were 104 Lunch & Learns in 2024. Our sponsors spent \$41,176 on your meals last year. On a regular basis, there are 10 to 30 members that do not show up for Lunch & Learns that they signed up for. Please remember our sponsors have budgets that they need to stretch as far as they can. Please, please write down what you sign up for and put it on your calendar at home. Then make every effort to attend those events so our sponsors will not have wasted their money.

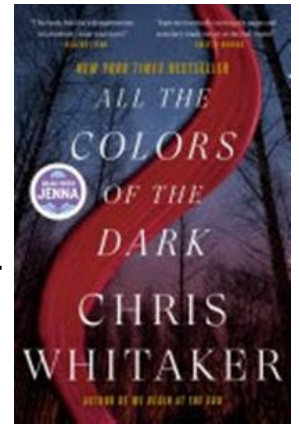
Learn At Lunch



Information

Vandalia Senior Center Book Club Meets on the First Tuesday Each Month

The book club will meet on Tuesday, March 4, to discuss the book, *All the Colors of the Dark* by Chris Whitaker. 1975 is a time of change in America. The Vietnam War is ending. Mohammed Ali is fighting Joe Frazier. And in the small town of Monta Clare, Missouri, girls are disappearing. When the daughter of a wealthy family is targeted, the most unlikely hero emerges—Patch, a local boy with one eye, who saves the girl, and, in doing so, leaves heartache in his wake. Patch and those who love him soon discover that the line between triumph and tragedy has never been finer. And that their search for answers will lead them to truths that could mean losing one another. This book is a missing person mystery, a serial killer thriller, and a love story with a unique twist on each.



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The Nurses Want to Check Out Your Numbers

Nurses will be here on the first and third Tuesdays most months from 11:00 a.m. to 12:00 p.m. to check your blood pressure and blood sugar numbers. They will be sitting by the fountains in the dining room. Nurses with Montgomery County Public Health will be here on March 4. Nurses from Premier Health will be here on March 18.

Winter Closings Policy Reminder

If the Vandalia Schools are closed for weather, the Senior Center will be closed. If the schools are on a delay, the center is open. If the schools are on a delay in the evening, be sure to recheck the news in the morning because sometimes the schools change to being closed if the weather becomes worse. When schools are not in session and the weather becomes questionable, the City will determine whether or not the Senior Center will open and will put closing information on the Weather Hotline:

937-552-2200. The Weather Hotline is only updated when cancellations have been made. We encourage you not to drive to the Senior Center when the weather conditions are not favorable.



Answers for the **GREEN** Foods on page 11

- | | | | | |
|-------|-------|-------|-------|-------|
| 1. K | 2. V | 3. W | 4. J | 5. P |
| 6. Q | 7. R | 8. M | 9. G | 10. B |
| 11. C | 12. S | 13. D | 14. T | 15. I |
| 16. X | 17. H | 18. Y | 19. A | 20. O |
| 21. N | 22. F | 23. L | 24. U | 25. E |

Information

Bridge Hosts

Tuesday bridge at 9:45 a.m. is hosted by Mary Ann Heckman. 937-216-1235

Wednesday bridge at 12:15 p.m. is hosted by Sandi Baylor. 937-694-2643

Thursday bridge at 12:00 p.m. is hosted by John Whitley. 937-241-8456



Bingo and Other Games



1. Toni Williams will have a spring bingo on Monday, March 3, at 1:00 p.m.
2. Taylor Ries from Troy Rehab will call bingo on Tuesday, March 4, at 1:45 p.m. Limit: 48
3. Tambi Spirk from Brookdale will bring lunch and call bingo on Thursday, March 6, at 1:00 p.m. Limit: 48
4. Mark Maudlin from Maudlin Senior Care Solutions will call bingo on Friday, March 14, at 1:45 p.m. Limit: 48
5. Shonica Bowermeister from Stillwater Skilled Nursing will call bingo on Tuesday, March 18, at 1:45 p.m. Limit: 48
6. Courtney Peck from Randall Residence of Tipp City will call bingo on Wednesday, March 26, at 1:30 p.m. Limit: 48

Celebrate March Birthdays on Wednesday, March 26, at 1:00 p.m.

Randall Residence of West Milton will provide the birthday cakes. Please sign up if you have a birthday. We will take a group photo then everyone will sing "Happy Birthday". Everyone gets a piece of cake but the birthday people get theirs first!



Donations

*****Please give ALL donations to Toni.** Some items can be used by the center.

Leave in the Office: **Especially need:** *Diet Coke, *Coke, and *other drinks, *forks only, *birthday napkins, and seasonal napkins, non-refrigerated individual creamers, art supplies, greenery, new greeting cards, and items for the free tables.

Boxes in the hallway under the coat rack and by the white board:
pop tabs, used greeting cards, cell phones, glasses, cancelled stamps, food for the Vandalia Food Pantry barrel and for Cares4Kids box.

On the Fireplace in the Card Room/Library: Leave books and puzzles on the fireplace for the librarian to put away.



In honor of **St. Patrick's Day**, let's match up the **GREEN** foods. Answers on page 9.

- | | |
|---|---------------------------|
| 1. green tea powder from shade trees ____ | A. Green Goddess Dressing |
| 2. leafy vegetable for salads and sandwiches ____ | B. Asparagus |
| 3. crunchy with a mild sweet taste; grown in other colors ____ | C. Avocado |
| 4. type of cabbage; bitter taste; full of vitamins ____ | D. Edamame |
| 5. leafy green that Popeye loved ____ | E. Lime |
| 6. called Chinese Gooseberry; a fruit; tiny black seeds ____ | F. Green Beans |
| 7. nut that is part of cashew family; has a split shell ____ | G. Celery |
| 8. large, thick leaves; usually cooked ____ | H. Broccoli |
| 9. crunchy stalks with lots of water in them ____ | I. Cucumber |
| 10. thin shoots come up in spring; cooked vegetable ____ | J. Kale |
| 11. also called alligator pear; fruit has healthy fat ____ | K. Matcha |
| 12. comes out of a pod; round; usually cooked ____ | L. Swiss Chard |
| 13. immature soybeans; East Asian dish; boiled; steamed ____ | M. Collard Greens |
| 14. also called Rocket or Eruca; leaf vegetable; peppery ____ | N. Appletini |
| 15. vegetable from a vine; good in salads or pickled ____ | O. Edible Seaweed |
| 16. put in fruits, vegetables, & more; turn on the blender ____ | P. Spinach |
| 17. cabbage family; flowering heads; in salads or cooked ____ | Q. Kiwi |
| 18. dense head of leaves; can be red or white too ____ | R. Pistachios |
| 19. mix mayonnaise, sour cream, chives, & more for a salad ____ | S. Peas |
| 20. also called sea vegetables; lots of nutrients ____ | T. Arugula |
| 21. vodka mixed with apple juice or cider or apple brandy ____ | U. Green Tea |
| 22. immature pods; can be snapped; raw or cooked ____ | V. Lettuce |
| 23. dark green leaves; thick stalk; in Mediterranean foods ____ | W. Bell Pepper |
| 24. hot, clear drink; lots of health benefits ____ | X. Green Smoothie |
| 25. citrus fruit; sour taste ____ | Y. Cabbage |



AARP Tax Locations

Call early to make an appointment. These dates fill up fast.

- | | |
|--|--------------|
| 1. Huber Heights Senior Center: 7301 Shull Rd. | 937-233-9999 |
| 2. Earl Heck Community Center: 201 N Main St., Englewood | 937-836-5929 |
| 3. Tipp Senior Center: 528 N. Hyatt St., Tipp City | 937-667-8865 |
| 4. West Milton Library: 560 S. Main St., West Milton | 937-698-5515 |
| 5. Lathrem-Kettering Senior Center: 2900 Glengarry Drive | 937-296-2480 |
| 6. Troy Senior Center: 134 N Market St., Troy | 937-335-2810 |
| 7. New Carlisle Public Library: 111 E. Lake Ave. | 937-845-3601 |
| 8. United Senior Services-Enon: 7571 Dayton Springfield Rd | 937-863-0043 |



Travel

We appreciate all the work that Bob and Kathy Reed do year round for the travel program. They are both volunteers and are not compensated for their time and efforts.

For the Diamond Tours trips, write a \$100 deposit check to Diamond Tours. Also fill out the slip of paper at the bottom of the page or get the form at the Senior Center or on the website. Drop them in box #4 in the hallway by the office or mail it to the Senior Center.

April 28 to May 3: Virginia Beach, Colonial Williamsburg, & Historic Norfolk \$889 pp
\$1129 single

June 9 to 13: Niagara Falls & Toronto \$865 pp \$1035 single You need a passport.

October 5 to 11: Cape Cod, Martha's Vineyard, & Plymouth \$989 pp \$1218 **Full;**
taking a waiting list.

For the Prime Tours trips, write a \$100 deposit check to Prime Tours. Also fill out the paper that comes with the flyer. You can pick it up at the center or go online. You can also register and pay by credit card online at GoPrimeTours.com.

May 6: Mystery day trip \$169; You need to pay in full for this trip.

July 8 to 10: Frankenmuth, Michigan with other stops \$689 pp \$809 for single

September 15 to 18: Pennsylvania Dutch Country & more \$1198 pp \$1339 single

December 8 to 11: Smokie Mountain Christmas including visiting the Biltmore Estate
\$1499 pp \$1689 single You can also do a hotel upgrade. See flyer.

Flyers are in the holder by the card room door. Information is on the travel bulletin board and on the senior center web page at <https://vandaliaohio.org/503/Travel>. You can mail your check to the Vandalia Senior Center or drop it in box #4 in the hallway by the kitchen or give it to Bob Reed in person. You also need to fill out the form for that company to include with your payment.



Bob Reed's Office Hours: Tuesdays only 9 a.m. to Noon
Or call Bob at 937-313-9692 and leave a voicemail.

Please only call Monday through Thursday from 10 a.m. to 4 p.m.

Name: _____ Name of Roommate: _____

Cell phone: _____ Email: _____

Trip Destination: _____

Emergency contact—Name: _____ Phone number: _____

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3 Facts to Know:

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2. Medicaid Planning helps you qualify for financial aid sooner — preserving your assets for your family.
3. Planning can help you receive care in a place of your choice — *even in your home*.

Lovett & House has helped *thousands* of Ohio families with Medicaid planning in many counties. Attorney George Lovett is a “certified expert in estate planning, trusts, and probate law” by the Ohio State Bar Association.

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WHAT MAKES US DIFFERENT?

We love Vandalia! We understand community is everything. Since 1976 we have tried to support our seniors with top notch service and sales

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Ford Blue Advantage
BeauTownsend Gold Certified
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- ✓ 1-Year, 12,000-Mile Limited Comprehensive Warranty
- ✓ Financing as low as 1.9% APR
- ✓ 172-Point Inspection Vehicle History Report



City of Vandalia Commemorative Tree Program

Trees serve as a living link to our past, a wonderful asset in the present, and a wise investment in our future. The City of Vandalia is happy to offer you the opportunity to commemorate your loved ones, an organization, or event by planting a tree in their honor.

How the Program Works

1. Complete the order form, which can be found on the City of Vandalia website, or email Sherry at smcconnaughey@vandaliaohio.org or call 937-415-2332.
2. Orders can be turned in at the Vandalia Recreation Center Front Desk any time of the year. The trees will be ordered and planted in the spring and early winter of each year.
3. The City of Vandalia will care for all trees. This includes pruning, mulching, and fertilizing. No decorations are permitted at the tree location.
4. After planting, donors will receive a Commemorative Tree Recognition Certificate and a brass name plate will be added to an indoor plaque at the Municipal Building or Recreation Center.



Choice of Tree and Cost

There is a variety of tree options for \$230, \$200, and \$160. Please see the Order Form for a complete list of available trees. Cost includes planting and care of the tree.

"The best time to plant a tree was 20 years ago.
The second best time is now."

– Chinese Proverb

Location

Commemorative trees can be planted at 20 different locations around the City of Vandalia. Please see the Order Form for a complete list of available locations. Trees may not be planted on any business or residential property.

Add-Ons

- A Commemorative Tree Charm can be added for \$75. This 5.5" weatherproof, acrylic charm will be attached to a tree limb with a locking cable. Personalized up to 125 characters.
- A Commemorative Tree Plaque can be added for \$225. This 4"x6" aluminum plaque can be engraved with up to 200 characters. The plaque will be placed in concrete at the tree.

Parks & Recreation

Flower Cupcakes w/ Eat Pretty Darling—Thursday, March 6– 6pm-7:30pm

Join us for a sweet and creative cooking class where kids will decorate their own flower-themed cupcakes! Using colorful frostings and fun edible decorations, they'll transform simple cupcakes into beautiful springtime masterpieces. It's a delicious way to celebrate the season and unleash their artistic flair in the kitchen!

Ages: 6 - 12 years old

Fee: \$25 per person

Location: Vandalia Senior Center

Registration Deadline: You must be registered for this program by Monday, March 3. Walk-ins will not be accepted.



Pikachu Paint Night w/ Miss Bec— Tuesday, March 4– 6pm-7:30pm

Attention Trainers! We choose you to join us for a Pokémon paint night with Miss Bec. Each young artist will paint Pikachu on a medium canvas.

Ages: 6 - 12 years old

Fee: \$15 Resident/Member; \$20 Non-Resident

Location: Vandalia Recreation Center Special Events Room

Registration Deadline: You must be registered for this program by Saturday, March 1. Walk-ins will not be accepted.



Mini Monets w/ Miss Bec— Tuesday, March 11 – 6pm-7pm

Play around with different paint techniques while creating two waterlilies pond paintings inspired by famous impressionist artist, Claude Monet.

Ages: 2 - 5 years old

Fee: \$15 Resident / VRC Member; \$20 Non-Resident

Location: Vandalia Recreation Center Special Events Room

Registration Deadline: You must be registered for this program by Saturday, March 8. Walk-ins will not be accepted.



Note: Guardian must accompany child at program and will not pay extra for attending.

***Registration for these programs is online at vandaliareccenter.com.**

VANDALIA SENIOR CENTER

21 Tionda Drive South
Vandalia, Ohio 45377

Open; Monday through Friday
9:00 a.m. to 4:00 p.m.
Coordinator: Toni Williams

twilliams@vandaliaohio.org
Phone: 937-898-1232
Fax: 937-665-0796
[https://vandaliaohio.org/341/
Senior-Center](https://vandaliaohio.org/341/Senior-Center)

Vandalia Senior Club

2024 Committee:

President	Cathy Nortman 985-201-6747
Vice President	Iris Siebert 937-454-1583
Treasure	Kay Lowe 937-409-8300
Secretary	Dottie Ganter 937-898-7286

DATED MATERIAL: DO NOT DELAY

--MEMBERSHIP--

Age 55 or older

Younger Spouses are welcome!

The 2025 fees for members are:

Vandalia Residents \$15 single - \$25 dual

Non Resident \$20 single - \$35 dual

A resident is defined as someone who pays
City of Vandalia property taxes.

Membership for anyone over 90 is free but
you must notify the office to continue to get the newsletter.
Your annual membership fees help offset some of
the costs of programming and support for the Senior Center.

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