Vandalia Senior Center



April, 2025 Volume 13 Issue 4

An Opportunity to Share Your Good Luck of St. Patrick's Day and the Blessings of Easter

Donna Naseman is a member who also volunteers with Brethren Disaster Ministries. She wondered if the members of the Vandalia Senior Center would be interested in helping out. Donna connected Toni with Helen Wolf who is the District Disaster Co-coordinator. This group creates hygiene kits that they distribute to people in disaster areas that are homeless or in temporary shelters. If you would like to share your good fortune and help out, the items needed are listed below. All of the items must be unused or new. The box for these donations will be near the white board in the main hallway next to the Food 4 for Kids donation box. The collection will last for two months beginning on March 13 and ending on May 13. If you would like more information, go to the Church World Services website at



- 1 gallon resealable plastic bag
- 2. wash cloth
- 3. fingernail or toenail clipper (packaging removed)
- toothbrush (in original packing)
- bath-size bar of soap (in original packaging)
- 6. travel-size deodorant (3.4 oz. or less, non-aerosol)
- 7. travel-size lotion (3.4 oz. or less, fragrance-free, new only)
- 8. travel-size shampoo (3.4 oz. or less, new only)
- 9. travel-size toothpaste (3.4 oz. or less, expiration date of 1 year)
- 10. sturdy wide-tooth comb (6" minimum, packaging removed)



cwskits.org.

<u>Food 4 Kids Program</u>

We have had a donation box for the Food 4 Kids program sponsored by First Light Baptist Church for almost ten years. They give backpacks full of food to the more than 100 kids in the Vandalia School district that are on free or reduced lunches. The kids get the backpacks on Fridays, 52 weeks a year. They need individual servings that don't take a can opener, a stove or an oven. There is a

flyer with a list of food items on the small table near the box. You can also write a check to First Light Church and mail to: Care4Kids, 575 S. Dixie Dr., Vandalia 45377.

Lunch & Learn

Momentus Health Lunch & Learn on Tuesday, April 1 at Noon

Cory Routson from Momentus Health will have his chef prepare a meal for you. Dennis Turner, law professor at the University of Dayton, will present, "Where Would You Like to be Arrested?" He will compare aspects of the United States criminal justice system with a couple of European criminal justice systems. After some exploration and discussion of those systems, members of the audience will be asked if they



were going to be arrested, which system would you prefer to adjudicate their cases. Limit: 75



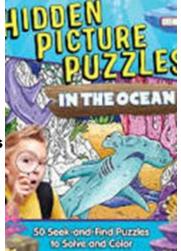
Hearth & Home Lunch & Learn on Tues., Apr. 8, at Noon

Rose Siddle from Hearth & Home will bring your lunch from their kitchen. Bobby D and the Quartet are returning to entertain you again. They last came to the center for Valentine's Day. The band consists of a guitar, bass guitar, saxophone, and drums. You can sing along with the vocals or just enjoy tapping your foot to the lively music. There will be a donation bucket to help cover their expenses. Limit: 100

Stonespring Lunch & Learn on Thursday, April 10 at NOON

Sarah Mather will order food from Chick-Fil-A. Liz Ball, who draws the Hidden Treasures hidden picture puzzles for the Dayton Daily News and has illustrated over 40 books, will be showing you how she draws hidden picture puzzles. She will also have hand-outs and demonstrate a special step-by-step "How to Draw" our own hidden picture. If you have questions or can't find a hidden item, this is the time to ask her. Liz's books will be available.

Limit: 75



Randall Residence of Tipp City Lunch & Learn on Fri., Apr. 11, at Noon



lunch. Courtney will share information about their "Aging Gracefully" program. She will talk about the options of Independent Living, Assisted Living, In-Home Care, Memory Care, and Long-Term Care. Hopefully, this information will empower you to make decisions with confidence in the future for what best suit your needs, while keeping you in control of your choices. Limit: 75

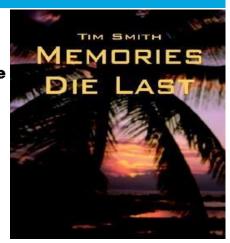
Courtney Peck will bring your

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Lunch & Learn

Affinity Hospice Lunch & Learn on Monday, April 14, at Noon

Tyler Vassar from Affinity Hospice will bring your lunch. Tim Smith writes for several newspapers including the Tippecanoe Gazette. He has been a writer for 24 years and just published his 30th book. Tim is going to present "So You Want to Write a Book?" He will tell things most people don't realize about the process of writing and getting published. Tim will include a lot of funny stories from his 24 years in the business. He may bring along some of his books that can be purchased. Limit: 75





Laurels Lunch & Learn on Tuesday, April 15, at Noon

Jaidyn Tout from the Laurels of Huber Heights will bring your lunch. Lee Ann Rose from Williamsburg, Virginia, is returning by Zoom. She will be portraying Abigail Adams. Abigail was the wife of John Adams, our second President, and the mother of John Quincy Adams, our sixth President. Abigail ran the family farm while John was away. She also handled their finances and investments. John would rely on her for advice. Abigail and John were the first couple to live in the White House. Abigail took an active role in politics after her husband was elected. Limit: 75

Edward Jones Lunch & Learn on Tuesday, April 22, at Noon

Donna Bargo will order your lunch and give you an Edward Jones Perspective booklet. Jordan Peterson will talk about many of the topics in the booklet. He will also answer any financial questions that you might have. Limit: 25

Functional Lifestyle and Engaging Days Lunch & Learn on Thursday, April 24, at Noon



Kimberly Newton from Functional Lifestyle and Abbey
Osborne from Engaging Days will bring your lunch. Being able
to move around safely and to do things in life is very important.
It also gives you a better quality of life. Trish Hall, a physical
therapist with Functional Lifestyle, will show you ways to
improve your balance and stay more flexible. There will be
some exercises to try out. She will have a handout for you also.

Limit: 75

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Information

Siena Woods Lunch & Learn on Friday, April 25, at Noon

Antoinette Adams from Siena Woods will bring your food. Tom Hissong, a naturalist and excellent nature photographer, is retired from Aullwood Audubon Center and Farm. He will present "Ducks and Sandfill Cranes". Join Tom on an exciting trip to Whitewater Memorial State Park in Liberty, Indiana, to see thousands of the beautiful Sandhill Cranes who spend their winter there. You will also go birding



for beautiful ducks, geese, and swans who survive the cold weather. Limit: 75

Oasis Senior Advisors and Golden Hearts Lunch & Learn on Tuesday, April 29, at Noon



Tina Timmons from Oasis Senior Advisors and Michelle
Teska from Golden Hearts Senior Care will bring your lunches.
Preparing for our future care isn't always easy. Michelle Teska
and Tina Timmons will be providing valuable information on
planning for what lies ahead. Strategies to remain at home as
long as possible and understanding the options in the community
if we cannot safely stay. They are experts in their fields and want
to share their resources and knowledge with you. Limit: 30

Memory Café on Monday, April 14, at 1:45 p.m.

Brittany Mikolajewski from the Vandalia Public Library is returning with another fun activity to promote socialization and to help you reminisce about your memories. Everyone is invited but especially those experiencing some memory loss. Sign up to enjoy this fun event. It will last about an hour. A snack will be provided.





Lunch & Learn Times

All Lunch & Learn times will now be serving lunch at noon tearn starting in April. This will include the Thursday lunches.

Let's Eat Out on the Second Tuesday of the Month

Sign up to eat out at Company 7 BBQ on Tuesday, April 8, at 5:00 p.m. It is located at 1001 S Main in



Englewood. There is an entire fire engine inside the restaurant. <u>Directions:</u> From the Senior Center, turn right onto S. Dixie. Turn left onto National Rd. At the light at S. Main, turn left. It is at the corner of Wenger and S. Main up on the hill.



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Art

Sea Glass Picture Class on Fri., April 4, at 1:30 p.m.

Mindy Shockey will have all the supplies you need to create this cute spring scene on canvas. You will be using sea glass, a hot glue gun, a Sharpie marker, and paint. There needs to be a minimum of 4 members signed up to have the class. Cost: \$5 Limit: 15



FREE Tea Cup Bird Nest Class on Tuesday, April 8, at 1:45 p.m.



the supplies to make this darling bird's nest. Limit: 12

FREE Decorated Pig Class on Wednesday, April 9, at 1:00 p.m.

Candy Jones will bring supplies to make this cute whimsical pig. The picture will be 9" x 8". You can choose from many patterned and solid papers. For the body of the pig, you will be

tearing and using Tacky Glue to glue on pieces of paper. You will outline with a Sharpie marker and use a glue gun for the embellishments. Limit: 12



An Essential Oils Class on Wed., April 16, at 1:00 p.m.

Christine Jordan with Red Lotus Essential Oils will help you

make a soothing essential oils bedtime spray. Cost: \$6 Limit: 15



Ceramic Class on Friday, April 18, at 1:30 p.m.

Mindy Shockey, a member and a vendor, has 4

unique mushrooms for

you to choose from. They range from 4" to 6" tall. The caps are about 4" across. If you started painting your fairy house in March, bring it back to finish painting it on April 18. Cost: \$10 each Limit: 15



Turn to page 8 and 9 for more craft classes.***

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Movies

Movie on the First Friday, April 4, at 1:00 p.m.

Snacks by Taylor Ries with Troy Rehabilitation

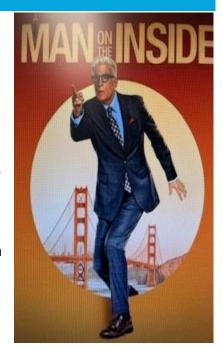
Several people told Toni to watch The Man on the

Inside with Ted Danson. It is a fun series and it is worthy of the

Senior Center. Since the episodes are short, we can binge watch
the series over two days. Episodes 1 through 4 will be on April 4.

It will be 1 hour and 51 minutes.

Charles, a retired professor, recently lost his wife and his relationship with his daughter isn't the best. His daughter told him to get a hobby instead he got a job at a retirement home. That is when things start to get interesting! PG Comedy / Drama



Movie on Monday, April 7, at 1:00 p.m.

You only have to wait over the weekend to find out what happens next! Charles is finding out all kinds of interesting things while he tries to solve several mysteries. Then several people discover what is really going on and life changes for Charles. Episodes 5 through 8 will take 2 hours and 2 minutes.



Movie on the Third Friday, April 18, at 1:00 p.m. Snacks by Cory Routson from Momentus Health.

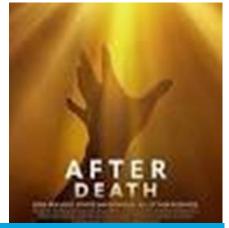
In the movie, *Here*, you travel through for several hundred years to the present day, a single plot of land becomes a site for life, love and loss for the families who build their homes there. Multiple generations of couples and families inhabit the same home over the course of a century. The movie moves back and forth between different families that have lived in the same home. PG-13 Fantasy / Drama 1 hr. 44 min.

Movie on Monday, April 21, at 1:00 p.m.

A member watched *After Death* and she said it changed her thinking. She encouraged Toni to watch it then share it. In this documentary, many people relate their experiences of what happened to them while they were clinically dead for a long time. There are also scientists, researchers, and authors who were interviewed for this documentary.

PG-13 Documentary / Drama

1 hr. 48 min.

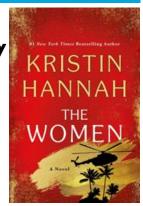


MON	TUES	WED	THUR	FRI
EASTER	1 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 BP & Sugar Check11-12 Lunch & Learn 12:00 Hand & Foot 1:40 Book Club 1:40 Bingo 1:45 8 Travel 9:00-12:00	2 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:00 Euchre 1:00	3 Duplicate Bridge 10:30 Rummikub 12:00 Pinochle 1:00 Bingo 1:00 Scattergories 1:30	Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00 Art Glass Picture 1:30
Exercise 10:00 Hand & Foot 12:30 Movie 1:00	Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Birds Nest 1:45 Let's Eat Out 5:00	Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:00 Euchre 1:00 Decorated Pig 1:00	Duplicate Bridge 10:30 Lunch & Learn 12:00 Rummikub 12:00 Pinochle 1:00 Scattergories 1:30	Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Lunch & Learn 12:00 Poker 1:00 Bingo 1:45
14 Exercise 10:00 Lunch & Learn 12:00 Hand & Foot 12:30 Memory Café 1:45		Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:00 Euchre 1:00 Essential Oils 1:00	17 Duplicate Bridge 10:30 Rummikub 12:00 Pinochle 1:00 Scattergories 1:30	18 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00 Ceramics 1:30
21 Exercise 10:00 Hand & Foot 12:30 Movie 1:00	Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Card Making 1:45	Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:00 Euchre 1:00 Birdhouse 1:00	Duplicate Bridge 10:30 Lunch & Learn 12:00 Rummikub 12:00 Pinochle 1:00 Scattergories 1:30	25 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Lunch & Learn 12:00 Poker 1:00 Bingo 1:45
28 Exercise 10:00 Hand & Foot 12:30	Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Bingo 1:45	30 Hula Hooping 9:30 Exercise 11:00 Bridge 12:00 Up & Down the River 12:00 Euchre 1:00 Birthdays 1:00 Bingo 1:30		

Information

Vandalia Senior Center Book Club Meets on the First Tuesday Each Month

The book club will meet on Tuesday, April 1, to discuss *The Women* by Kristin Hannah. It is that rarest of novels—at once an intimate portrait of a woman coming of age in a dangerous time and an epic tale of a nation divided by war and broken by politics, of a generation both fueled by dreams and lost on the battlefield. In 1965 "good girl" Frankie McGrath images a different choice for herself when her brother ships out to serve in Vietnam. She impulsively joins the Army Nurse Corps and follows his path. Frankie is overwhelmed by the chaos and destruction of war, as well as the unexpected trauma of coming home to a changed and politically divided America.





Premier Health

The Nurses Want to Check Out Your Numbers

Nurses will be here on the first and third Tuesdays most months from 11:00 a.m. to 12:00 p.m. to check your blood pressure and blood sugar numbers. They will be sitting by the fountains in the dining room. Nurses with Montgomery County Public Health will be here on <u>April 1</u>. Rich Morrett from the Vandalia Fire Department will check your blood pressure on <u>April 15</u>.

FREE Card Making Class on Tuesday, April 22, at 1:45 p.m.

Kathy Dunn will teach you to make this clean and simple white card. The front will have a pleated look, a triple layer flower, accented with tri color prills.

Linda Karns uses a three-piece oval window card to create a card that can be used for birthdays, friends, a thank-you, or spring. There will be a choice of messages and a choice of embossing folders. You will learn how to drag a stamp pad across an embossed image. Limit: 12



How Is Your Balance? Could It Be Better?

There will be two Matter of Balance class programs this year. One will be every Wednesday in May and June from 9:15 to 11:15 a.m. The second session will be from the end of September to the middle of November still on Wednesdays at the same time. You will receive handouts and practice exercises for balance. There will be more information about these classes in the May newsletter. Limit: 40 each time



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Exercise & Information

NEW BOOKS at the Vandalia Library

NEW MOVIES at the Vandalia Library Things Will Be Different

The Story She Left Behind by Patti Callahan

Gladiator II

Saltwater by Katy Hays

Here

A Serial Killer's Guide to Marriage by Asia Mackay

Wicked

Unromance by Erin Connor

Great Big Beautiful Life by Emily Henry

Conclave



FREE Golden Qi Class on Tuesdays at 10:00 to 10:45 a.m.

Vevia Enix will teach Golden Qi which is a seated form of Tai Chi. This exercise improves balance, reduces joint pain, increases calmness, improves reasoning abilities, helps your memory, and improves the quality of your life. This class can be taken by anyone.

FREE Hula Hoop Class on Wednesdays at 9:30 to 10:30 a.m.

Come and see how hula hooping can improve your health, your spine, your balance, and cardiovascular system. It can lower blood pressure, reduce stress, and cholesterol levels. These hoops are what the pros use in the gyms and rehab centers. If you want to try out hula hooping, call before coming so the group can bring in extra hula hoops.



FREE Exercise Class on Mondays, Wednesdays, and Fridays

This is a chair exercise class that is often led by either Bill Kistner or Kathy Reedy or Roddy Keish. On some Wednesdays, Christy Smith from Brookhaven will lead the class. The group might use the weights and exercise bands that are here at the center. Be prepared for a few iokes thrown out in between the exercises.

10:00 to 10:45 a.m. Mondays

Wednesdays 11:00 to 11:45 a.m. after hula hoops

10:00 to 10:45 a.m. Fridays

Decorate a Bird House on Wednesday, April 23, at 1:00 p.m.

Debbie Millhouse will have all the supplies for you to create a beautiful bird house for spring. You will decoupage pictures on all four sides of the bird house. There is a hanger in the back so you can put it up somewhere. Cost: \$5

Limit: 15



Information

Bridge Hosts

Tuesday bridge at 9:45 a.m. is hosted by Melva Jenkins. Wednesday bridge at 12:15 p.m. is hosted by Sandi Baylor. Thursday bridge at 12:00 p.m. is hosted by John Whitley.

937-832-8992 937-6942643

937-241-8456





<u>Bingo</u>

- 1. Taylor Ries from Troy Rehab will call bingo on Tuesday, April 1, at 1:45 p.m. Limit: 48
- 3. Tambi Spirk from Brookdale will bring lunch and call bingo on Thursday, April 3, at 1:00 p.m. Limit: 48
- 4. Mark Maudlin from Maudlin Senior Care Solutions will call bingo on Friday, April 11, at 1:45 p.m. Limit: 48
- Susan Bush from Pleasantwood Senior Apartments will call bingo on Tuesday, April 15, at 1:45 p.m. Limit: 48
- 6. Emily Hammond from Springfield Masonic Community will call bingo on Friday, April 25, at 1:45 p.m. Limit: 48
- 7. Jessica Ward from Cypress Pointe will call bingo on Tuesday, April 29, at 1:45 p.m. Limit: 48
- 8. Robin Eck from Englewood Health & Rehab will call bingo on Wednesday, April 30, at 1:30 p.m. Limit: 48

Celebrate April Birthdays on Wednesday, April 30, at 1:00 p.m.

Cory Routson from Momentus Health will provide the birthday cakes. Please sign up if you have a birthday. We will take a group photo then everyone will sing "Happy Birthday". Everyone gets a piece of cake but the birthday people get theirs first!



Donations

***<u>Please give ALL donations to Toni.</u> Some items can be used by the center.

<u>Leave in the Office:</u> <u>Especially need:</u> *<u>Diet Coke, *Coke, and *other drinks, *forks only, *birthday napkins, and seasonal napkins, non-refrigerated individual creamers, art supplies, greenery, new greeting cards, and items for the free tables.</u>

Boxes in the hallway under the coat rack and by the white board: pop tabs, used greeting cards, cell phones, glasses, cancelled stamps, food for the Vandalia Food Pantry barrel and for Cares4Kids box.

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O F D J S S P N K K G N K D F I O J V T V D V N M X V P K C V Y C B Z M F Y U O V F C W W D H V D I T A T G F Y P Y E Z I F T V U X U T B H E Y W D Z L G S H Q C X H O N I J A W O W O O K B R K N Z A K O V G O V P C P G V C O D R B I K O C A P Y Y G A T B I H J H L D C Q N O X Z V C X K X Z S Q B H U O X U H H I C W K O X E E F S A U F E N E H T X R X C T R C D F W H W R E J J Z O G S K F D X F B J G K L J X E P M H X G H W K I D R X B B F R F D N A B L R Y A C B P D G J W K F O R O D R K F N G B D O O Z W S H U S C B R G U T U F H Z F E C B X H W F A H C T U N A P H A A I N B T A W A J N F B D U N S F P E R N H C R O S S F D F R P P D F X N G P N N N Y R C Y D C H I C K S F F D B L W D D S H Z W D C K C H A Y A V U N O E T R B U Q W H F L B U L K E L S O W N R Y H N G L T Z O O A D V X D F K T E Q D G Y O K D B O B T F A M I L Y Y O S H Z T S O H H O L I D A Y N X N D F T L H H S D L S G N L B J E W T L J V U E V E S R A E O E Q I F A E D D I X Y H Y Y O V C G N X T R O D I W B O B Y F E R Z Y A D V C B N O G R A I H B A C A F F A B K D F S W V W N Z X N W S N Z O T G W E W E Q T O F D B U H L N F P C N T L N O F A Z H A C A O Y N D J Y Z B A H X H O G D J N L H H D C H P X V X F F W D S B O K O H C I I W C I T W F N O T W Q Y L

EASTER SUNDAY BASKET BUNNY CANDY CARD CHICKS CHOCOLATE CHURCH CROSS DYE **EGGS** FAMILY **GRASS** HIDE HOLIDAY SPRING VISITORS HARDBOILED



JELLYBEANS

The internet says you can make 210 words using the letters in jellybeans. There are 17 two letter words, 53 three letter words, 79 four letter words, 41 five letter words, 16 six letter words, 3 seven letter words, and 1 eight letter word. How many can you figure out?

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Travel

We appreciate all the work that Bob and Kathy Reed do year round for the travel program. They are both volunteers and are not compensated for their time and efforts.

For the <u>Diamond Tours</u> trips, write a <u>\$100 deposit check</u> to <u>Diamond Tours</u>. Also fill out the slip of paper at the bottom of the page or get the form at the Senior Center or on the website. Drop them in box #4 in the hallway by the office or mail it to the Senior Center.

<u>April 28 to May 3</u>: Virginia Beach, Colonial Williamsburg, & Historic Norfolk \$889 pp \$1129 single *Full

June 9 to 13: Niagara Falls & Toronto \$865 pp \$1035 single Passport needed. *Full

October 5 to 11: Cape Cod, Martha's Vineyard, & Plymouth \$989 pp \$1218 *Full

*Taking a waiting list for these three trips.

For the <u>Prime Tours</u> trips, write a \$100 deposit check to <u>Prime Tours</u>. Also fill out the paper that comes with the flyer. You can pick it up at the center or go online. You can also register and pay by credit card online at <u>GoPrimeTours.com</u>.

May 6: Mystery day trip \$169; You need to pay in full for this trip.

July 15 to 17: Frankenmuth, Michigan with other stops \$689 pp \$809 for single

September 15 to 18:Pennsylvania Dutch Country & more \$1198 pp \$1339 single

<u>December 8 to 11</u>: Smokie Mountain Christmas including visiting the Biltmore Estate \$1499 pp \$1689 single You can also do a hotel upgrade. See flyer.

Flyers are in the holder by the card room door. Information is on the travel bulletin board and on the senior center web page at https://vandaliaohio.org/503/Travel. You can mail your check to the Vandalia Senior Center or drop it in box #4 in the hallway by the kitchen or give it to Bob Reed in person. You also need to fill out the form for that company.



Bob Reed's Office Hours: Tuesdays only 9 a.m. to Noon Or call Bob at 937-313-9692 and leave a voicemail.

Please only call Monday through Thursday from 10 a.m. to 4 p.m.

Name:	Name of Roommate:		
Cell phone:	Email:		
Trip Destination:			
Emergency contact—Name:	Phone number:		

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- 1-Year, 12,000-Mile Limited Comprehensive Warranty
- Financing as low as 1.9% APR
- 172-Point Inspection Vehicle History Report

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Parks & Recreation







Vandalia Easter Eggstravaganza

Saturday, April 19 | 11:00am - 2:00pm

Bring the family out and have an "egg"cellent time at the Vandalia Easter Eggstravaganza! We will have egg hunts, baby goat petting zoo, arts & crafts, face painting, vendors, games & activities, food trucks, Easter bunny photo area, and more! Make sure to bring your own basket for the egg hunts

Fee: Free entry event

Location: Vandalia Sports Complex - Soccer Field Side

Easter Egg Hunt Times: 11:00am & 12:30pm Easter Egg Hunt Ages: For ages 12 and under Groups: 2 and younger, 3-4, 5-6, 7-8, 9-12

Make sure to bring your own basket for the egg hunts



Parks & Recreation

Adult Easter Egg Hunt—Thursday, April 5-8:00pm

Time for the adults to relive their childhood egg hunt! Eggs will contain candy, raffle tickets and gift cards. After the egg hunt is over, everyone will meet back in the VRC Gymnasium to count eggs and begin the raffle. Participants will meet in the VRC Gymnasium no later than 7:45 pm to check in. The egg hunt will start promptly at 8:00 pm. Please bring a flashlight to this event.



Ages: 21 years old and older

Fee: \$15 Resident / VRC Member; \$20 Non-Resident

Location: Vandalia Sports Complex; Meet in Vandalia Recreation Center

Registration Deadline: You must be registered for this program by Wednesday, April 2. Walk-ins will not be accepted.

Quiche Brunch w/ Eat Pretty Darling-Tuesday, April 15-6pm-7:30pm

Join us for a delightful brunch cooking class where you'll learn to create a delicious, seasonal quiche featuring fresh ingredients. We'll guide you through making a perfectly flaky crust and filling it with a blend of spring vegetables and herbs. Enjoy a relaxing, hands-on experience that's perfect for celebrating the flavors of the season.

Ages: 18 years old and older

Fee: \$30 per person

Location: Vandalia Senior Center

Registration Deadline: Deadline: You must be registered for this program by Saturday, April 12. Walk-ins will not

be accepted.



Farm Animal Pots w/ Miss Bec-Tuesday, April 22-6pm-7pm

Decorate a ceramic flowerpot to look like either a pig, cow, or chick, and learn to properly repot a flower with Miss Bec at the Sports Complex Concessions.

Ages: 2 - 5 years old

Fee: \$15 Resident/ Member; \$20 Non-Resident

Location: Vandalia Sports Complex: Baseball Concession Stand

*Registration for these programs is online at <u>vandaliareccenter.com</u>.

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VANDALIA SENIOR CENTER 21 Tionda Drive South Vandalia, Ohio 45377

Open; Monday through Friday 9:00 a.m. to 4:00 p.m. Coordinator: Toni Williams

twilliams@vandaliaohio.org

Phone: 937-898-1232 Fax: 937-665-0796

https://vandaliaohio.org/341/

Senior-Center

Vandalia Senior Club

2024 Committee:

President Cathy Nortman

985-201-6747

Vice President Iris Siebert

937-454-1583

Treasure Kay Lowe

937-409-8300

Dottie Ganter Secretary

937-898-7286

DATED MATERIAL: DO NOT DELAY

--MEMBERSHIP--

Age 55 or older

Younger Spouses are welcome!

The 2025 fees for members are:

Vandalia Residents \$15 single - \$25 dual

Non Resident \$20 single - \$35 dual

A resident is defined as someone who pays

City of Vandalia property taxes.

Membership for anyone over 90 is free but

you must notify the office to continue to get the newsletter.

Your annual membership fees help offset some of the costs of programming and support for the Senior Center.

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