

Vandalia Senior Center

October, 2025 Volume 13 Issue 10



It's time to start renewing your membership for 2026. Please renew before January 31, 2026. For more information go to page 4.

Functional Fitness Class on Monday, October 13, from 11:00 to 11:45 a.m.

Come join Lily Knopp, Exercise Physiologist, from Trinity In Home Care for a class focused on sustaining your independence through resistance training, mobility, and coordination. We will target muscles and movements used for basic everyday tasks to age gracefully. Use it or lose it! Please sign up to attend this class. Limit: 25



TIME to THINK about GETTING BACK on the BUS! NEW TRIPS for 2026!



Diamond Tours: May 27-June 2: Boston for our country's 250th anniversary: tour of Boston with Trinity Church, Boston Common, John Hancock Tower, USS Constitution & more, Faneuil Hall, John F Kennedy Library & Museum, tour of coast of Massachusetts, Lexington & Concord, Salem, Cape Ann & more; \$995pp.

Diamond Tours: June 15-June 19: Chicago: Museum of Science & Industry, 360 Chicago (formerly John Hancock Observatory), tour of Chicago, cruise on Lake Michigan, Navy Pier, Field Museum of Natural History, Lincoln Park Zoo & more; \$769 pp.

Diamond Tours: August 24-August 29: Myrtle Beach: 5 different shows including "Le Grand Cirque's Adrenaline Show", Barefoot Landing, Broadway at the Beach, Myrtle Beach Boardwalk and Promenade, L.W. Paul Living History Farm & more; \$839 pp.

Diamond Tours: September 14-September 19: Vermont: Goodrich's Maple Farm; tour of Ben & Jerry's Ice Cream Factory with samples, dinner cruise on Lake Champlain, Shelburne Museum, Cold Hollow Cider Mill, Vermont Granite Museum, Hope Cemetery, Stowe Village & more; \$975 pp.

Prime Tours: October 19-October 22: Washington, D.C.: 4 Smithsonian Museums & more, Tour of Vietnam War, Korean War, World War 2, ML King, A Lincoln, & FDR Memorials, White House photo op in Lafayette Park, Arlington National Cemetery, US Capitol Visitor Center and Tour, National Museum of US Marine Corps; price to be determined.

Prime Tours: December : Christmas in New York City: dates and price to be determined

Lunch & Learn

Heartland Insurance Lunch & Learn on Monday, October 6, at Noon

Cody Otten from Heartland Insurance will create your meal. Cody Otten and Casey Chanatry who play in the band called Tasting Color are returning to perform. In June, we listened to some impressive guitar playing and singing. Come in to hear some oldies, some classic rock, a little country, and some modern songs. Afterwards we will collect donations to thank them for their time. Limit: 75

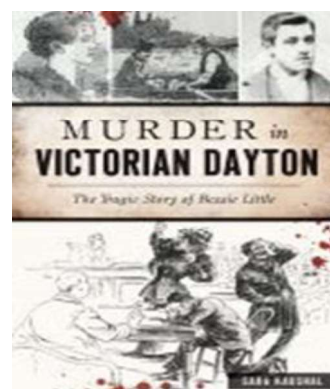


Momentum Health Lunch & Learn on Tuesday, October 7, at Noon

Jodell Davis will order your lunch. Jennifer Lorenzetti will present "The Most Memorable Ad Campaigns of All Time". Think Burma Shave, Love's Baby Soft, and Apple in 1984. These and many others are memorable for greatness or for notoriety. Come take a tour of the advertisements. Limit: 75

Stonespring Lunch & Learn on Thursday, October 9, at Noon

Sarah Mather will order your boxed lunches. Sara Kaushal will present "Murder & Mayhem". She will delve into the sordid and shocking tales of Dayton's true crime history. Sara will also share her new book, *Murder in Victorian Dayton*. Limit: 75



Medicare Resource Lunch & Learn on Friday, October 10, at Noon



Paul Fulghum from Medicare Resource will provide your lunch from Lilia's Outside Café. Don't miss out – 2026 Medicare changes could affect you! Learn what's changing and how to protect yourself from unexpected costs, harassing calls, and misleading ads. Get the facts you can trust. Limit: 75

Complete Solutions Lunch & Learn on Monday, October 13, at Noon

Scott and Michael Leonardi from Complete Solutions will bring your boxed lunch. This is a two-part event. You need to sign up for the parts you are attending. From 12:15 to 12:50 p.m., Scott Leonardi will tell you about A, B, C, & D's of Medicare. We will take a 10-minute break.

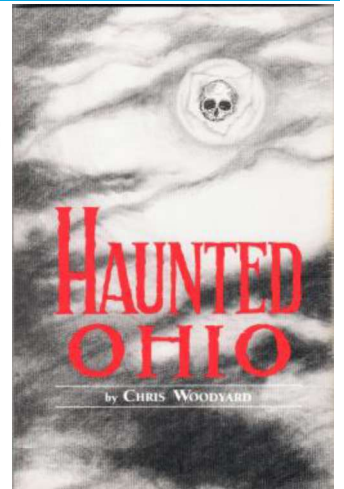
From 1:00 to 1:30 p.m., Michael Leonardi will tell you about changes coming to the enforcement of the Do Not Call lists. You will be able to report spoofed numbers, texts, and unwanted calls to the new FCC complaint line. Michael can help you re-enroll in the DNC list. Due to regulations, Michael can not provide a lunch during this 2nd session but he will have give away items. Limit: 100



Lunch & Learn

Hearth & Home Lunch & Learn on Tuesday, October 14, at Noon

Rose Siddle from Hearth & Home will bring your lunch from their kitchen. Chris Woodyard, author of the *Haunted Ohio* series, will speak by Zoom about her adventures in ghost hunting and share stories from some of her favorite Ohio haunt-spots including the Air Force Museum, Dayton Masonic Temple, and Waynesville, the most haunted village in Ohio, as well as some Vandalia-area hauntings. She'll tell tales of "The Phantom of Rt. 40," sinister apparitions of Women in Black, and a jolly ghost who called himself "George." Limit: 100



Everheart Hospice Lunch & learn on Thursday, October 16, at Noon

Amber Collins from Everheart Hospice will bring your meal. Amber Collins, Community Outreach Specialist, and Caitlyn Bowling, Bereavement Coordinator, will guide a compassionate discussion on adult grief and share helpful tools for navigating the grieving process. They'll also explore how grief uniquely affects caregivers. This is a valuable opportunity to learn, connect, and find support—whether you're grieving yourself or supporting others through loss. Limit: 75



Brookhaven Lunch & Learn on Monday, October 20, at Noon

Pam Cupp from Brookhaven will have their chef create your meal. Stan Lessig is a nature photographer. He will share his photos of Florida wildlife with primary focus on the Everglades. This will be mostly birds with a few gators and turtles thrown into the mix. Limit: 75



Laurels of Huber Heights Lunch & Learn on Tues., October 21, at Noon

Ellie Ungericht from Laurels of Huber Heights will bring your food. Angie Hoschouer Berguis will give you a virtual tour of the historic Grafton Hill neighborhood. It was listed on the National Register of Historic Places in 1986. Grafton Hill is where Dayton's affluent residents moved after living downtown to north across the Great Miami River. Today, it is an active neighborhood with the Dayton Art Institute, Masonic Center, and Annunciation Greek Orthodox Church nestled within its boundaries. Limit: 75



RIO Lunch & Learn on Monday, October 27, at Noon

Jerry Shields from Rehabilitation Institute of Ohio will provide your lunch. Jerry will present "Secrets of Sleep". Sleep is an important activity of daily living. Secrets of Sleep will discuss the need for quality sleep, how sleep affects us, and how to improve your sleep hygiene. Li



Lunch & Learns

Edward Jones Lunch & Learn on Tuesday, October 28, at Noon

Donna Bargo with Edward Jones will order your lunch. She will give you an Edward Jones Perspective Booklet. Jordan Peterson will discuss some of the topics in the Perspective. He will try to answer any financial questions you might have. Limit: 25



Brookdale, Mill Ridge Village, & Grace Brethren Lunch & Learn on Thurs., Oct. 30, at Noon



Tambi Spirk from Brookdale and Mark Spirk from Mill Ridge Village and Grace Brethren will provide your meal. Stephen Hollen is an author, a humorist, and a storyteller that travels the United States sharing his stories. This year he is sharing stories called "Me and Cousin Peanut". His cousin Peanut is about 5 ft tall and weighs less than 100 lbs. He is H₂O intolerant. You can kind of figure out what that means. Sign up to hear the rest of this strange story. Limit: 85

Volunteer Lunch on Friday, October 24, at Noon

While we truly appreciate the hundreds of people who donate items to the center all year, this volunteer lunch is just to celebrate those who volunteered their time on a regular basis at the center. It could be as a driver, teaching classes, on the Senior Club committee, cleaning tables regularly, and more. There will not be a sign-up sheet on the bulletin board. Just RSVP to Toni that you are able to attend if you have been a volunteer this year.



Renew Your Membership by January 31, 2026!!

Your membership can be renewed September through January. You can write a check to the City of Vandalia and mail it to the Vandalia Senior Center at 21 Tionda Drive South, Vandalia, 45377. For Vandalia residents, it is \$15 or \$25 for couples. Outside Vandalia, the cost is \$20 or \$35 for couples. If your address or phone number has changed, please send in the new information. You can also come in to renew, using cash, check, or a credit card.

Born in 1936: You are turning 90 in 2026. Your membership is free!

Contact the office to continue to get your newsletter.

90+ and Lifetime Members: Contact the office to continue to get your newsletter.



Art



Fairy Class on Friday, October 3, at 1:30 p.m.

Mindy Shockey will bring the parts to create a fairy under glass. There will be several things to use for a background. Cost: \$5
Minimum: 5 Limit: 12

Essential Oils Class on Tues., Oct. 14, at 1:45 p.m.

Christine Jordan from Red Lotus Essential Oils will explore essential oils for warding off colds and the flu. You will make an immune system boosting blend to help keep you healthy. Cost: \$6 Minimum: 5
Limit: 15



Ceramics Class on Fri., Oct. 17, at 1:30 p.m.

Mindy Shockey will bring the paints and brushes for you to paint this expressive turkey. It has holes that you can put lollipops in if you want. Cost: \$20 Limit: 15

FREE: Card Making Class on Tuesday, October 28, at 1:45 p.m.

For the final class of 2025, Linda will teach an easy to make card

featuring a black background. This makes a striking card with minimal and simple coloring. There will be several choices of verses for the front.

Kathy will help members make this checkerboard card using 6 different gold textured papers. Learn a new technique and create a work of art. It can be used for a birthday or Christmas. Limit: 12



FREE: Suncatcher Class on Thursday, October 30, at 1:45 p.m.

Jodell Davis from Momentus Health will bring the supplies to create this colorful turkey suncatcher. First you will put the parts together then you will bake it. The suncatcher is approximately 4.25" x 4.5". Limit: 10

Movies

Movie on the First Friday, October 3, at 1:00 p.m.

Snacks by Taylor Ries from Troy Rehabilitation

In the movie, *The Dilemma*, longtime friends Ronny (Vince Vaughn) and Nick (Kevin James) are partners in an auto-design firm. They are hard at work on a presentation for a dream project that would really launch their company. Then Ronny spots Nick's wife out with another man, and in the process of investigating the possible affair, he learns that Nick has a few secrets of his own. As the presentation nears, Ronny agonizes over what might happen if the truth gets out. This movie is directed by Ron Howard.

PG-13 Comedy/Drama 1 hr. 51 min.



Movie on the Third Friday, October 17, at 1:00 p.m.

Snacks by Jodell Davis from Momentus Health of Vandalia

In the movie, *Luckiest Man in America*, it's May, 1984. An unemployed ice cream truck driver goes on the game show Press Your Luck. He is harboring a secret; he thinks he has the key to endless money. But his winning streak is threatened when the bewildered executives uncover his real motivations. This is a true story. Meet the real man at the end of the movie. R Thriller / Drama 1 hr. 30 min.



Let's Eat Out on the Second Tuesday of the Month

Sign up to eat out at Rob's Restaurant, on Tuesday, October 14, at 5:00 p.m. It is located at 705 Arlington Rd, Brookville. You can order off the menu or get the Senior buffet for \$14. Directions: It is 17 minutes from the Senior Center. Take 75 S to 70 W to exit 21. Turn left onto Arlington. The restaurant will be on your right. Alternate: Turn left on

National Rd/Rt. 40. Follow it through Englewood. After you cross over Rt. 49, turn left on the 2nd road, Arlington Rd. The restaurant will be on your right.



Do You Play Bridge?

Three bridge groups would like more regular players. Play bridge on Tuesdays at 9:45 a.m. or Wednesdays at noon or duplicate bridge on Thursdays at 10:30 a.m. Go to page 10 to get the bridge hosts.

MON	TUES	WED	THUR	FRI
		1 Matter of Balance 9:15 Hula Hooping 9:30 Drumming 11:15 Bridge 12:00 Up & Down the River 12:00 Euchre 1:00	2 Duplicate Bridge 10:30 Hand & Foot 1:30 Pinochle 1:00 Bingo 1:00 Scattergories 1:30	3 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00 Fairy Under Glass 1:30
6 Exercise 10:00 Lunch & Learn 12:00 Hand & Foot 12:30	7 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Book Club 1:40 Bingo 1:45	8 Matter of Balance 9:15 Hula Hooping 9:30 Drumming 11:15 Bridge 12:00 Up & Down the River 12:15 Euchre 1:00	9 Duplicate Bridge 10:30 Lunch & Learn 12:00 Hand & Foot 1:30 Pinochle 1:00 Scattergories 1:30	10 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Lunch & Learn 12:00 Poker 1:00 Bingo 1:45
13 Exercise 10:00 Functional Fitness 11:00-11:45 Lunch & Learn 12:00 Hand & Foot 12:30 Do Not Call Talk 1:00	14 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Flu Shots 1:30-2:30 Hand & Foot 1:40 Essential Oils 1:45 Let's Eat Out 5:00	15 Matter of Balance 9:15 Hula Hooping 9:30 Drumming 11:15 Bridge 12:00 Up & Down the River 12:15 Euchre 1:00	16 Duplicate Bridge 10:30 Lunch & Learn 12:00 Hand & Foot 1:30 Pinochle 1:00 Scattergories 1:30	17 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00 Movie 1:00 Ceramics 1:30
20 Exercise 10:00 Lunch & Learn 12:00 Hand & Foot 12:30 Bingo 1:45	21 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 BP checks 11-12 Lunch & Learn 12:00 Hand & Foot 1:40 Bingo 1:45	22 Matter of Balance 9:15 Hula Hooping 9:30 Drumming 11:15 Bridge 12:00 Up & Down the River 12:15 Euchre 1:00	23 Duplicate Bridge 10:30 Hand & Foot 1:30 Pinochle 1:00 Scattergories 1:30	24 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Volunteer Lunch 12:00 Poker 1:00
27 Exercise 10:00 Lunch & Learn 12:00 Hand & Foot 12:30	28 Travel 9:00-12:00 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Hand & Foot 1:40 Card Making 1:45	29 Matter of Balance 9:15 Hula Hooping 9:30 Drumming 11:15 Bridge 12:00 Up & Down the River 12:00 Euchre 1:00 Birthdays 1:00 Bingo 1:30	30 Duplicate Bridge 10:30 Lunch & Learn 12:00 Hand & Foot 1:30 Pinochle 1:00 Scattergories 1:30 Suncatcher 1:45	31 Mah Jong 9:00 Colored Pencils 9:30 Exercise 10:00 Poker 1:00

Exercise & Information

NEW BOOKS at the Vandalia Library

The Witch's Orchard by Archer Sullivan

Maid for Each Other by Lynn Painter

Photograph by Brian Freeman

The Dead Husband Cookbook by Danielle Valentine

The Ex-Boyfriends Favorite Recipe Funeral Committee by Saki Kawashiro

NEW MOVIES at the Vandalia Library

The Friend

Fight or Flight

The Wedding Banquet

Hurry Up Tomorrow

Broke

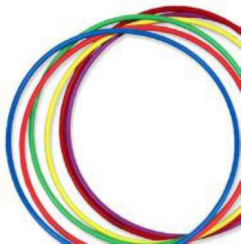
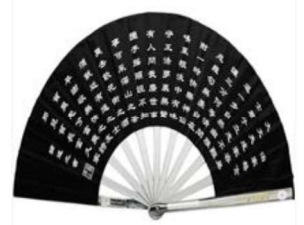


FREE Exercise Class on Mondays and Fridays from 10:00 to 10:45 a.m.

This is a chair exercise class that is often led by either Bill Kistner, Kathy Reedy, or Roddy Keish. The group might use the weights and exercise bands that are here at the center. Be prepared for a few jokes thrown out in between the exercises.

FREE Golden Qi Class on Tuesdays at 10:00 to 10:45 a.m.

Vevia Enix will teach Golden Qi which is a seated form of Tai Chi. This exercise improves balance, reduces joint pain, increases calmness, improves reasoning abilities, helps your memory, and improves the quality of your life. This class can be taken by anyone.

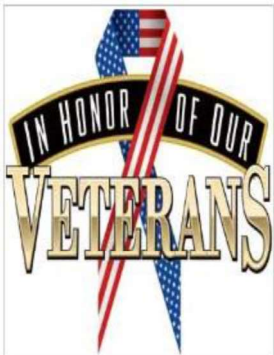


FREE Hula Hoop Class on Wednesdays at 9:30 to 10:30 a.m.

Come and see how hula hooping can improve your health, your spine, your balance, and cardiovascular system. It can lower blood pressure, reduce stress, and lower cholesterol levels. These hoops are what the pros use in the gyms and rehab centers.

FREE Drumming on Wednesdays from 11:00 a.m. to 11:45 a.m.

This class uses drumsticks on trash cans. The trash cans were purchased by the members who are participating. The group will follow a class on YouTube to exercise by drumming and adding other movements. The class will be in the dining room.



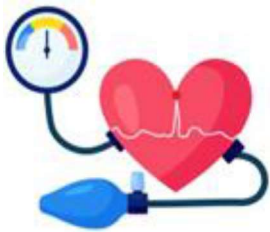
Preparations to Get Ready to Honor Veterans for Veteran's Day

Toni will be putting up the photos of veterans in the dining room for over 3 weeks from October 20 until Veteran's Day, November 11. She has kept the photos from previous years to use again. If you haven't given Toni a photo of veterans and active duty members from your family, please bring in your photos or email them to her. She will make a copy and add any names, ranks, and dates that you may know.

Information

Vandalia Senior Center Book Club Meets on the First Tuesday Each Month at 1:40 p.m.

The book club will meet on Tuesday, October 7, to discuss *Lulu Dean's Little Library of Banned Books* by Kirsten Miller. Beverly Underwood and her arch enemy, Lula Dean, live in the tiny town of Troy, Georgia. Beverly is on the school board, and Lula has become a local celebrity by embarking on a mission to rid the public libraries of all inappropriate books—none of which she's actually read. To replace the books she's challenged, Lula starts her own lending library in front of her home. What Lula doesn't know is that a local troublemaker has stolen her wholesome books, and restocked Lula's library with banned books. That's when the showdown that's been brewing between Beverly and Lula will roil the whole town...and change it forever.



Check Your Numbers on the 3rd Tuesday

A EMS technician from the Vandalia Fire Department will be in the dining room on Tuesday, October 21, from 11:00 a.m. to noon to check your blood pressure numbers if he doesn't get called out.

Afghans, Quilts, and Blankets for Veterans

Every year we collect crocheted or knitted afghans, lap size or twin size quilts and blankets. All of the items need to be new. An afghan can be full size or lap size. The lap size should be no smaller than 36" x 48". The Super Sewers will also be donating lap quilts. We don't have much storage room here so only bring these in during the month of October. Give your donations to either Toni in the office or Darby. The Amvets will pick them up at the beginning of November and distribute them to veterans.



Sign Up to Get Your Flu Shot on Tues., October 14, from 1:30 to 2:30 p.m.

Several members of the Hock's Pharmacy staff will be here on October 14 to handle paperwork and give flu shots. They will be set up in the front of the art room. Be sure to bring your Medicare card.

Answers to the Fall Questions on Page 11

- | | | | | | | |
|-------|-------|-------|-------|-------|-------|-------|
| 1. T | 2. K | 3. O | 4. M | 5. U | 6. H | |
| 7. N | 8. S | 9. A | 10. P | 11. Q | 12. D | |
| 13. W | 14. X | 15. J | 16. C | 17. Y | 18. F | |
| 19. V | 20. R | 21. G | 22. B | 23. L | 24. E | 25. I |



Information

Bridge Hosts

Tuesday bridge at 9:45 a.m. is hosted by Nancy Omlor 937-890-5431
Wednesday bridge at 12:00 p.m. is hosted by Sandi Baylor. 937-694-2643
Thursday bridge at 10:30 p.m. is hosted by John Whitley. 937-241-8456



Bingo



1. Tambi Spirk from Brookdale will bring lunch and call bingo on Thursday, October 2, at 1:00 p.m. Limit: 48
2. Taylor Ries from Troy Rehab will call bingo on Tuesday, October 7, at 1:45 p.m. Limit: 48
3. Shelli Jackson from Randall Residence of Tipp City will call bingo on Friday, October 10, at 1:45 p.m. Limit: 48
4. Jodell Davis from Momentus Health will call bingo on Monday, October 20, at 1:45 p.m. Limit: 48
5. Jessica Ward from Cypress Pointe will call bingo on Tuesday, October 21, at 1:45 p.m. Limit: 48
6. Robin Eck from Englewood Health & Rehab will call bingo on Wednesday, October 29, at 1:30 p.m. Limit: 48

Celebrate October Birthdays on Wed., October 29, at 1:00 p.m.

Jodell Davis from Momentus Health will provide the birthday cakes from their kitchen. Please sign up if you have a birthday. We will take a group photo then everyone will sing. Everyone gets a piece of cake but the birthday people get theirs first!



Donations

*****Please give ALL donations to Toni in the office. Some items can be used by the center.*****

Leave in the Office:: ***individual bags of chips, diet and regular drinks, ***8 oz. cold beverage cups, ***tea bags, seasonal and birthday napkins, non-refrigerated individual creamers, art supplies, greenery, new greeting cards, and items for the free tables.

Boxes in the hallway under the coat rack and by the white board: newspapers, eyeglasses, pop tabs, used greeting cards, stamps including cancelled stamps (leave a border), cell phones, food for the Vandalia Food Pantry barrel and food for Food 4 Kids

Leave on the Fireplace in the card room/library: books and puzzles



What do you know about fall?

Answer each question by writing the matching letter. Check your answers on page 9.

- | | |
|--|------------------------------|
| 1. When is the first day of autumn in 2025? ____ | A. Diwali-Festival of Lights |
| 2. Where is it popular to go to look at changing leaves? ____ | B. Monarch Butterfly |
| 3. What pigment decreases in leaves so they lose the green? ____ | C. Greenwich Village, NY |
| 4. What state is the largest pumpkin grower? ____ | D. salt on doorstep |
| 5. Oktoberfest takes place in what German city? ____ | E. Pegasus & Andromeda |
| 6. When does Daylight Savings Time end in 2025? ____ | F. pumpkins & apples |
| 7. In Ancient Greece, who was the goddess of harvest? ____ | G. Autumn Equinox |
| 8. Apples can be used to make what drink? ____ | H. November 2 |
| 9. Which Hindu festival takes place in the fall? ____ | I. Vitamin A |
| 10. Who wrote the horror classic, Frankenstein? ____ | J. Romania |
| 11. Which Jewish holiday takes place in the fall? ____ | K. New England |
| 12. What is said that this keeps evil spirits out of your house? ____ | L. tilt of Earth's axis |
| 13. What Celtic Tradition does Halloween stem from? ____ | M. Illinois |
| 14. Who wrote the classic horror story, Dracula? ____ | N. Demeter |
| 15. Transylvania is associated with Dracula. Where is it located? ____ | O. Chlorophyll |
| 16. Where does the biggest Halloween parade take place? ____ | P. Mary Shelley |
| 17. Where does "double, double toil, and trouble" come from? ____ | Q. Rosh Hashanah |
| 18. What crops are harvested in the fall? ____ | R. collect food |
| 19. In what country, did Halloween originate from? ____ | S. cider |
| 20. What do animals do to prepare to hibernate? ____ | T. September 22 |
| 21. What astronomical event marks the start of fall? ____ | U. Munich |
| 22. What animal is known for long-distance migration? ____ | V. Ireland |
| 23. What causes daylight hours to decrease in the fall? ____ | W. Samhain-Gaelic Festival |
| 24. In the fall, what constellations are prominent in the sky? ____ | X. Bram Stoker |
| 25. Cooked pumpkin is rich in what vitamin? ____ | Y. Macbeth |



How many words can you make out of the word: PUMPKIN?

Word Maker says there are 28 words that would be accepted in either Scrabble or Words with Friends.

5 letter words: 1, 4 letter words: 6, 3 letter words: 13, and 2 letter words: 8

Travel

For the Diamond Tours trips, write a \$100 deposit check to Diamond Tours. Also fill out the slip of paper at the bottom of the page or get the form at the Senior Center or on the website. Drop them in box #4 in the hallway by the office or mail it to the Senior Center.

October 5 to 11: Cape Cod, Martha's Vineyard, & Plymouth \$989 pp \$1218 *Full

For the Prime Tours trips, write a \$100 deposit check to Prime Tours. Also fill out the paper that comes with the flyer. You can pick it up at the center or go online. You can also register and pay by credit card online at GoPrimeTours.com

December 8 to 11: Smokie Mountain Christmas including visiting the Biltmore Estate
\$1499 pp \$1689 single You can also do a hotel upgrade. See flyer.

2026 CRUISES! Call **1-800-423-0247** and ask for **Amy** to schedule your trip. Or make a reservation at grandamericantours.com.

CHANGE to BOTH cruises: an extra travel day was added at the beginning of the trip
Feb. 12-21, 2026 Travel with Royal Caribbean to Baltimore, Charleston, Port Canaveral, Miami, and Grand Bahama. *Passport required **\$2471** to **\$2708** depending on cabin.

October 3-11, 2026 Travel with Norwegian to Boston, Portland, Bar Harbor, St. John, Bay of Fundy, New Brunswick, and Halifax, Nova Scotia. *Passport required **\$3221** to **\$3584** depending on cabin.

Flyers are in the holder by the card room door. Information is on the travel bulletin board and on the senior center web page at <https://vandaliaohio.org/503/Travel>. You can mail your check to the Vandalia Senior Center or drop it in box #4 in the hallway by the kitchen or give it to Bob Reed in person. You also need to fill out the form for that company.

Bob Reed's Office Hours: Tuesdays only 9 a.m. to Noon
Or call Bob at 937-313-9692 and leave a voicemail.

 **Please only call Monday through Thursday from 10 a.m. to 4 p.m.**

Name: _____ Name of Roommate: _____

Cell phone: _____ Email: _____

Trip Destination: _____

Emergency contact—Name: _____ Phone number: _____

FOR DIAMOND TOURS ONLY

Please Support our Generous Sponsors!!

A CONSULTATION is Waiting for You!

3 Facts to Know:

1. Medicaid pays for long-term care only once your assets have been nearly depleted.
2. Medicaid Planning helps you qualify for financial aid sooner — preserving your assets for your family.
3. Planning can help you receive care in a place of your choice — *even in your home.*

Lovett & House has helped *thousands* of Ohio families with Medicaid planning in many counties. Attorney George Lovett is a “certified expert in estate planning, trusts, and probate law” by the Ohio State Bar Association.

www.lovettlawoffice.com

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- Budget Worksheet
- Healthcare Options
- Social Security Maximization Tips
- Income Planning
- Bucket List
- Resources
- And MUCH more!



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WHAT MAKES US DIFFERENT?

We love Vandalia! We understand community is everything. Since 1976 we have tried to support our seniors with top notch service and sales

CONTACT US

1020 West National Rd

(937) 898-5841

Ford Blue Advantage
Beau Townsend Gold Certified
BTTFORD.com

- ✓ 7-Year, 100,000-Mile Limited Powertrain Warranty
- ✓ 1-Year, 12,000-Mile Limited Comprehensive Warranty
- ✓ Financing as low as 1.9% APR
- ✓ 172-Point Inspection Vehicle History Report



Vandalia
Recreation
Center

Vandalia Fall **FESTIVAL**

SATURDAY, OCTOBER 11 | 12:00PM - 6:00PM

**Live Music | Food Trucks | Vendors
Inflatables | Arts & Crafts | Corn Pit
Pumpkin Patch | And More!**

LOCATION: VANDALIA SPORTS COMPLEX
MUSIC BY: STRANGER



Spooky Sweets w/ Eat Pretty Darling— Thurs., October 16—6:00pm-7:30pm

Kids will create monster-themed cupcakes bursting with colorful frosting and candy eyes, then blend up vibrant, magical witch's potion smoothies. This fun and festive class is perfect for young chefs who love a little kitchen creativity and Halloween spirit.

Ages: 6 - 12 years old

Fee: \$25 per person

Location: Vandalia Senior Center

Registration Deadline: You must be registered for this program by Monday, October 13.

Walk-ins will not be accepted



Family Clay Pumpkin Luminaries w/ The Purple Paintbrush – Sun., Oct 5– 2:00pm-3:45pm

Hand building clay luminaries/jack-of-lanterns from clay using approachable methods like pinch pot techniques or "coil" pot participants can make 2-3 (depending on size) luminaries with lids.

Project can then be decorated with glaze and will be fired to 1800 degrees! Please allow 2-3 weeks after the program for firing. Luminaries will come with an LED on pickup.

Ages: Families!

Fee: \$45 per family (includes 2lbs of clay)

Location: Vandalia Recreation Center

Registration Deadline: You must be registered for this program by Wednesday, October 1.

Walk-ins will not be accepted.



Big Pumpkin w/ Miss Elissa – Wed., October 15– 6:00pm-8:00pm

Celebrate the cozy charm of fall with Big Pumpkin with Miss Elissa! This October, enjoy a relaxed painting session as Miss Elissa guides you step by-step in creating a vibrant pumpkin scene on a 16"x20" canvas—no painting experience needed! All painting supplies and instruction are included. Just bring yourself, maybe a friend (and a snack if you'd like!), and go home with a festive fall masterpiece you'll love to display all season long.

Ages: 18 years and older

Fee: \$35 per person

Location: Vandalia Recreation Center

Registration Deadline: You must be registered for this program by

Friday, October 10. Walk-ins will not be accepted.

***Registration for these programs at vandaliaohio.org or at the VRC front desk.**



VANDALIA SENIOR CENTER

21 Tionda Drive South
Vandalia, Ohio 45377

Open; Monday through Friday
9:00 a.m. to 4:00 p.m.
Coordinator: Toni Williams

twilliams@vandaliaohio.org
Phone: 937-898-1232
Fax: 937-665-0796
[https://vandaliaohio.org/341/
Senior-Center](https://vandaliaohio.org/341/Senior-Center)

2025 Vandalia Senior Club

President	Cathy Nortman 985-201-6747
Vice President	Iris Siebert 937-454-1583
Treasure	Kay Lowe 937-409-8300
Secretary	Dottie Ganter 937-898-7286
<u>Co-chairs Silver Activity Committee</u>	
	Pat James 937-898-8051
	Dottie Ganter 937-898-7286

DATED MATERIAL: DO NOT DELAY

--MEMBERSHIP--

Age 55 or older

Younger Spouses are welcome!

The 2025 fees for members are:

Vandalia Residents \$15 single - \$25 dual

Non Resident \$20 single - \$35 dual

A resident is defined as someone who pays
City of Vandalia property taxes.

Membership for anyone over 90 is free but
you must notify the office to continue to get the newsletter.

Your annual membership fees help offset some of
the costs of programming and support for the Senior Center.

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