

Free Injury Assessments



Athletic training services include:

- Injury assessments
- Instruction in corrective exercise
- Recommendations for further treatment

Free Injury Assessment Hours

Wednesdays from 9 to 11 a.m.

Hours are subject to change.

Michelle Heckman, AT

Athletic Trainer

All assessments performed by a certified athletic trainer from Miami Valley Hospital North. Walk-ins seen on a first come, first serve basis. A parent or legal guardian must accompany those under age 18.



For information call:
(937) 734-5955



Vandalia Recreation Center
Special Event Room



To schedule an assessment:

Please see front desk
if an assessment is needed
on a day or time
different than posted hours.