



Vandalia Recreation Center

Track Rules

1. Be courteous to others.
2. Obey the posted lane directional guidelines.
3. Use proper lanes designated for walking or running.
4. Pass with caution.
5. Enter and exit the track carefully.
6. Avoid sudden stops and being stationary.
7. Closed-toe shoes are required. No spikes permitted.
8. Skates, rollerblades, skateboards and strollers are prohibited.
9. Food is prohibited; drinks must be in closed containers.
10. Do not utilize equipment that may obstruct another lane or could injure others.
11. Any other guidelines deemed necessary for the safety and comfort of the patron will be enforced.

[The Track can be utilized by users of any age with the following guidelines:](#)

Youth ages 13 and under must be actively supervised by an adult at all times while utilizing the track.

Youth ages 17 and under may utilize track but are not permitted to use equipment.