

Cassel Hills Pool Guidelines

GENERAL

1. For your safety and those around you, please obey all instructions of the staff.
 - Distracting lifeguards from their duties is a safety concern
2. Swimming is only permitted when lifeguards are on duty.
3. The City of Vandalia reserves the right to limit access due to safety concerns.
4. To assist in keeping pool water clean and clear, please shower prior to entering the water to remove oils and dirt.
5. Patrons shall not behave in a manner that jeopardizes the safety and well-being of themselves and/or others. Examples of unacceptable behaviors include; running, rough play, forcing others into the pool, pushing, whipping of towels, acrobatics, excessive dunking, holding others underwater, prolonged underwater swimming or 'breath holding', excessive noise, wrestling, fighting, the use of abusive/profane language, and public display of affection.
6. Patrons wishing to leave and return on the same day must have their hand stamped prior to leaving.
7. No smoking/vaping except for designated area outside pool grounds.
8. Lawn chairs are a first come first serve basis regardless of age. Private lounge chairs are permitted.
9. Obscene tattoos must be covered.
10. Inappropriate clothing is not permitted.
11. Cameras are permitted in the pool area for IMMEDIATE FAMILY USE ONLY.
12. Be cautious with your valuables. The City of Vandalia is not responsible for your personal items.
13. A concession stand is available from 12:00pm-6:00pm. Carry-in food and drinks are permitted, with the exception of alcohol and glass.

PATRON ATTIRE

1. Clean swimsuits with lining are required. Swimsuits must cover one's bottom, genitals and chest (females).
2. Acceptable swimwear includes traditional swim trunks, board trunks, Jammers, rash guards and wetsuits. Unacceptable swimwear includes street wear, athletic shorts, cut-offs, transparent fabrics, undergarments, bras (including sports bras) and thongs/G-strings.

HEALTH/SAFETY

1. Children 8 years of age and younger must be accompanied in the facility by a responsible adult, sixteen (16) years of age or older.
2. Supervising your child/children remains your responsibility at all times, even if lifeguards are present.
3. All injuries should be reported to the CHP staff immediately.

4. Infants/children who are not toilet trained and adults who are incontinent must wear a clean disposable swim diaper covered with a bathing suit. If the diaper becomes soiled, the person must exit the pool immediately, take or be given a shower with soap, and be wearing a clean swim diaper and suit before re-entering the pool. Diapers may not be changed while on the pool deck.
5. Any person that has a communicable disease, skin disease, open (unhealed) sore, inflamed eyes, cold, nasal or ear discharge is not permitted in the water.
6. Any person that is bleeding or experiencing diarrhea is not permitted in the water. A person with diarrhea must wait 2 weeks after symptoms end before returning to the pool. Pathogens of concern may still be shed up to 2 weeks following the end of symptoms.
7. Spitting, spouting, blowing of nose, urinating and defecating in the pool is not permitted.
8. Groups bringing children to CHP must have at least one adult per every five children over the age of 4 years of age and are responsible for the supervision of those children. Adults are to be in proper swim attire and must directly supervise the children poolside.
9. Food purchased by patrons may be consumed anywhere in the designated concession area or grassy areas.
10. Wheelies, skate boards and/or any small wheeled devices are not permitted.
11. Only service animals are permitted in the facility.

EQUIPMENT AND TOYS

1. All life vests must be U.S. Coast Guard (USCG) approved. We provide USCG approved life jackets at no charge. Patrons may utilize their own USCG approved life vests for use at the facility.
2. Water wings, baby seat floaters, suits with built in flotation devices and water noodles provide a “false sense of security” and are not permitted. These items are not U.S. Coast Guard approved flotation devices. Floating enhancement devices NEVER replace in-water supervision.
3. Inflatable items are not permitted.
4. Any item that restricts swimmers’ leg movement (i.e. mermaid tails, monofins, etc.) are not permitted in the water.
5. Adults may use water noodles, kick boards & other pieces of water exercise equipment for water exercise.
6. Toys are permitted with guards’ approval and with patron’s safety in mind. All diving toys must be soft.
7. Please do not sit, hang on, or play on the ropes, lane lines and pool ladders.

DIVING / DIVING BOARDS

1. Diving, (front/head first) is permitted from the east wall and the diving well (when the boards are closed).
 - a. Examples of dives that are NOT permitted from the east wall and diving well include;
 - i. Back dives
 - ii. Flips

iii. Can-Openers/sleepers

iv. cartwheels

2. Only one person is permitted on the board at a time.
3. Only one bounce on the end of the board is permitted.
4. Jump/Dive straight out from the board. Do not jump towards the wall.
5. Splash dives are permitted when done from the diving board; they are not permitted off the deck.
6. The following dives are permitted from the diving boards
 - a. Back dives
 - b. Flips
 - c. Splash dives
 - d. Front/head first dives
7. The following dives are prohibited from the diving boards due to safety concerns:
 - a. Gainers (Reverses)
 - b. Inwards
 - c. Sailor Dives
 - d. Sit-bounce Dives
 - e. Hand-Stand Dives
 - f. Cartwheels
 - g. Any dive not listed above that the Lifeguard/Management deems unsafe
8. Jump/Dive frontward or backward off the board only. Do not change direction in mid-bounce.
9. There is no swimming in the diving well while the diving boards are open.
10. Parents/Guardians are prohibited from catching a child jumping off the diving boards.
11. Children may wear U.S. Coast Guard approved life jackets while jumping off the diving board. It is the responsibility of the child's guardian to make sure the life jacket is appropriate for their weight and size and is fitted correctly.
12. Nothing may be thrown to or thrown from a person jumping off the diving boards.
13. After jumping/diving into the water, the patron must exit the water at the closest ladder. Please, no hanging onto the side walls of the diving well.
14. Adjusting the fulcrum wheel on the sides of the diving boards is strictly prohibited.
15. Lifeguard/Management has the authority and obligation to correct any behaviors not listed above that are considered unsafe.

FEATURE POOL (KIDDIE POOL)

1. You must be shorter than forty-eight (48) inches in height to enter the pool; the only exception is siblings that are playing with younger children, not playing on their own.
2. Swim diapers are required for all non-potty trained children. Regular diapers are not permitted.
3. Running is not permitted.
4. Please move around the area carefully to avoid collisions and/or injury.
5. Toys are permitted in this area. Caregivers are expected to assist their child to play safely.