THE BLUE LETTER



333 James E. Bohanan Drive • Vandalia, OH 45377 • (937) 898-5891

September 17, 2022

Honorable Mayor Herbst & Esteemed City Councilmembers:

On Monday, the study session will begin at 5:30 pm and the business meeting will begin at 7:00 pm.

I have attached a voicemail lauding Police Officer Clymer for his good work and professionalism during a traffic stop last month. He ends the call with, "God bless America and God bless Police Officers." As public servants – every day we have the chance to do small things in great ways. Not all good calls result in a voicemail or correspondence such as this. Many of our teammates routinely make tough decisions and optimal recommendations that are necessary but not popular. This is a challenging part of public service.

To anyone in our organization who is struggling, keep doing good things and making the hard choices. I offer these two considerations as a guide:

- 1. Leverage your subject matter expertise and that of your peers and colleagues to make solid decisions in a respectful, ethical, consistent, and professional way.
- 2. Memorize and practice this customer service model:
 - a. Listen intently;
 - b. Ask clarifying questions;
 - c. Recapitulate concerns in your own words; and
 - d. Propose solutions.

Next, follow through. Fall back on this foundational approach, make good decisions, and the rest will take care of itself.

This week, I am attending the International City / County Management Association (ICMA) Conference in Columbus. I will return on Monday for the Council meeting. I proud to inform you that ICMA has advised me that I will be named an ICMA Credentialed Manager early next year (LINK). ICMA Credentialed Managers are professional local government managers qualified by a combination of education and experience, adherence to high standards of integrity, and an assessed commitment to lifelong learning and professional development. This credential requires a minimum of seven years (and up to 15 years) of city management experience to obtain.

The City's leadership team is deep into the 2023 budget. As I reflect on these meetings, I am enthused by the effort, creative thinking, and pride that our team puts into their work. As an organization, our individual performance goals, budgetary decisions, and capital outlays are aligned with moving the community towards our <u>Citywide Policy Goals (LINK)</u>.

Earlier this week, Chief Althouse informed me that the Police Division will receive a \$13,000 grant for Police Officer wellness services. As a team, we have many grant applications out and planned. We will continue to work to stretch taxpayer funds by seeking alternative funding sources to improve the way we do business and boost quality of life in Vandalia.

I have enclosed the flier for the <u>MyVandalia App (LINK)</u>. This is the single greatest piece of technology that we have implemented as of late. I suggest that all residents consider downloading this application to report concerns in Vandalia.

Earlier this year, the City of Vandalia implemented a \$1.00 / square foot infrastructure fee for new commercial and industrial development. There seemed to be some confounding and confusion regarding the proposed utility rate adjustments as it relates to impacts from commercial development. This year, City Council wisely employed the infrastructure fee to ensure that Vandalia residents are not unjustly subsidizing commercial development in town. Instead, the infrastructure fee will be used to pay for necessary improvements to roadways, utility system improvements, and work in the public right of way. In addition, I anticipate that these funds will be used to finance the debt service payments for the utility expansion project west of Airport Access Rd.

You are invited to the employee appreciation taco bar! The event will take place this Friday from 11:30 am – 1 pm at the Vandalia Senior Center.

Council Fall Retreat: On Monday, September 26, the City Council Fall Retreat will be held at Cassel Hills Golf Course from 4:00 pm to 9:00 pm.

October is Fire Prevention Month – In honor of Fire Prevention Month, the Division of Fire will host an open house on Sunday, October 2nd from 12:00 pm to 2:00 pm at Fire Station One, 8705 Peters Pike.

Study Session:

Presentations

Information Technology Department Update – IT Manager Davey

At the meeting, IT Manager Davey will give a general update of the City's IT functions and growing complexity relating to network security, database and server management, and many complex actions that must be taken to keep our systems consistent. At our upcoming retreat, I will propose that the City add an IT Network Systems Administrator to the ranks.

• Firefighter Staffing – Chief Follick

City Council and administrative staff have deliberated issues pertaining to firefighter staffing in Vandalia. The Vandalia Division of Fire is structured differently than peer organizations in southwest Ohio. In addition, the Division of Fire is not structured in a manner that provides onsite first-line supervision at Station 2. There are several other undue demands that are being placed on Fire Division leaders that I will share at the meeting. These practices are not sustainable and are not in the interest of stakeholders. As the profile of the part-time firefighter changes, so does fire and EMS service. In the coming years, our residents will become older on average and require additional EMS calls for service. To preserve the health, safety and well-being of the residents of Vandalia, I am recommending that the ranks be adjusted by adding three Fire

Lieutenants and three full-time Firefighter / Paramedic / Inspectors. Chief Follick has applied for SAFER funding for three full-time positions (e.g., wages funded at 100% for three years). In addition, over the coming years, I anticipate reducing the number of part-time firefighters (e.g., generally when they voluntarily leave the organization through attrition) in order to generate annual savings of approximately \$250,000. Again, I do not anticipate an outright answer, and I would like to discuss these considerations further in our upcoming retreat.

Monday, September 19, 2022 Items

Items on this evening's Council Meeting agenda

Resolution 22-R-67: 2022 Assistance to Firefighters Grant (AFG) Award - The Division of Fire has been awarded a FEMA Assistance to Firefighters Grant (AFG) to assist us in replacing our self-contained breathing apparatus (SCBA). The award is \$225,567.00 and the City's match is 5% or \$11,278.36. This is one of the largest grant awards that the Division of Fire has received and Chief Follick credits this success to Captain Milliken's hard work. At our meeting, I will request that City Council officially accept the grant in the form of a Resolution. Furthermore, the Division of Fire would ask that our 2022 capital budget be supplemented by \$11,278.36, to meet our 5% grant match (I have adjusted the regular session agenda so that the budget may be adjusted prior to the authorization by resolution – as required by our auditors.).

Ordinance 22-36: Temporary Advanced Payment - This emergency ordinance is the result of Director Steve Clark winning a \$100,000 grant for playground equipment at Helke Park. This emergency ordinance authorizes a temporary advance and reimbursement between the General Fund to the Community Development Block Grant (CDBG) Fund for partial payment of expenses related to the Parks and Recreation Playground Equipment Project.

Ordinance 22-39: Temporary Advance Payment – This emergency ordinance authorizes a temporary advance and reimbursement between the General Fund to the FEMA Special Revenue Fund for partial payment of expenses related to the replacement of self-contained breathing apparatus Project.

Ordinance 22-37: Assessments - This emergency ordinance assesses properties for delinquent accounts related to storm water fees, trash collection, delinquent sewer & water, and weed cutting.

Monday, October 3, 2022 Items

Ordinance 22-38: Supplemental - Finance is requesting the approval of the following supplemental appropriation Ordinance for the following reasons:

General Fund:

- \$661.23 increase appropriations to account for additional expenses related to the purchase of EMS equipment/supplies. The City received a grant issued by the State of Ohio to offset the costs.
- \$8,500 increase appropriations to account for additional expenses related to increased fuel costs in the parks (\$5,000), recreation (\$1,000), senior center (\$1,000) and building maintenance (\$1,500) departments.
- **\$12,000** increase appropriations to account to additional expenses due to an increase in programming costs and participation numbers being higher than

anticipated (volleyball camp, tennis camp, foam events, art event). Increased revenues from the additional participants will offset the increase in costs.

FEMA Special Revenue Fund:

- \$3,240 increase appropriations to account for expenses related to the transfer out of the remaining reimbursement amount of federal funds received for unexpected costs as a result of the 2019 tornado. The remaining funds will be transferred out to the respective funds that were used to expense the original costs ((General (\$810), Street (\$810), Stormwater (\$324), Water (\$648), Sewer (\$648) Funds)).
- \$236,845.36 increase appropriations to account for expenses for the replacement of self-contained breathing apparatus (SCBA). The Division of Fire was awarded a FEMA Assistance to Firefighters Grant (AFG) of \$225,567 to be used to offset most of the total cost. The total project cost must be appropriated in order to obligate the funds and order SCBAs.

Stormwater Fund:

• \$42,950 – increase appropriations to account for additional expenses related to the unexpected costs and contingency funds for the Foley and Enola Dr. project based on bid versus budgeted amounts.

Police-Fire-Street Fund:

\$130,750 – increase appropriations to account for additional expenses related to the
unexpected costs and contingency funds for the Foley and Enola Dr. project based
on bid versus budgeted amounts.

Community Development Block Grant (CDBG) Fund:

• \$100,000 – increase appropriations to account for expenses related to the purchase of new playground equipment at Helke Park. The City was awarded CDBG funding from Montgomery County for a portion of the project. This funding will be a reimbursement and not received until the project is completed. Therefore, we will need to advance the \$100,000 from the General Fund to the CDBG Fund, and once the monies have been received from the County, the funds will be reimbursed back into the General Fund.

Fire Equipment Fund:

• \$263,000 – increase appropriations to account for expenses related to the transfer out of funds associated with the first debt payment on the new ladder fire truck. The revenue was received and posted to the Fire Equipment Fund and is required to be transferred to and available for use in the Police-Fire-Street Fund. Future debt payments will be expensed from the Police-Fire-Street Fund.

Facilities Improvement Reserve Fund:

• **\$50,000** – increase appropriations to account for additional expenses related due diligence prior to accepting donated land from Montgomery County for a possible public safety training facility.

Bond Retirement Fund:

• \$125,255 – increase appropriations to account for bond issuance costs associated with the financing of the Dog Leg Rd Phase 1 project.

Golf Fund

• \$80,000 – increase appropriations to account for expenses related to the design of a replacement irrigation system. I am requesting that funds be appropriated for design and construction documents. If this approved, I will conduct a qualifications-based assessment of firms and return to City Council to request authorization to negotiate and enter into a contract for design. I am requesting funds to begin this process because of anticipated lag time in the industry. Construction is not likely to occur until 2024. I do anticipate proposing an appropriation as a placeholder financed via notes in the 2023 budget so that a construction contract can be awarded in 2023.

Water Fund:

- \$77,850 increase appropriations to account for additional expenses related to the unexpected costs and contingency funds for the Foley and Enola Dr. project based on bid versus budgeted amounts.
- \$250,000 increase appropriations to account for additional expenses related to the Dog Leg Rd Phase 1 project. The 2022 budget included an estimated amount of \$2,000,000, and the total project cost and financed amount was \$4,500,000 (Water 50%, Sewer 50%).

Sewer Fund:

- \$60,425 increase appropriations to account for additional expenses related to the unexpected costs and contingency funds for the Foley and Enola Dr. project based on bid versus budgeted amounts.
- \$250,000 increase appropriations to account for additional expenses related to the Dog Leg Rd Phase 1 project. The 2022 budget included an estimated amount of \$2,000,000; however, the total project cost and financed amount was \$4,500,000 (Water 50%, Sewer 50%).

Resolution 22-R-63: - **ROW Dedication – Park Center Drive** - Redwood Living has requested the dedication of Lot 3 of the Redwood Section One Plat to be dedicated as public right-of-way. The 1.1012-acre tract serves as the extension of Park Center Drive to the east. The Applicant has posted an irrevocable letter of credit to cover any maintenance within the first year after acceptance. Further, this dedication requires that Redwood Living maintain the landscaped area within the roundabout. The Planning Commission voted 3—0 to recommend approval of this request.

Resolution 22-R-64: Foley/Enola Drive Reconstruction - Sealed Bids were publicly opened for the Foley & Enola Drive Reconstruction Project on Monday September 12, 2022. Eight sets of specifications were purchased by contractors, and seven contractors submitted bids for the project. Bids ranged from \$1,163,148.00 to \$1,325,775.60 for the base bid. The City appropriated \$967,500 in the 2022 Capital Improvement budget for this project out of various funds (Safe & Stable, Water, Sanitary Sewer and Storm Sewer respectively). The alternate bid was for the option to use PVC watermain in lieu of ductile iron pipe. I recommend with minimal cost difference that the City use ductile iron.

This budget amount was estimated back in July of 2021 before much of the material shortages, fuel prices and other material pricing has risen considerably. When final plans were completed this summer our engineer's estimate was \$1,150,000. We will need to approve a supplemental appropriation to move forward with the bid award. Public Service Director Cron obtained grant funding in the amount of \$400,000 from the Ohio Public Works Commission for this project. Therefore, I recommend that the bid be awarded to Double Jay Construction. as the lowest and best bidder at their bid price of \$1,163,148.00 with their base bid. With bidding the project late in the year and the lead time on materials we do not anticipate a start date until spring of 2023 and have set a completion date of August 4, 2023.

Resolution 22-R-65: ODOT Bridge Inspection Agreement - I would like to recommend to entering into an agreement with ODOT to perform the Bridge Inspection on the nine bridges owned by the City. ODOT performs the inspections at no cost to the City. We have passed similar legislation in the past for three-year agreements. With current funds available they have agreed to renew us for calendar year 2023. They hope to get back on the three-year agreement cycle beginning in 2024. ODOT began this program in 2014, where they will perform the inspection at no cost to the jurisdiction and provide us the reports when completed.

As reference, our bridges include:

Two on Farrell Road
One on Helke Road
Two bridges on Airport Access road
One on Brown School Road
One on Wyse road
One on Poplar Creek Road
One on Johnson Station

Variance: Drive – **Thru Audible Device** – **3324 Benchwood Road** - The Applicant, Joe Youst, has requested a variance to allow a drive-through audible device within 150 feet of a residential property at 3324 Benchwood Road. The proposed financial institution would feature a drive through on the east side of the building, approximately 110 feet from the adjacent residential property. At its meeting on September 14, 2022, the Board of Zoning Appeals voted 5-0 to recommend approval with one condition.

Resolution 22-R-66: Accepting the Amounts and Rates Determined by the Budget Commission and Authorizing the Necessary Tax Levies and Certifying them to the County Auditor – This resolution is passed annually and is largely housekeeping. This resolution will accept the Amounts and Rates for Tax Year 2022. The Montgomery County Auditor noted the Amounts and Rates are subject to change due to election results and value changes. The revenue estimates continue to be at 95% collection. Attached is

a memo and the Local Government Fund distribution estimates for Calendar Year 2023, provided by the Montgomery County Auditor.

Discussion Items:

August Financial Reports - Mrs. Leiter will deliver the August 2022 Financial Report.

6o-Day Calendar - The calendar is included in your packets for your review

Council Meeting:

Communications, Petitions and Awards: City Manager Wendt will introduce Rebecca Roderer, an applicant requesting appointment to the Vandalia Arts Council Board.

Action Items:

Board Appointments – Council will be asked to vote on the appointments for Rebecca Roderer and Chris Royse to the Vandalia Arts Council Board.

<u>Ordinance – Emergency</u>

[Note: I have adjusted the order of this agenda to comply with auditing principles relating to resolutions on this agenda.]

Emergency Ordinance 22-36: Temporary Advanced Payment - This emergency ordinance authorizes a temporary advance and reimbursement between the General Fund to the Community Development Block Grant (CDBG) Fund for partial payment of expenses related to the Parks and Recreation Playground Equipment Project. This project is a direct result of Director Clark winning a \$100,000 grant for playground equipment at Helke Park. The funds must be obligated for the City to be able to order equipment.

Ordinance 22-39: Temporary Advance Payment – This emergency ordinance authorizes a temporary advance and reimbursement between the General Fund to the FEMA Special Revenue Fund for partial payment of expenses related to the replacement of self-contained breathing apparatus Project.

Emergency Ordinance 22-37: Assessments - This emergency ordinance assesses properties for delinquent accounts related to storm water fees, trash collection, delinquent sewer & water, and weed cutting.

Resolutions

Resolution 22-R-62: Playground Equipment Purchase and Installation for Sports Complex and Helke Park – The Parks and Recreation Department is requesting to waive the formal bidding process for the capital purchase of Playground Equipment for the Vandalia Sports Complex (Baseball Playground Units) and Helke Park, authorizing the purchase through the State of Ohio Procurement program with Landscape Structures of Delano, Minnesota at a cost not to exceed \$700,000.

The following funds are available for the Playground Replacement Project:

- Sports Complex \$375,000
 - o \$225,000 ARPA Funds

- o \$150,000 CIP Funds
- Helke Park \$325,000
 - o \$225,000 ARPA Funds
 - \$100,000 CDBG Funds

The playground units proposed for replacement at the Sports Complex were installed in 1992 (ages 5-12 unit) and 1996 (ages 2-5 unit). The playground units at Helke Park were installed in 2000 (ages 5-12 unit) and 1996 (ages 2-5 unit). According to the American Society for Testing and Materials International (i.e., a standards organization that develops and publishes consensus technical standards for a wide range of materials, products, systems and services) a standard playground area should see a new installation or update within 8-10 years after its original installation date. However, they have seen commercial playground areas last as long as 15-20 years. All of the playground units proposed for replacement are beyond the industry standard.

As part of the Playground Replacement Project, a committee has been formed to provide valuable input and feedback during the design process. The committee is comprised of several residents as well as representatives of the Montgomery County Board of Developmental Disabilities Services, Miami Valley Down Syndrome Association and Vandalia-Butler Schools. Facilities Superintendent Rudy Wells, Recreation Superintendent Jeff Kreill, and Facilities Manager Alicia McCracken are also part of the committee. I appreciate the collaborative approach and direct effort by Director Clark to build trust and confidence in this project.

Resolution 22-R-67: 2022 Assistance to Firefighters Grant (AFG) Award - The Division of Fire has been awarded a FEMA Assistance to Firefighters Grant (AFG) to assist us in replacing our self-contained breathing apparatus (SCBA). The award is \$225,567.00 and the City's match is 5% or \$11,278.36. This is one of the largest grant awards that the Division of Fire has received and Chief Follick credits this success to Captain Milliken's hard work.

Ordinance - Second Reading

Ordinance 22-35: This ordinance approves the amendment of the Vandalia Codified Ordinance sections 1042.11, 1044.06(d) and 1045.28 regarding water, sewer, waste water treatment and storm water drainage rates. Adjusting these rates will ensure adequate funds are available for future necessary operating, maintenance, and capital projects.

Reports from Boards and Commissions

Civil Service Commission Meeting Minutes: August 10, 2022

Civil Service Commission Meeting Minutes: August 31, 2022

BZA Meeting Minutes: August 24, 2022

Variance: Curb Openings – 769 Center Drive - The Applicant, Levin Porter Architects, has requested a variance to allow a second curb opening on the same street frontage at 769 Center Drive. At its meeting on August 24, 2022, the Board of Zoning Appeals voted 5-0 to recommend approval of this request.

Variance: Fence – 9005 Dog Leg Road - The Applicant, David Morse, has requested a variance to allow a 4-foot-tall high tensile woven wire fence on property located at 9005 Dog Leg Road. Per Code, metal

and woven wire fencing is permitted only in the Agriculture Zoning District. At its meeting on August 24, 2022, the Board of Zoning Appeals voted 5-0 to recommend approval with two conditions.

August Bill Listing – Mrs. Leiter will deliver the August Bill Listing.

The next Council meeting is on **Monday, September 19**, 2022 at 7:00 pm. The meeting will be an inperson meeting in Council Chambers. The meeting is open to Council, staff and the public to attend inperson. The meetings will be accessible for viewing on through Zoom (LINK). Please note, no comments, electronic or oral, will be allowed by people that are participating electronically through Zoom. Anyone wishing to be heard on a topic will need to appear personally at the meeting. **The Study Session will begin at 5:30 pm followed by the City Council Meeting at 7:00 pm.**

Please contact me directly with comments and questions.

Very Respectfully,

Dan Wendt City Manager

CC:

Board and Commission Members All City Employees





September 1, 2022

Mayor Richard Herbst City of Vandalia 333 James E. Bohanan Drive Vandalia, OH 45377

Dear Mayor Herbst: Zids and

On behalf of the Board of Trustees, I would like to thank the City of Vandalia for its continued support of the CenterPoint Energy Dayton Air Show Presented by Kroger. The show would not be possible without your support.

The 47th annual show was a huge success with outstanding crowds! Great weather, a sensational lineup and our nearly 2,000 dedicated volunteers made for an unforgettable experience.

The City of Vandalia's long-term support enables us to produce a world-class event celebrating our aviation heritage.

Plans are currently underway for the 2023 CenterPoint Energy Dayton Air Show featuring the U.S. Air Force Thunderbirds on July 22 and 23.

Mayor Herbst, thank you so much for your support. It was great having you with us and I hope you enjoyed meeting the Blue Angels. I look forward to seeing you at next year's show.

Sincerely

Scott Buchanan, Chairman

United States Air and Trade Show

Board of Trustees

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Now there's a new and easier way to connect with the City of Vandalia!



Introducing My Vandalia, the fast, easy and free way to connect with the City for just about anything!





Request a "vacation house check."

Report property maintenance issues in an instant.

Report a pothole in seconds! Snap a photo and the app lets us know exactly where to send the crew!

Ask a question or submit a general comment.

It's your direct access line to the City!

Download the My Vandalia app today!









2022 Citywide Policy Goals

Approved November 15, 2021

Live



Small City Big Opportunity: Be known regionally as a top-tier suburb through top- tier City services. Enhance social and economic investment by promoting the City's high-quality services, well-performing schools, available workforce, escalating quality- of-life, and growing sense of place. Incentivize developments that improve life in Vandalia.



Safe and Secure: Ensure that Vandalia remains a safe and secure community by investing in both traditional public safety operations and creative outreach efforts to meet the evolving needs of our residents and visitors.



Enhance Infrastructure: Protect public assets and infrastructure by making calculated and deliberate investments in roadways, utilities, park spaces.

Work



Fiscal Sustainability: Leverage the operating position of the City to seize strategic opportunities for improving quality of life, while maintaining sustainable fiscal practices.



Trust and Confidence: Promote an open approach to government through coordinated, transparent, and evidence-based engagement practices. Empower residents, business owners and community stakeholders to partner in City programs.



Sharpen the Saw: Commit to process improvements by purposefully refining practices and leveraging technology to improve internal and external customer service.

Play



Vibrant: Be a vibrant community that uses its amenities and growth mindset to create a warm and welcoming environment in which to live, work, and play.



The Year of Employee Appreciation Continues!

Friday, September 23
Employee Appreciation Taco Fiesta
11:30 a.m. to 1 p.m.
Vandalia Senior Center
It's a Taco Bar with ALL the fixins!



RSVP to Sherri Howard by 5 p.m., Wednesday, September 14 showard@vandaliaohio.org

Vandalia Senior Center

October, 2022 Volume 10 Issue 10





Come Join Us for Goat Cuddle Therapy on Tuesday, October 18, at 1:45 p.m.

It's time to enjoy the antics of a group of cute goats. You get to do some cuddling and maybe feed them along with enjoying an hour of laughter and fun. Goat Country LLC will be bringing a herd of 5 or 6 goats. They will share some information with you about their business and the goats. Don't worry the goats will be wearing diapers when they come into the art room. Pay \$3 to help defray the costs of transporting the goats. Limit: 30 members





Renew Your Membership by January 31, 2023!

Your membership can be renewed September through January. You can write a check to the City of Vandalia and mail it to the

Vandalia Senior Center at 21 Tionda Drive South, Vandalia, 45377. For Vandalia residents, it is \$15 or \$25 for couples. Outside Vandalia, the cost is \$20 or \$35 for couples. If your address or phone number has changed, please send in the new information with your renewal. You can also come in to renew, using cash, check, or credit card.

Born in 1933: Congratulations! You are turning 90 in 2023. Your membership is free! Contact the office to continue to get your newsletter. 90+ Members and Lifetime Members: You still need to call, stop in, send a note or email that you want to receive your newsletter in 2023.

Preparations to Get Ready to Honor Veterans for Veteran's Day

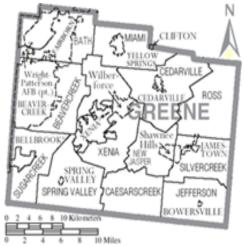
Toni will be putting up the photos of veterans in the dining room for four weeks from Oct.17 through Veteran's Day, Nov. 11. She has kept the photos from previous years to use again. If you haven't given Toni a photo of veterans and active duty members from your family, please bring in your photos or email them to her. She will make a copy and add any names, ranks, and dates that you know. Last year we almost lined the walls with the photos!



Lunch & Learn

Brookhaven Lunch & Learn on Tuesday, October 4, at Noon

Robin Kent will order your lunch from Brookhaven's kitchen. Taryn Filer from the Washington-Centerville Library will be coming to us by Zoom. She will present "Haunted Ohio". Take a creepy jaunt with Taryn to some of Ohio's haunted locales. Limit: 75





<u>Hearth & Home of Vandalia Lunch & Learn</u> on Tuesday, October 11, at Noon

Donna McAdams will bring your lunch from the Hearth & Home kitchen. Melissa Dalton from the Greene County Archives will share "The Murderous Rampage and Hanging of Jesse Ransbottom". This is the second edition of the Spooky Tales from the Greene County Archives. This program explores the tale of

Jesse Ransbottom (1809-1850), and what drove him to murder. His murderous rage ended in the only legal hanging in Greene County. Limit: 100

StoryPoint of Troy Lunch & Learn on Thursday, October 13, at 11:00 A. M.

Kristy Osting of StoryPoint of Troy will ask their chefs to make a boxed lunch for you containing an Asian chicken wrap, sesame slaw, and a dessert. Chef Bob will demonstrate how to make the sesame slaw as you are eating. He will tell you how to get the recipe.

Limit: 100





Cypress Pointe Lunch & Learn on Friday, October 14, at Noon

Jessica Ward from Cypress Pointe will bring your lunch. Dave Treadway and Chris Karzani from Heartland Insurance will be here. They are going to talk about the four phases of prescription drug coverage. Dave and Chris will also present how to save money on the cost of your prescription drugs. Limit: 45

Page 2 Vandalia Senior Center

Trivia & Information

The Laurels of Huber Heights Lunch & Learn on Tuesday, October 18, at Noon

Jackie Dalton from The Laurels of Huber Heights will bring your lunch. You will be entertained by Cantare Con Amore. These ladies have been performing for more than ten years. This duet performed their singing and comedy routine along with costume changes at the catered dinner in December of 2018 and the following year for a Laurels of Huber Heights Lunch & Learn. Limit: 75





Edward Jones Lunch & Learn on Tuesday, October 25, at Noon

Donna Bargo and Jordan Peterson will order your lunch from Rudy's of Springfield. Jordan Peterson will talk about the topics in the Edward Jones Perspective that you will receive. You can also ask questions about financial topics. Limit: 25

Oak Street Health Snack Table on Thursday, October 27, at 1:00 p.m.

Delshawn Davis from Oak Street Health will be here with sweet and salty snacks for everyone who comes to the center on October 27 from 1:00 to 3:00 p.m. He will also have some items to give out. Come in and talk to Delshawn about Oak Street Health.





Volunteer Lunch on Friday, October 28, at Noon

While we truly appreciate the hundreds of people who donate items to the center all year, this volunteer lunch is just to celebrate those who volunteered their time on a regular basis at the center. It could be as a driver, on the Senior Club committee, cleaning tables regularly, and more. There will not be a sign-up sheet on the bulletin board. Just RSVP to Toni that you are able to attend if you have been a volunteer this year.

Let's Eat Out on the Second Tuesday Each Month!!

Sign up to eat out on Tuesday, October 11. Meet at Lincoln Square V at 5:00 p. m. It is located at 1320 Archer Drive in Troy.





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Information

Get Your Blood Pressure and Sugar Level Checked

Elizabeth Warren is a nurse with Dayton & Montgomery County Public Health. She will be here from 11:00 a.m. to noon on Tuesday, October 4, to check your blood pressure and your sugar level. She will be sitting at a table near the drinking fountains and the pool room. Elizabeth currently plans to come every month on the first Tuesday.





Sign Up to Have a Medicare Comparison Done

Every year many of the prescription plans and Medicare supplemental plans change. It is recommended that you look at them every year to make sure you have selected the best plans for you. OSHIIP or the Ohio Senior Health Insurance Information Program is part of the Ohio Department of Insurance for the State of Ohio. OSHIIP now has a new volunteer in our area. Vanessa Starkey has picked several days that she can meet with you one-on-one to do Medicare.gov comparisons to

help you find the best plans for you in 2023. This is a free service. She does not sell any plans. You would need to find an agent or company to purchase the plans after you find out which ones are the best for you. You can sign up to meet with Vanessa on Thursday, October 13, or Tuesday, October 18, or Thursday, October 20, from 11:00 a.m. to 3:00 p.m.

To get the most out of this meeting, Vanessa asks that if you have the internet, you should go to medicare.gov/basics and either read the information or watch the video. For Vanessa to do the comparison, she will need you to bring the list of your doctors and the list of your prescriptions along with their dosages.

Collecting Coats, Hats, Gloves, and Winter Scarves for Students in Need

First Light Baptist Church has a regular Backpack for Kids food program. The Vandalia Senior Center has a donation box in the hallway by the white board for this program.

They also have a special winter clothing give away every year in October. They outfit 50 to 75 students at all grade levels that are in need with a winter coat, hat, gloves, and a scarf. We will be collecting donations from August 12 through September 29. The hats, gloves, and winter scarves can be purchased new, be in very good condition, crocheted, or knitted. Both children and adult winter coats and jackets need to be clean and gently used or in new condition. All of the zippers and buttons need to be in working order.

All of these donations will go in the boxes in the dining room in the same location where you were putting shoes in May and June. Please do <u>not</u> remove anything from the donation boxes to give to other people. All of these items need to go to First Light Baptist Church. They will let us know after this event if more hats, gloves, and scarves are needed later in the winter.

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Art & More

Design Your Own Fall Cards on Wednesday, October 5, at 1:00 p.m.

In this class, you get to design two of your own fall or Halloween or Thanksgiving cards. You can also use the same papers, stickers, and stamps to make a card for a birthday or another occasion. There will be lots of stickers, papers, and rubber stamps to choose from. Limit: 12





Make a Fall Wreath on Tuesday, October 11, at 1:45 p.m.

Sharon Kiser and Candy Jones want to show you how to put together this neat fall wreath. The wheel is 14" in diameter. You will be attaching items with zip ties and glue guns. Chalk will be provided so you can write your own message on the small chalkboard sign. Since Sharon and Candy purchased the supplies, they are charging a \$5 fee. Limit: 12

Create 3 Christmas Ornaments on Wed., Oct. 19, at 1:00 or 1:45 p.m.

You will be gluing small figurines of Santa, a cardinal, and

carolers into three snap together bulbs. Then you will add some greenery and snow. You have the option of adding a ribbon. Limit: 10 for each class





Make 2 cards on Tuesday, October 25, at 1:30 p.m.

Linda Karns and Kathy Dunn will step you through making a fall card using alcohol ink for the background. The birthday card will have all the pieces ready so you can just put it together. You will have some choices of words and stamps to use on the cards. Limit: 12



Make Christmas Hat Ornaments on Wed., Oct. 26, at 1:30 p.m.

Pat Kane will give you directions on how to make two of these small, cute Christmas Hat Ornaments. Limit: 20

Three Art Groups

- 1. Art Appreciation on the 2nd and 4th Tuesdays at 1:40 p.m.
- 2. Art Group on Thursdays from Noon to 3:00 p.m.
- 3. Colored Pencils Group on Fridays from 9:30 a.m. to Noon





Page 5 Vandalia Senior Center

Movies & Sinclair

Remember to sign up for each movie so we have the correct amount of snacks and treats.

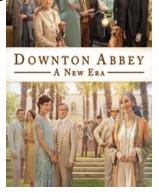
Movie on the First Friday, October 7, at 1:00 p.m. Snacks from Brenda Walters with Lovett & House

In the movie, *Downton Abbey: A New Era*, the Crawley Family goes on a grand journey to the south of France to uncover the mystery of the dowager countess's newly inherited villa from a long-ago suitor. Did you miss the first movie and the series? Don't worry, you can still follow this movie without that background. It is interesting to watch how the very rich of England lived in the 1920s and what is going on in the background with the many servants.

PG Drama/Romance/Historical

2 hrs. 5 min.

Movie on the Third Friday, October 21, at 1:00 p. m. Snacks from Sheena Barrett from Momentus Health of Vandalia



In the movie, *Uncharted*, two brothers are growing up in an orphanage. They dream of finding the gold hidden by Ferdinand Magellan over 500 years ago. One brother is forced to leave the orphanage and promises he will return but never does. The brother left behind grows up to be street-smart Nathan Drake (Tom Holland) who is recruited by seasoned treasure hunter Victor "Sully" Sullivan (Mark Wahlberg) to hunt for Ferdinand's gold. Can the mystery be solved? What will they do to get the gold? Will Nathan ever find his brother? PG-13 Action/Adventure 1 hr. 56 min.

Two More Catered Dinners in November and December

The November dinner is on Friday, November 18, at 6:00 p.m. A Vandalia-Butler

High School music group will be the entertainment. You can pay and sign up beginning October 12 through November 11.

The December catered dinner is on Friday, December 9, at 6:00 p.m. The Vandalia United Methodist Church bell choir will be playing. There will also be a sing along.



SINCLAIR

Sinclair Class Has One Change

We are having the Sinclair class. There is one big change. The class will begin at 12:30 p.m. now and end at 2:30 p.m. with a break in the middle. You can still join the class just by coming to class. There is no need to sign up since we now have enough members coming. You don't have to attend all of the classes. The class begins on Monday, September 12 and ends on Monday, October 31. Dr. Mayer will teach "Discussions of Diverse Countries and Governing Sys-

tems Around the World." He is teaching this class for free. Come enjoy the discussion.

Page 6 Vandalia Senior Center

MON	TUES	WED	THUR	FRI
3 Hand & Foot 12:30 Political Science Class 12:30	Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 BP & Sugar Ck 11-12 Lunch & Learn 12:00 Dbl Deck Pinochle 1:00 Hand & Foot 1:40 Book Club 1:40	5 Hula Hooping 9:30 Bridge 12:15 Up & Down the River 12:30 Euchre 1:00 Card Making 1:00	Duplicate Bridge 12:00 Pinochle 1:00	7 Colored Pencils 9:30 Mah Jong 9:30 Exercise 10:30 Movie 1:00 Poker 1:00 Samba 1:00
10 Hand & Foot 12:30 Political Science Class 12:30	Bingo 1:45 11 Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Dbl Deck Pinochle 1:00 Hand & Foot 1:40 Wreath Class 1:45	12 Hula Hooping 9:30 Exercise 11:00 Bridge 12:15 Up & Down the River 12:30 Euchre 1:00 Bingo 1:00	13 Lunch & Learn 11:00* OSHIIP 11:00-3:00 Art Group 12:00 Duplicate Bridge 12:00 Pinochle 1:00 Rummikub 1:00	Mah Jong 9:30 Lunch & Learn 12:00
17 Hand & Foot 12:30 Political Science Class 12:30		19 Hula Hooping 9:30 Bridge 12:15 Up & Down the River 12:30 Euchre 1:00 Christmas Ornaments 1:00	Bingo 10:30 OSHIIP 11:)0-3:00 Art Group 12:00 Duplicate Bridge 12:00 Pinochle 1:00	21 Colored Pencils 9:30 Mah Jong 9:30 Exercise 10:30 Poker 1:00 Movie 1:00 Samba 1:00
24 Hand & Foot 12:30 Political Science Class 12:30	Super Sewers 9:00 Bridge 9:45 Golden Qi 10:00 Lunch & Learn 12:00 Dbl Deck Pinochle 1:00 Hand & Foot 1:40 Art Appreciation 1:40 Card Making 1:30	26 Hula Hooping 9:30 Exercise 11:00 Bridge 12:15 Up & Down the River 12:30 Euchre 1:00 Birthdays 1:00 Hat Ornament 1:30	Art Group 12:00 Duplicate Bridge 12:00 Pinochle 1:00	Volunteer Lunch 12:00 Poker 1:00
31 Hand & Foot 12:30 Political Science Class 12:30		Octo	ber	

Exercise & Information

NEW BOOKS at the Vandalia Library

The Catch—A Novel by Allison Fairbrother

Love on the Brain by Ali Hazelwood

Stay Awake by Megan Goldin

The Wedding Ringer by Kerry Rea

By Way of the Moonlight by Elizabeth Musser

NEW MOVIES at the Vandalia Library

Ambulance

Fantastic Beasts: The Secrets of Dumbledore

The Lost City
The Northman

Man of God



FREE Golden Qi Class on Tuesdays at 10:00 to 10:45 a.m.

Bruce and Vevia Enix teach Golden Qi which is a form of Tai Chi that is seated. This exercise improves balance, reduces joint pain, increases calmness, improves reasoning abilities, helps your memory, and improves the quality of your life. This class can be taken by anyone including those with balance issues.

FREE Hula Hoop Class on Wednesdays at 9:30 to 10:30 a.m.

Come and see how hula hooping can improve your health, your spine, your balance, and cardiovascular system. It can lower blood pressure, reduce stress, and cholesterol levels. These hoops are what the pros use in the gyms and rehab centers. If you want to try out this group, call before the Wednesday you want to come so the group can bring in extra hula hoops.





FREE Exercise on the 2nd and 4th Wednesdays from 11:00 to 11:45 a.m.

Licensed physical therapists from Stonespring Transitional Care Center offer two classes each month. The therapists will adapt the exercises to the needs of the participants with different intensities, methods, and education in the circuit. Please sign up for each time.

FREE Exercise Class on the 1st, 3rd, and 5th Fridays from 10:30 to 11:15 a.m.

This chair exercise class is being run by the members. They might use the weights and exercise bands that are here at the center. The group can use what some of them learn at the Stonespring Wednesday class to help pick some of the exercises at the Friday class.





Technology Talk on Thursday, October 6, at 11:00 a.m.

Jeff Opt from the Vandalia Public Library will be here to answer questions about your phone, tablet, and other devices. Come to Tech Thursday with your questions and Jeff will do his best to find the answers for you. It'll be first come, first served but feel free to stay - you may learn something new, just by listening in! Please sign up.

Reminder: Allen Johnson Books in the Card Room/Library

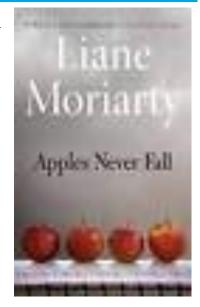
The red books written by Allen Johnson are on a separate bookshelf. Unlike the other books, these are the property of the Senior Center. Please return them in a timely manner so others can read them.

Page 8 Vandalia Senior Center

Information

Senior Center Book Club on the First Tuesday Each Month at 1:40 p.m.

The Vandalia Senior Center Book Club will meet on Tuesday, October 4, to discuss the book, *Apples Never Fall* by Liane Moriarty. On the cover of Australian novelist Liane Moriarty's ninth book, there are four gorgeous red fruits. These symbolize the four children of Stan and Joy Delaney, a couple whose work and family lives became intertwined after they founded a sought-after tennis academy beside their suburban Sydney home. Sadly, that combination didn't play out as Stan and Joy had hoped. As the siblings become adults, disappointments and dysfunction abound. Stan and Joy had their own troubled upbringings, but there are a few positive associations, including Grandma's apple crumble, a dessert so legendary the Delaneys have tried for years to find a reproduction of the one Stan's late mother used to make. The Delaney family will soon crumble, too. After Stan and Joy offer shelter to



Savannah, a stranger who shows up at their doorstep, the siblings sense a scam. Their parents play strong doubles, though, insisting Savannah is "staying with us for as long as she wants." When Joy disappears on Valentine's Day, it's Stan everyone suspects, and "everyone" includes their children.

Another Collection: Afghans and Blankets for Veterans

Every year we collect crocheted or knitted afghans and new blankets for Veterans. If you are making an afghan it can be full size or lap size. Lap size is considered 36" x 36" or 36" x 40". The Super Sewers will also donate many lap quilts. All the donations need to be brought in <u>before November 1</u>. Give your donations to Toni in the office or Darby. The donations are given to the Amvets to distribute to vets. Last year the Super Sewers donated 18 lap quilts. Members donated 26 afghans and blankets.

Winter Closings Policy Reminder

If the Vandalia Schools are closed for <u>weather</u>, the Senior Center will be closed. If the schools are on a delay, the center is open. If the schools are on a delay in the evening, be sure to recheck the news in the morning because sometimes the schools change to being closed if the weather becomes worse. When schools are not in session, the City will determine whether or not the Senior Center will open and will put closing information on the Weather Hotline: <u>937-552-2200</u>. The Weather Hotline is only updated when cancellations have been made. We encourage you not to drive to the Senior Center when the weather conditions are not favorable.













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Information

Bridge Hosts

Tuesday bridge at 9:45 a.m. is hosted by Linda Wright. 937-898-6025 Wednesday bridge at 12:15 p.m. is hosted by Sandi Baylor. 937-694-2643 Thursday duplicate bridge at 12:00 p.m. is hosted by Jim Danks. 937-667-3780





Bingo and Other Games

- 1. Angel Galbreath from Aventura at Carriage Inn will call bingo on Tuesday, October 4, at 1:45 p.m. Limit: 48
- 2. Tambi Spirk and Nikki Waldron from Brookdale will bring food and call bingo on Thursday, October 6, at 1:00 p.m. Limit: 48
- 3. Sam Stidham from Patient's Choice will call bingo on Wednesday, October 12, at 1:00 p.m. Limit: 48
- 4. Mark Maudlin from Humana will call bingo on Friday, October 14, at 1:45 p.m. Limit: 48
- 5. Jessica Ward with Cypress Pointe will call bingo on Thursday, October 20, at 10:30 a.m. Limit: 35

Celebrate September Birthdays on Wed., October 26, at 1:00 p.m. Momentus Health will provide the cakes for this birthday party. Please call, email, or come in to sign up. First we will take a group photo. Next the 25 to 30 card players and more will sing to the birthday people. Then everyone at the center can have a piece of cake but the birthday people get their cake first!



Donations Needed

***Please give all donations for the free tables to Toni. Some items can be used by the center.

<u>Leave in the Office:</u> NEW: 8 oz and 16 oz. drinking cups in orange; 16 oz. Styrofoam cups, orange napkins, fall and Halloween napkins, Coffee Mate creamers, Diet Coke, Bigelow or other green tea packets.

birthday and seasonal napkins (not white we have many), individually labeled flavored teas (not black tea, we have plenty), card making supplies, art supplies, batting (no fabric at this time), glass, metal, and wood and other containers for flower arrangements, ribbon, greenery, new greeting cards, items for the free tables.

Boxes in the hallway under the coat rack and by the white board: used batteries (not in containers or bags), pop tabs, used greeting cards, cell phones, glasses, cancelled stamps (be sure to leave a 1/4" border around the stamps), food for the Vandalia Food Pantry barrel and food for the Cares4Kids box.

On the fireplace in the card room/library: books, movies, jigsaw puzzles



Page 10 Vandalia Senior Center

October Fun

October

X P A A H A Y R I D E S I M U U A S O H D G K Q D C V D P L I I	
GWVDQZMJCOJYLBSC FPMYLATAXLWHXVCY	
PFDUERQCQDNPIXPN	
MICIZCLKAEFKTDWG	•
LOEQNMIOKRGDTCNH BKFZLBJLCMLEAVES	
LURWJAAACVXBHZQG	
ARRYWLCNKLZFBAUT	LNXALIOXZEMINR
CHAZUOKTWEKGUJUW	
K Q I J J Q E E Y W J I L A S N C Q I O K B T R O O C Y I U I E	
AGVXVQHNHXCIDGLS	
TTEVWXLHOOTEDFZF	•
X M V I WW B W G C M B L E D U	
K P H J D E F E S R P C O O R I I F X F Z T R U W K F X N A B X	•
RIPSMIVKRWOLSSHA	-
OTXSYUBYQTRLKCVU	
MWQKKJHNSJGCXOLL	
U T S S Y U X Z T G H V R S M R T R I C K O R T R E A T K T S B	
WITCHBLHXHBPJUZX	
YTVGCRBTHRNFHMZR	RGGBRTRPUKQIVVD
MULHMBNVRHRMSEOC	
J J P O W H M A U K N O H F I J O W N S U C Y L E X T M R M J B	
IGZTCWZMQHGUDZGW	
PRTKWWFYCUPKXDHY	KXMLKCRLVDWMOF

trick or treat	jack o lantern	decorations	hooted	fall
scarecrow	pumpkins	Halloween	haunted	rake
leaves	autumn	ghost	apples	jacket
colder	cider	scary	hayrides	witch
candy	costume	black cat		
Bonus words created by the word search: mom gum		(Can you find more?) rip	own	malt
cup	sub	cob	GPS	

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Travel

October Travel News

Liz Syska has decided to resign as the travel director. I looked back through the newsletters and found that Liz was welcomed on board in December, 2009. She has given 13 years of service to the Vandalia Senior Center. Liz has been a member of the Vandalia Senior Center since 2003 and was a resident of Vandalia for approximately 30 years. She had worked in the travel industry since 1983. We appreciate the many group trips that she has planned and guided.

We are currently working on who will be providing the travel program in the future.



HISTORY: Chapter Two: The 1970's

1971

The City Council offered the Club the old municipal building on Kenbrook Dr. They first used it on December 17 for a Christmas party.

1972

There were 40 members. The building was open Tuesday through Thursday from 1 to 4 p.m. There was a person at the door to check membership cards before you were able to get in.



<u>Here is a big one:</u> The very first bazaar was held. So that is 47 years of holding bazaars from 1972 to 2019. The bazaars though have changed over time. At the first one, they were just selling used items: our Trash and Treasure section.

1974

Membership hit 120.

1975

The Community Development Committee recommended to the City Council they seek a Federal grant of \$75,000 to update the center by adding 2 rooms and tear down the old court building to allow for parking. You could now join at age 55. The Lifetime membership program was established. The club was renamed the Vandalia Senior Citizens. The entertainment chairman was allowed to spend a whopping \$15 at any one meeting. Connie Allen, the City Recreation supervisor, reported to the membership that the City would assume the cost of the publication of the newsletter, phone bill, utilities, and other items.

1976

The council decided the center was not worth remodeling and decided to build a new building on the southwest corner of Kenbrook not to exceed \$500,000. They got a Federal grant of \$150,000 and the City gave \$200,000. The first one-page newsletter was sent to the members. In 2013, 2014, and 2015, the newsletter had 8 pages. Today it has 16 pages.

DPL was asking people to turn thermostats down to 50 when buildings weren't in use and then back to 65. The building was so cold and couldn't get warmed up so they closed the old building from January to March.

***To be continued in future newsletters.

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Parks & Recreation



Little Free Libraries in City Parks (Dayton Daily News article; August 5, 2022)

The City of Vandalia has recently opened four new Little Free Libraries in four of the City's parks. The libraries are the culmination of a number of different community organizations coming together.

"The Little Free Library is a global initiative that exists to promote literacy and community engagement, with the hope of increasing access to good literature," said Jeff Kreill, Vandalia Parks and Recreation Superintendent. "They've only been up for a short while, but already we're hearing positive remarks from our park patrons."

The Little Free Libraries are free standing kiosks situated in high-traffic areas in City parks. The premise is that people are encouraged to take a book to read, then bring it back when they're done.

"The program is built on the idea of 'take a book, leave a book," Kreill explained. "We encourage you to return your book when you are finished with it or replace it with another book, but you are certainly not required to." Many of the books in the collection are discarded items from the Dayton Metro Library system.

The project to create the four new libraries began early in the year, as parks and recreation approached community organizations for help.

"We've been very pleased with the response we've received," Kreill said. "The Vandalia Optimist Club donated \$1,000 and the Vandalia Branch of the Dayton Metro Library wrote a successful grant application to the Vandalia-Butler Foundation that resulted in another \$1,000 donation."

The Little Free Libraries were painted by students in the Vandalia Butler Octagon Club. Star Painting donated a gallon of primer and a gallon of sealant, and Bud Zupp from Do It Best Hardware donated eight quarts of paint and several paint brushes.

"It was definitely a community effort," Kreill said.

The four new Little Free Libraries are located at: Helke Park, 888 Randler Avenue; Copperfield Park, Greystone Circle and Middlefield Court; Brown School Road park, 792 Hunter's Chase; and Warner park, 405 Allenhurst Avenue.







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Parks & Recreation Information

VANDALIA'S FALL FESTIVAL: SATURDAY, OCTOBER 8 from 12:00pm-6:000pm



This year's Fall Festival will have a little something for everyone!

<u>VANDALIA'S ART PARK</u> will be filled with live music, food trucks, arts & crafts, a pumpkin patch, inflatables, a beer truck, vendors, and most importantly a lot of wonderful people! Put on your favorite Fall clothes and come enjoy our beautiful Art Park located adjacent to the Historical Society.

VRC Holiday Membership and Gift Card Special

Looking to become more active and save money too? Consider a gift card that can be used in a variety of ways at the VRC! Senior Group Fitness classes (Land and Water), Senior Pickleball and Volleyball drop-in programs are just a few of activities to enjoy. Gift cards make a great gift for grandkids, family members and



friends as they can be used on any service at the VRC including daily admission, climbing wall, and childcare areas. Athletics, Youth/Preschool programs, Cassel Hills Pool membership and daily admission are also included. You can use gift cards on VSC memberships / VanTran transportation at the Vandalia Senior Center as well! Give the gift of "a tree" with our VPRD Commemorative Tree program (prices vary according to tree choice). Stick with the outdoor theme and buy a garden plot for 2023 as a gift!

*Save 20% on VRC Membership paid in full and gift cards purchases of \$50 or more! Offer good November 16, 2022 through January 11, 2023. Offer not valid on previous gift card or membership purchases.

Questions? Contact Alicia McCracken at amccracken@vandaliaohio.org or 937-415-2347



Turkey Shoot

Celebrate Thanksgiving early at the VRC! The 37th Annual Turkey Shoot is scheduled for Saturday, November 12th starting promptly at 10:00am in the VRC gymnasium. Two-member teams consisting of one adult and one child from the same family will compete in a basketball free throw shooting competition for a chance to win a gift card to help pay for your Thanksgiving meal! Register online or at the VRC front desk.

Questions? Contact John Myers at jmyers@vandaliaohio.org or 937-415-2333







REC CENTER: INSURANCE BASED MEMBERSHIPS

How about a health benefit for free?! Did you know if you are eligible for Medicare that most supplement plans offer Fitness Center Memberships for FREE or VERY LOW COST? The Vandalia Rec Center participates with Tivity-Silver Sneakers; Optum/Healthy Contributions-Active Renew and ASH – American Specialty Health. You can receive a free or very low-cost membership with Senior structured fitness classes included! With your VRC Membership you can also bring guests (grab the grandkids) and they will pay the "Guest with Member" \$5 daily admission fee. Review your insurance information and give them a call if you need to know more about this free benefit. If you know you have Silver Sneakers, we can verify your information at the VRC Front Desk and get you signed up quickly! Don't lose another day of getting/staying active and stop in to the VRC to take advantage of this benefit!

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VANDALIA SENIOR CENTER 21 Tionda Drive South Vandaliga, Ohio 45377

Open; Monday through Friday 9:00 a.m. to 4:00 p.m. Coordinator: Toni Williams

twilliams@vandaliaohio.org Phone: 937-898-1232 Fax: 937-665-0796

https://vandaliaohio.org/341/

Senior-Center

Vandalia Senior Club 2022 Committee:

Chair Donna Shirley

937-898-3765

Co-Chair Iris Siebert

937-454-1583

Treasurer Kay Lowe

937-409-8300

Secretary Dottie Ganter

937-898-7286

DATED MATERIAL: DO NOT DELAY

- - MEMBERSHIP - -Age 55 or older

Younger Spouses are welcome! The 2022 fees for members are:

Vandalia Resident \$15 single - \$25 dual

Non Resident \$20 single - \$35 dual A resident is defined as someone who pays

City of Vandalia property taxes

Membership for anyone over 90 is free but

you must notify the office to continue to get the newsletter. Your annual membership fees help offset some of the costs of

programming and support for the Senior Center.

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