

City of Vandalia Department of Parks and Recreation

VOLLEYBALL ADULT LEAGUE RULES AND REGULATIONS

GENERAL

- A. The manager, coach and/or captain of a team is responsible for the conduct of their players before, during and after the game until they leave the premises. Failure to comply with the rules will subject the offender, his manager, coach and/or captain to disciplinary action.
- B. All matches will be played on the property of the City of Vandalia. All rules and regulations pertaining to the city will be observed and enforced.
- C. All managers, coaches, captains, players and other team personnel are presumed to know all of the rules and regulations of the league. Failure to familiarize themselves with these rules and regulations will not be an excuse for failure to comply with them.

ELIGIBILITY

- A. All players must be 18 years of age and or out of high school to be eligible for play.
- B. An individual can play on only one team per league.

TEAM ROSTERS

- A. A team roster can consist of a maximum of 18 players.
- B. A team roster form shall serve as a contract for players; it is the manager's responsibility to have a roster filled out correctly.
- C. An accurate team roster must be turned in to the Parks & Recreation department during team registration, to determine eligibility. Each player must sign the roster or submit an add form 24 hours before their first league game to be eligible to play.
- D. A player is the property of the team with which he or she sign for the season or until the team disbands or the player is dropped.
- E. No player may be added to the roster after the fourth week of play. Additions to rosters must be made at or submitted to the Parks & Recreation office 24 hours before their first game and must be cleared by the recreation supervisor to be eligible to play.
- F. In case of discrepancy in eligibility, positive proof must be presented before the individual is eligible. A team using an ineligible player, upon proof, shall automatically forfeit the games played with this individual. This precludes any replay rules.

OVER

PLAYER CONDUCT

- A. Players will conduct themselves at all times according to the rules of the game.
- B. Unsportsmanlike conduct by any member of a team, including all players, coaches, managers and substitutes, the referee may penalize that team by side-out or point, disqualify the team member from further competition in the match or eject the team member from the premises. Anyone being removed from a game for unsportsmanlike conduct will be penalized as follows:
 - 1. The first ejection: Suspension of a minimum of 1 match or to the discretion of the recreation supervisor.
 - 2. The second ejection: Suspension of a minimum of 2 matches or to the discretion of the recreation supervisor.
 - 3. The third ejection: Automatically disqualifies the player from further competition for 1 full playing season. A player receiving this suspension can not be replaced on the roster.
 - 4. Should any player threaten violence to or strike an official, supervisor, custodian or department staff member, he or she shall be immediately suspended and subject to a possible suspension for life from any and all activities of the City of Vandalia, Department of Parks & Recreation.
 - 5. The City of Vandalia will recognize and enforce any suspension of individuals as imposed by other organizations.

STARTING TIME AND FORFEITURES

- A. It is the responsibility of each team to be on time and be ready to play at the scheduled game time.
- B. A team must have at least 4 players to start a match. In coed there must be an even number of male and female participants or more females than males to start a match.
- C. Game time is forfeit time for the 1st match. A 10-minute grace period will be given for the 2nd and 3rd matches.

LEAGUE RULES AND REGULATIONS

- A. Official rules of the FIVB will be followed except for the rules listed below.
 - 1. The ball may be served from anywhere behind the baseline.
 - 2. The ball may be played off any part of the body.
 - 3. Setting of the ball doesn't have to be square as long as it is a clean set.
 - 4. A player may not block or attack the serve.
 - 5. For all coed leagues; when a ball is played more than once by a team, at least one of the contacts shall be made by a female player.

6. A game will be considered complete when a team reaches 21 points for all three sets. There will be a 23-point cap for all three sets. A team does not have to win by 2 points.
- B. Each team will be permitted one thirty second time out per game.
- C. Only the captain of a team may question a call made by the referee.
- D. A player may not enter another court to play a ball. Momentum into another court after hitting a ball is also not permitted.

PROTESTS

- A. Legal protest
 1. The only legal protest is one that involves an interpretation of the playing rules.
 2. A protest based on a play which involves an official's judgment is not legal and officials are instructed not to accept protests of this nature.
 3. A protest, to be legal, must be written and submitted to the recreation supervisor no later than 24 hours after the verbal protest and accompanied by the protest fee, which is \$50.00. The protest fee is returned if the protest is upheld.
- B. Process of protesting
 1. The protesting manager shall immediately notify the official of the fact that he is protesting. This shall be done after any succeeding play begins. The official shall announce that the game is being played under protest, but failure of the official to make this announcement shall not affect the validity of the protest.
 2. A protest shall be placed in writing and submitted to the recreation supervisor within 24 hours. \$50.00 must accompany the protest.

RULES ESPECIALLY FOR COED PLAY

- A. The following rules take precedence over any of the above rules in Coed play when there are any conflicting statements.
 1. In all official matches teams shall be composed of six players, three male and three female. Four players may start the game if the other team agrees to play. The four players must consist of 2 men and 2 women.
 2. Serving order and position on the floor shall be an alternation of men and women or vice versa.
 3. When the ball is played by more than one player on a team, one of these must be a female player.
 4. One backcourt player may also block when there is only one male player on the front line.
 5. A spike shot by a male directly toward a female with intent to intimidate shall result in the spike privilege being suspended from the offending team for the remainder of the match.