

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LOG 6:00a-7:00a	Group Fitness Classes 6:00a-10:15a	LOG 6:00a-7:00a	Group Fitness Classes 6:00a-10:15a	LOG 6:00a-7:00a	Group Fitness Classes 7:00a-10:30a	LOG 12:00p-5:45p
Group Fitness Classes 7:00a-10:30a		Group Fitness Classes 7:00a-10:30a		Group Fitness Classes 7:00a-9:30a		
LOG 10:30a-11:30a	Senior Pickleball 10:30a-12:30p	LOG 10:30a-11:30a	Senior Pickleball 10:30a-12:30p	Preschool Program 10:00a-11:00a	Basketball League 10:30a-5:00p	
				Senior Pickleball 11:30a-2:00p		
Senior Pickleball 11:30a-2:00p	Senior Volleyball 1:00p-3:30p	Senior Pickleball 11:30a-2:00p	Senior Volleyball 1:00p-3:30p	LOG 2:00p-7:45p		
LOG 2:00p-4:00p	LOG 3:30p-5:15p	LOG 2:00p-4:00p	LOG 3:30p-5:15p			
Group Fitness Classes 4:30p-7:30p	Group Fitness Classes 5:15p-7:30p	Group Fitness Classes 4:30p-7:30p	Group Fitness Classes 5:15p-7:30p			
LOG 7:30p-8:45p	LOG 7:30p-8:45p	LOG 7:30p-8:45p	LOG 7:30p-8:45p			

LOG Limited Open Gym:
Vandalia Residents &
VRC Members ONLY

Bring your own
basketball, VRC will
not have basketballs
available for use.

- Reminders:**
- * Keep 6ft between yourself and others when possible
 - * Don't touch your face
 - * Wash your hands frequently
 - * Stay home if you are sick

*Gymnasium schedule subject to change.

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LOG 6:00a-7:00a	Group Fitness Classes 6:00a-10:15a	LOG 6:00a-7:00a	Group Fitness Classes 6:00a-10:15a	LOG 6:00a-7:00a	Group Fitness Classes 7:00a-10:30a	LOG 12:00p-4:45p
Group Fitness Classes 7:00a-10:30a		Group Fitness Classes 7:00a-10:30a		Group Fitness Classes 7:00a-10:30a		
	Senior Pickleball 10:30a-12:30p		Senior Pickleball 10:30a-12:30p		Basketball League 10:30a-5:00p	
LOG 10:30a-11:30a	LOG 12:45p-4:15p	LOG 10:30a-11:30a	LOG 12:45p-4:15p	LOG 10:30a-11:30a		
Senior Pickleball 11:30a-2:00p		Senior Pickleball 11:30a-2:00p		Senior Pickleball 11:30a-2:00p		
LOG 2:00p-4:00p	Group Fitness Classes 4:30p-7:00p	LOG 2:00p-4:00p		LOG 2:00p-7:45p		
Group Fitness Classes 4:30p-7:30p	Rental 7:00p-8:30p	Group Fitness Classes 4:30p-7:30p	Group Fitness Classes 4:30p-7:30p			
LOG 7:30p-8:45p		LOG 7:30p-8:45p	Rental 7:30p-9:00p			

GYMNASIUM RULES:

No vulgar language or profanity

Shirts & Shoes required

No full court - except at designated times

No dunking or hanging on the rims or nets

No food or drinks * Water/sports drinks in plastic bottles permitted

Throw away your trash

LOG Limited Open Gym: Only Vandalia Residents and VRC Members

*See Reverse Side for more gym details